# **DSM-5 World Mental Health**

**College Student Survey** 

**Baseline** 

**SHORT FORM** 

**VERSION 3.2** 

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# **SECTION ORDER:**

SECTION A: YOUR BACKGROUND

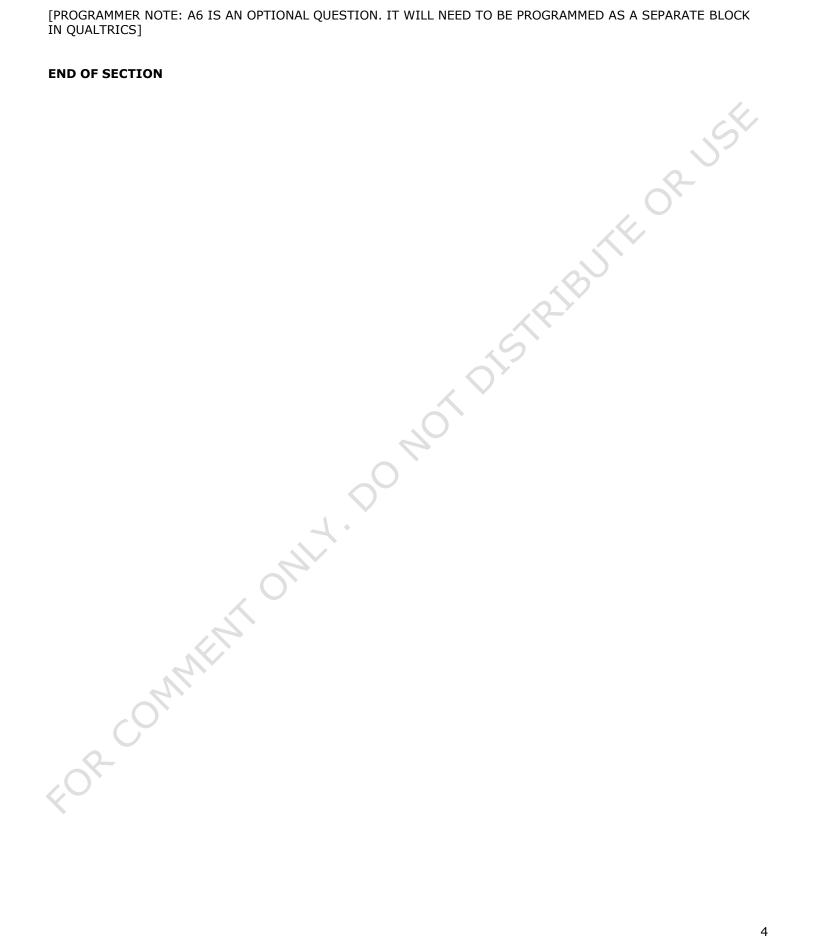
COVID-19 SECTION C: SECTION B: YOUR HEALTH

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# **SECTION A: YOUR BACKGROUND**

NOTE:	Variable names for each question are listed in red.
<b>A1.</b> Age	How old are you?
	[DROPDOWN LIST] 16 or younger, 17,, 35, 36 or older
<b>A2.</b> Gende	What was your sex at birth, as it appears on your birth certificate?
	O Male O Female
<b>A3.</b> Gende	What is your current gender identity?
	<ul> <li>Male</li> <li>Female</li> <li>Other (Briefly describe in the text box below)</li> <li>GenderIdent_3_TEXT</li> </ul>
<b>A4.</b> StudSt	What is your current student status? tatus
	<ul> <li>Full-time degree student</li> <li>Part-time degree student</li> <li>Non-degree student</li> <li>Other (Briefly describe in the text box below)</li> <li>StudStatus_4_TEXT</li> </ul>
<b>A5.</b> InterS	O Yes
	O No
	Question A6 is an optional question for WMH countries.
A6.	What is your race? (Check all that apply.)  White or Caucasian Race_1 Black or African American Race_2 American Indian or Alaskan Native Race_3 Asian (e.g., Chinese, Filipino, Indian) Race_4 Native Hawaiian or other Pacific Islander Race_5 Other (Briefly describe in the text box below) Race_6 Race_6_TEXT

[PROGRAMMER NOTE: A6 IS AN OPTIONAL QUESTION. IT WILL NEED TO BE PROGRAMMED AS A SEPARATE BLOCK IN QUALTRICS]



