

World Mental Health Surveys Annual Meeting 2024

AGENDA

Wednesday, July 10, 2024

Tosteson Medical Education Center (TMEC), 260 Longwood Avenue, Boston – TMEC 227

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| 8:00 AM | Check-in |
| 8:30 AM | Announcements – Teresa Gorman
Opening remarks – Ron Kessler |
| 9:00 AM | WMH-ICS overview: Interventions – Ron Kessler
WMH-ICS overview: Surveys – Nancy Sampson |
| 9:30 AM | Cross-national DSM-5 WMH-ICS survey data – preliminary results <ul style="list-style-type: none">• Prevalence – Andre Mason• Non-Suicidal Self-injury – Penny Hasking• Treatment and barriers to treatment – Mathilde Husky |
| 10:15 AM | Break – Coffee/Tea |
| 10:30 AM | The WMH-ICS Qualitative Study (John Naslund, Chair) <ul style="list-style-type: none">• Overview of the WMH-ICS Qualitative project – John Naslund• Approach to coding/thematic analysis – Loa Gordon• Example findings #1: Barriers to treatment of LGBTQ students in Chile– Marcelo Crockett• Mid-session networking break• Example findings #2: Inarticulateness: Exploring Barriers to Seeking Mental Health Support among University Students in Hong Kong – Dong Dong• Next steps and future directions – John Naslund |
| 12:15 PM | Group Photo on steps of Gordon Hall |
| 12:30 PM | Lunch, with breakout groups |
| 2:00-2:30 PM | The Metapsy initiative; next-level meta-analytic research – Pim Cuijpers |
| 2:30-4:30 PM | Breakout: Workshop on WMH-ICS data processing – Kessler team (TMEC 209) |
| 2:30 PM | WMH workgroups <ul style="list-style-type: none">• Somatic symptoms disorder – Oye Gureje (REMOTE)• The Gender workgroup – Salma Khaled• OCD spectrum disorder – Dan Stein |
| 3:00 PM | New WMH initiative: Trial emulation focused on Traumatic Life Events (TLEs) <ul style="list-style-type: none">• Overview – Ron Kessler• The <i>sbw</i> R program for balancing baseline covariates – Eric Cohn• The <i>grf</i> R program for estimating differential intervention effects – Ron Kessler• The causal effects of Traumatic Life Events (TLEs) – Julia R. Pozuelo |
| 4:00 PM | New WMH surveys <ul style="list-style-type: none">• Hong Kong – Michael Ni• Japan – Daisuke Nishi• Brazil – Carmen Viana• Spain-Murcia – Fernando Navarro-Mateu• Kenya – Lukoye Atwoli |
| 4:30 PM | Meeting ends |
| 6:00 PM | Dinner – La Morra restaurant, 48 Boylston Street, <u>Brookline</u> |

(Note that the restaurant is in Brookline, not Boston. This is a short taxi/Uber trip, or a 20-minute, 1-mile walk.)

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Thursday, July 11, 2024

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8:30 AM	Coffee/Tea
8:55 AM	Announcements – Teresa Gorman
9:00 AM	WMH Services papers and update on CUP book <ul style="list-style-type: none">• The 12-month treatment cascade – Daniel Vigo• Patterns and predictors of perceived need for treatment – Meredith Harris• Contact coverage – Dan Stein
10:15 AM	Break – Coffee/Tea
10:30 AM	WMH Services papers and update on CUP book (<i>continued</i>) <ul style="list-style-type: none">• Barriers to treatment – Carmen Viana• An overview of the CUP book – Daniel Vigo
11:15 AM	Future of World Mental Health Surveys initiative – Ron Kessler
11:30 – 12:10	Lunch
12:20 PM	Board coach bus to Salem: <i>HMS, 77 Avenue Louis Pasteur, Boston (Martin conference center)</i>
12:30 PM	Coach bus departs
	Trip to Salem <p><i>We will travel by coach bus to Salem, a historic coastal city, on Boston’s North Shore. Attractions include the House of Seven Gables, the Peabody Essex Museum, historic walking trails, and a variety of cafes, bars and shopping. Following some time to explore, we have organized a charter sailing trip for our group. This is a 2-hour sail aboard 2 historic yachts. For dinner, we will have a New England clambake at the House of Seven Gables on the seafront lawn.</i></p>
1:30 PM	Coach bus arrives at Peabody Essex Museum, 161 Essex St, Salem, MA 01970 (<i>This is a central location in Salem. We don’t have a scheduled museum tour. The coach bus will make a second stop at the House of Seven Gables, for anyone who prefers less walking and admission to the grounds and gardens is free for our group. See Information for attendees document for directions and more details.</i>)
3:00 PM	Meet at dock for sailing trip <i>10 Blaney Street, Salem, MA 01970</i> <i>Walk time to the dock is ~ 15 mins from Peabody Essex Museum, and ~ 7 mins from House of Seven Gables. See Information for attendees document for directions.</i>
3:30-5:30 PM	Sailing trip
6:00 PM	Dinner – New England Clambake The House of the Seven Gables <i>115 Derby Street, Salem, MA 01970</i>
8:30 PM	Board coach bus to return to Longwood Medical Area, Boston
9:30 PM	Estimated arrival time at <i>HMS, 77 Avenue Louis Pasteur, Boston (Martin conference center)</i>

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Friday, July 12, 2024

Tosteson Medical Education Center (TMEC), 260 Longwood Avenue, Boston – TMEC 227

8:30 AM	Coffee/Tea
8:55 AM	Announcements – Teresa Gorman
9:00 AM	Interventions not discussed in previous WMH-ICS meetings <ul style="list-style-type: none">• Things You Do – Nick Titov• Personalized transdiagnostic CBT with mid-treatment stepped care – Naira Topooco• Pre-matriculation life skills training – Kate Bentley• UniWellBeing – Nick Titov
10:30 AM	Break – Coffee/Tea
10:45 AM	Update on interventions discussed in previous WMH-ICS meetings <ul style="list-style-type: none">• A cross-national SMART design – Jason Bantjes• Mind Lamp – John Torous• Minder – Daniel Vigo, Angel Wang, Melissa Vereschagin, Borna Atrchian• Caring Universities – Sascha Struijs
12:15	Lunch, with breakout groups
2:00 PM	The uptake and adherence problem in digital interventions <ul style="list-style-type: none">• Experimental evaluation of strategies to promote uptake and adherence – Ann-Marie Küchler• Modeling the effects of uptake and adherence – Corina Benjet• Strategies to increase uptake and adherence – Vivian Wang
3:00 PM	Break
3:15 PM	Where to go from here? <ul style="list-style-type: none">• What new intervention targets are of most interest to students? – Fanny Kählke• What is new on the horizon? – John Torous, Editor-in-Chief, <i>JMIR Mental Health</i>• Group Discussion
4:30 PM	Meeting ends
6:30 PM	Reception and Dinner Harvard Club of Boston – 374 <i>Commonwealth Ave, Boston, MA 02215</i>