

Kate is a clinical and health psychologist who worked in adult mental health for several years before being awarded Rutherford Foundation and Trinity College Scholarships for a doctorate in experimental psychopathology at Cambridge University. On her return to New Zealand she worked for the Ministry of Health in health survey research and then in a joint academic/clinical position for 11 years at the University of Otago, Wellington. She is currently Associate Professor and Head of Behavioural Science in the Department of Psychological Medicine, Dunedin School of Medicine, University of Otago. Her main area of research is in psychiatric epidemiology, with particular interests in the relationship between mental and physical health, and in gender issues. She is a member of the New Zealand Mental Health Survey research team. Her work on the New Zealand survey and the World Mental Health Surveys has been funded by the Health Research Council of New Zealand. In addition to her epidemiological research she is developing research into nutritional interventions in major depressive disorder.