# **SECTION C: COVID-19**

C1. The next questions are about COVID-19. Have you ever been tested for COVID-19? COVID_EvrTest
○ Yes ○ No
CKPT.C2.  1. C1 = "NO," GO TO C3  2. ALL OTHERS GO TO C2
C2. Did you test positive? COVID_EvrPos
<ul><li>○ Yes</li><li>○ No</li></ul>
CKPT.C3.  1. C2 = "YES," GO TO C6  2. ALL OTHERS GO TO C3
C3. Were you ever diagnosed with COVID-19 by a health care provider?  COVID_EvrDiag
<ul><li>○ Yes</li><li>○ No</li></ul>
CKPT.C4.  1. C3 = "YES," GO TO C6  2. ALL OTHERS GO TO C4
C4. Did you ever have symptoms that made you think you might have COVID-19? COVID_EvrSxs
○ Yes ○ No
CKPT.C5.  1. C4 = "NO," GO TO C7  2. ALL OTHERS GO TO C5
C5. Do you think you <u>definitely</u> had it, <u>probably</u> had it, <u>possibly</u> , probably <u>did not</u> have it, or <u>definitely</u> did not have it?  COVID_ProbHad
<ul> <li>Definitely had it</li> <li>Probably had it</li> <li>Possibly</li> <li>Probably did not</li> </ul>

	O D	Definitely did not	
GO ТО	<b>C7</b>		
C6.	How w	vere your symptoms treated?	
	O H O Q O is	Hospitalized and intubated (i.e., put on a ventilator) Hospitalized but not intubated (i.e., not put on a ventilator) Quarantined or isolated at home under orders of a health care professional Given instructions on self-treatment and told to avoid public places but not told to quara solate Not treated	intine or
C7.	"POSSI	"YES" OR C3 = "YES" OR C5 = "DEFINITELY HAD IT" OR C5 = "PROBABLY HAD	
	_	res No	
	C7 = "Y	YES," GO TO C8 THERS GO TO C11	
C8.	How m	nany people of each type were infected with COVID-19?	
C8.	How m	nany people of each type were infected with COVID-19?  Number of pe	eople
C8.	How m		eople
C8.		Number of pe	eople
C8.	a.	Someone living with you at the time COVIDOthGot_1  Any close loved one not living with you at the time (e.g.,	eople
C8.	a. b.	Someone living with you at the time COVIDOthGot_1  Any close loved one not living with you at the time (e.g., parent, child, sibling, other relative) COVIDOthGot_2	eople
C8.	a. b.	Someone living with you at the time COVIDOthGot_1  Any close loved one not living with you at the time (e.g., parent, child, sibling, other relative) COVIDOthGot_2  Someone working with you COVIDOthGot_3  Close friend not living or working with you at the time	eople
<b>CKPT.</b> (	a. b. c. d. e. CSa = 1 GO TO (	Someone living with you at the time COVIDOthGot_1  Any close loved one not living with you at the time (e.g., parent, child, sibling, other relative) COVIDOthGot_2  Someone working with you COVIDOthGot_3  Close friend not living or working with you at the time COVIDOthGot_4  Anyone else you know (e.g., neighbor, acquaintance)  COVIDOthGot_5  1 OR MORE OR C8b = 1 OR MORE OR C8c = 1 OR MORE OR C8d = 1 OR MORE OR C8e	
CKPT.0 1. 2. C9.	a. b. c. d. e. C9. C8a = 1 GO TO (ALL OTH) (C8a + C8e = 2	Someone living with you at the time COVIDOthGot_1  Any close loved one not living with you at the time (e.g., parent, child, sibling, other relative) COVIDOthGot_2  Someone working with you COVIDOthGot_3  Close friend not living or working with you at the time COVIDOthGot_4  Anyone else you know (e.g., neighbor, acquaintance)  COVIDOthGot_5  1 OR MORE OR C8b = 1 OR MORE OR C8c = 1 OR MORE OR C8d = 1 OR MORE OR C8e C9  HERS GO TO C11  - C8b + C8c + C8d + C8e = 1: Did this person die from COVID-19?/C8a + C8b - 2: Did either of these people die from COVID-19?/ALL OTHERS: Did any of the COVID-19?)	= 1 OR MORE,

C		C10. C9 = "NO," GO TO C11 ALL OTHERS GO TO C10					
C	10.	Who died from COVID-19? (Check all tha	at apply.)				
C	One or more of your parents COVIDOthDied_1  Your significant other, partner, or spouse COVIDOthDied_2  Any other close relatives COVIDOthDied_3  One or more of your close friends COVIDOthDied_4  One or more of the people you work with COVIDOthDied_5  Anyone else you know (e.g., neighbors, acquaintances) COVIDOthDied_6  Think of the month when your stress related to the COVID-19 outbreak was greatest. During that month, how much stress did the outbreak cause you in each of the following areas of your life?						
			Very severe stress	Severe	Moderate	Mild	No stress
	a.	Family finances (e.g., lost income or investments) COVIDStr_1	0	0	0	0	0
	b.	Increased social isolation COVIDStr_2	0 (	0	0	0	0
	c.	Difficulty getting needed help to your loved ones COVIDStr_3	0	0	0	0	0

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### FND OF SECTION

d.

e.

f.

Increased arguments with your family

Worry about you getting infected

Worry about loved ones getting

or friends COVIDStr\_4

infected COVIDStr\_6

COVIDStr 5

O No

# **SECTION B: YOUR HEALTH**

How would you rate your overall physical health?

Were limited in the kind of work or

other activities <a href="PhysHProb\_2">PhysHProb\_2</a>

B1.

Physh_	_Rate							
	O Excellent							
	O Very good							
	O Good							6
	O Fair							
	O Poor							
	<b>G</b> 135.							
<b>B2.</b> MentH_	How would you rate your ov _Rate	erall menta	l health?				ζ, Ο,	
	O Excellent						<b>&gt;</b>	
	O Very good					0		
	O Good				^			
	O Fair				/ \			
	O Poor							
				4	9			
В3.	The next questions are about limit you in these activities?			Yes,	a <u>typica</u> limited lot	l day. Doe Yes, limi a little	ted	No, not
				a	100	a neces	, 111	inted at an
a.	Moderate activities (e.g., mov vacuum cleaner, bowling, play				0	0		0
b.	Climbing several flights of stai	rs HlthLim_2	<b>V</b>	I	0	0		0
B4.	In the <u>past 12 months</u> , how depressed or anxious) inter		roblems w	ith your <u>n</u>	<u>nental</u> or	<u>emotiona</u>	<u>l health</u> (	e.g., feeling
		Very seve interferen		vere	Moderate	e Mi	ld i	No nterference
a.	your performance at school? <pre>MentImp12m_1</pre>	0	(	0	0	C	)	0
b.	your personal or social life? MentImp12m_2	0	(	)	0	C	)	0
B5. <	In the past 30 days, how of	ten have vou	ı had anv o	of the foll	owina pro	oblems wi	th vour s	choolwork,
70	work, or other regular activ						,	,
<b>Y</b>			All or almost all the time	Most the tire			little of the time	None of the time
a.	Accomplished less than you w PhysHProb_1	ould like	0	0		0	0	0

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	c.	Had difficulty performing work or other activities (e.g., it took extra effort)  PhysHProb_3	0	0	0	0	0
	d.	Cut down on the amount of time you spent on work or other activities PhysHProb_4	0	0	0	0	0
В	6.	In the <u>past 30 days</u> , how often have yourk, or other regular activities as a ranxious)?					
			All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
	a.	Accomplished less than you would like MentHProb_1	0	0	0	0	0
	b.	Did work or activities less carefully than usual MentHProb_2	0	0	0	0	0
	C.	Cut down on the amount of time you spent on work or other activities MentHProb_3	0	0	0	0	0
_	_	To the med 20 days have much efther	+: b			Hanal nuahla	mc
B	7.	In the past 30 days, now much of the	time nas you	r pnysicai ne	aith or emo	tionai probie	1115
В	7.	In the <u>past 30 days</u> , how much of the interfered with your social activities, I	ike going out	with friends	or participa	ating in extra	icurricular
		interfered with your social activities, I activities?	ike going out	with friends	s or participa	ating in extra	ilis Icurricular
		interfered with your social activities, I activities? ent_Inter	ike going out	with friends	s or participa	ating in extra	ini <u>s</u> icurricular
		interfered with your social activities, I activities? ent_Inter  All or almost all the time	ike going out	with friends	s or participa	ating in extra	inis Icurricular
		interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time	ike going out	with friends	s or participa	ating in extra	icurricular
		interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time	ike going out	with friends	s or participa	ating in extra	icurricular
		interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time	ike going out	with friends	s or participa	ating in extra	icurricular
		interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time	ike going out	with friends	s or participa	ating in extra	icurricular
	nysMe	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time	ike going out	with friends	s or participa	ating in extra	icurricular
Ph	nysMe	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time  None of the time	ike going out	with friends	s or participa	ating in extra	icurricular
Ph	nysMe	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time  None of the time	ike going out	Most of the time	Some of the time	A little of the time	None of the time
Ph	nysMe	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time  None of the time	J All or almost all	with friends  Most of	s or participa	ating in extra	None of
Ph	nysMe	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time  None of the time  In the past 30 days, how often did you  have sleep problems (e.g., falling asleep, staying asleep, waking too	J All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
Ph	a.	interfered with your social activities, I activities? ent_Inter  All or almost all the time  Most of the time  Some of the time  A little of the time  None of the time  In the past 30 days, how often did you  have sleep problems (e.g., falling asleep, staying asleep, waking too early, sleeping too much)? Hlth30d_1	J All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time

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feel much more hyper or wound up than usual? Hlth30d\_5

have thoughts race through your mind so fast you could hardly keep track of them? Hlth30d\_6

e.

f.

0

	_	little lot at all		
<b>B10.</b>	Have y	ou <u>ever</u> in your life had any of the following emotional problems?		
			Yes	
	a.	Depression EmoProbEver_1	0	
	b.	Manic-depression, mania, or bipolar disorder EmoProbEver_2	0	
	с.	Panic attacks EmoProbEver_3	0	
	d.	Problems with anxiety (nerves, worries, fears, compulsions, obsessions) <a href="mailto:EmoProbEver_4">EmoProbEver_4</a>	0	
	e.	Any other serious emotional problem EmoProbEver_5	0	
END OF	SECTI	TON NOTE OF THE PROPERTY OF TH		
		SWAFERITORY OF THE STATE OF THE		

In the past 30 days, how much did pain interfere with your normal work, including schoolwork,

B9.

work outside the home, and housework?

# **SECTION D: ATTENTION AND CONCENTRATION**

D1.	In the past 6 months, how often did you have problems with organization or concentration, such
	as being easily distracted in class, disorganized, or had difficulty wrapping up a project or
	assignment?

ADHD_Freq	·9·····
С	Very often
C	Often
C	Sometimes
C	Rarely
С	) Never

# CKPT.D2.

- 1. D1 = "OFTEN" OR "VERY OFTEN," GO TO D2
- 2. ALL OTHERS GO TO NEXT SECTION

# D2. How often did you have each of the following difficulties with organization, concentration, or impulsivity in the <u>past 6 months</u>?

		Very often	Often	Sometimes	Rarely	Never
a.	You avoided or delayed getting started when you had a task that required a lot of thought ADHD6mSxs_1	0	0	0	0	0
b.	You had problems remembering appointments or obligations ADHD6mSxs_2	0	0	0	0	0
C.	You had difficulty getting things in order when you had to do a task that required organization ADHD6mSxs_3	0	0	0	0	0
d.	You had trouble wrapping up the final details of a project once the challenging parts were done ADHD6mSxs_4	0	0	0	0	0
e.	You felt overly active and compelled to do things, like you were driven by a motor ADHD6mSxs_5	0	0	0	0	0
f.	You fidgeted or squirmed with your hands or feet when you had to sit down for a long time ADHD6mSxs_6	0	0	0	0	0

# CKPT.D3.

- 1. THREE OR MORE RESPONSES IN D2a-f SERIES = AT LEAST "SOMETIMES," GO TO D3
- 2. ALL OTHERS GO TO NEXT SECTION

# D3. About how old were you the <u>very first time</u> you had problems with organization, concentration, or impulsivity?

ADHD\_Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

# **END OF SECTION**

# **SECTION E: EMOTIONAL PROBLEMS**

NOTE: We are screening 5 disorders: panic (E14-E22), bipolar disorder (E24-E34), PTSD (E39-E43), alcohol use disorder (F4-F10), and self-harm (G3-G5, G7-G10, G12-G19, G21-G23). All participants will be asked the screener questions for all of these 5 disorders: panic = E13, bipolar disorder = E23, PTSD = E38, alcohol use disorder = F1-F3, self-harm = G1-G2 and G20. Then they will be randomly assigned to be administered the full set of disorder-specific questions for a random 2 out of these 5 questions. If a screener is not endorsed for one or both of the disorders assigned to the respondent, then that respondent will not be administered any additional questions about those disorders. There are 10 logically possible ways to create 2 out of 5, so each respondent will be assigned to 1 of 10 groups, where each group is assessed for only 2 disorders. The below checkpoint lists the groups, numbered 1 to 10.

[PROGRAMMER NOTE: RANDOMLY ASSIGN EACH PARTICIPANT TO ONE OF TEN GROUPS IN CKPT.E1 USING THE CODES BELOW TO INDICATE THE GROUP. CHECKPOINTS THROUGHOUT THE SURVEY REFERENCE THESE CODES FOR SKIPS.]

# CKPT.E1.

- 1 Alcohol use disorder + self-harm
- 2 Bipolar disorder + alcohol use disorder
- 3 Bipolar disorder + PTSD
- 4 Bipolar disorder + self-harm
- 5 Panic + alcohol use disorder
- **6** Panic + bipolar disorder
- 7 Panic + PTSD
- 8 Panic + self-harm
- 9 PTSD + alcohol use disorder
- **10** PTSD + self-harm

# E1. The next questions are about emotional difficulties you might have experienced at some time in your life.

(B10a = "YES": Earlier in the survey you reported having a history of depression. Think about a time in your life lasting 2 weeks or longer when you had the strongest feelings of this sort. During those 2 weeks, how often did you have each of the following experiences?/ALL OTHERS: Virtually everyone has times in their life when they feel sad, depressed, or discouraged about how things are going in their life. Think about a time in your life lasting 2 weeks or longer when you had the strongest feelings of this sort. During those 2 weeks, how often did you have each of the following experiences? (If you are one of the few people that never had such times, mark "none of the time" to all the following questions.))

	MANE	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Feel sad or depressed DeprLTCritA1_1	0	0	0	0	0
b.	Feel discouraged about how things were going in your life <a href="DeprLTCritA1_2">DeprLTCritA1_2</a>	0	0	0	0	0
С.	Take little or no interest or pleasure in things <a href="Deprecases">DeprLTCritA1_3</a>	0	0	0	0	0
d.	Feel down on yourself, no good, or worthless <a href="DeprLTCritA1_4">DeprLTCritA1_4</a>	0	0	0	0	0

### CKPT.E2.

- 1. (E1a OR E1b = AT LEAST "MOST OF THE TIME") OR (E1c = AT LEAST "MOST OF THE TIME"), GO TO E2
- 2. E1a = "NONE OF THE TIME" AND E1b = "NONE OF THE TIME" AND E1c = "NONE OF THE TIME" AND E1d = "NONE OF THE TIME," GO TO E7
- 3. ALL OTHERS GO TO E6

# E2. During those 2 weeks, how often did you have each of the following experiences?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Think a lot about death (your own, someone else's, or death in general)  DeprLTCritA2_1	0	0	0	0	0
b.	Have trouble concentrating or making day-to-day decisions <a href="DeprLTCritA2_2">DeprLTCritA2_2</a>	0	0	0	0	0
C.	Have a poor appetite or overeat DeprLTCritA2_3	0	0	0	0	0
d.	Have problems falling asleep, staying asleep, waking up too early, or sleeping too much <a href="DeprLTCritA2_4">DeprLTCritA2_4</a>	0	0	0	0	0
e.	Talk or move more slowly than usual DeprLTCritA2_5	0	0	0	0	0
f.	Feel tired out, low in energy, or easily fatigued <a href="DeprLTCritA2_6">DeprLTCritA2_6</a>	0	0	0	0	0
g.	Feel so low that it either caused distress or interfered with your activities at home, work, school, or in your social life <a href="DeprLTCritA2_7">DeprLTCritA2_7</a>	0	0	0	0	0

# CKPT.E3.

- (FIVE OR MORE RESPONSES IN (E1a OR E1b), E1c, E1d, E2a, E2b, E2c, E2d, E2e, E2f = AT LEAST "SOME OF THE TIME") AND [(E1a OR E1b = AT LEAST "MOST OF THE TIME") OR (E1c = AT LEAST "MOST OF THE TIME")], GO TO E3
- 2. ALL OTHERS GO TO E6
- E3. About how old were you the <u>very first time</u> you (E1a = AT LEAST "MOST OF THE TIME": felt sad or depressed/E1b = AT LEAST "MOST OF THE TIME": felt discouraged/ALL OTHERS: took little interest or pleasure in things) for <u>2 weeks or longer</u> and had some of the other problems you just mentioned?

Depr Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

E4. About how many <u>different</u> years in your life did you have problems like these lasting <u>2 weeks or longer</u>?

Depr\_NumYrs

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

E5. About how many months in the <u>past 12</u> did you have problems like these? Depr\_Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

E6. In the past 30 days, how often did you have each of the following experiences?

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Feel sad or depressed Depr30d_1	0	0	0	0	0
b.	Feel discouraged about how things were going in your life <a href="Depr30d_2">Depr30d_2</a>	0	0	0	0	0
c.	Take little or no interest or pleasure in things <a href="Depr30d_3">Depr30d_3</a>	0	0	0	0	0
d.	Feel down on yourself, no good, or worthless <a href="Depr30d_4">Depr30d_4</a>	0	0	0	0	0

E7. (B10d = "YES": Earlier in the survey you reported having a history of anxiety. Think about a time in your life lasting 6 months or longer when you had the strongest feelings of this sort. During those 6 months, how often did you have each of the following experiences?/ALL OTHERS: Virtually everyone has times in their life when they feel worried or anxious. Think about a time in your life lasting 6 months or longer when you had the strongest feelings of this sort. During those 6 months, how often did you have each of the following experiences? (If you are one of the few people that never had such times, mark "never" to all the following questions.))

		Just about every day	More days than not	1-3 days a week	Less than 1 day a week	Never
a.	Feel worried or anxious AnxLTCritA_1	0	0	0	0	0
b.	Worry about a number of different things in your life, such as your work, family, health, or finances AnxLTCritA_2	0	0	0	0	0
c.	Feel more worried than other people in your same situation <a href="mailto:AnxLTCritA_3">AnxLTCritA_3</a>	0	0	0	0	0
d.	Worry excessively or too much AnxLTCritA_4	0	0	0	0	0
e.	Have trouble controlling your worry AnxLTCritA_5	0	0	0	0	0

# CKPT.E8.

- 1. E7a = AT LEAST "1-3 DAYS A WEEK" AND E7b = AT LEAST "1-3 DAYS A WEEK," GO TO E8
- 2. E7a = "NEVER" AND E7b = "NEVER" AND E7c = "NEVER" AND E7d = "NEVER," GO TO E13
- 3. ALL OTHERS GO TO E12

E8. During those 6 months, how often did you have each of the following experiences?

	COL	Just about every day	More days than not	1-3 days a week	Less than 1 day a week	Never
a.	Feel restless, keyed up, or on edge AnxLTCritC_1	0	0	0	0	0
b.	Feel tired out, low in energy, or easily fatigued AnxLTCritC_2	0	0	0	0	0
c.	Have difficulty concentrating or your mind going blank <a href="AnxLTCritC_3">AnxLTCritC_3</a>	0	0	0	0	0
d.	Feel irritated, annoyed, or grouchy AnxLTCritC_4	0	0	0	0	0
e.	Have muscle aches or tension AnxLTCritC_5	0	0	0	0	0

g. Feel so upset that it either caused distress or interfered with your activities at home, work, school, or in your social life AnxLTCritC_7	f.	Have difficulty falling or staying asleep or have restless, unsatisfying sleep AnxLTCritC_6	0	0	0	0	0
	g.	distress or interfered with your activities at home, work, school, or in your social	0	0	0	0	0

# CKPT.E9.

- 1. (E7a = AT LEAST "1-3 DAYS A WEEK") AND (E7b = AT LEAST "1-3 DAYS A WEEK") AND (THREE OR MORE RESPONSES IN E8a, E8b, E8c, E8d, E8e, E8f = AT LEAST "1-3 DAYS A WEEK"), GO TO E9
- 2. ALL OTHERS GO TO E12
- E9. About how old were you the <u>very first time</u> you felt worried and anxious for <u>6 months or longer</u> and had some of the other problems you just mentioned?

Anx Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

E10. About how many <u>different</u> years in your life did you have problems like these lasting <u>6 months or longer</u>?

Anx\_NumYrs

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

E11. About how many months in the <u>past 12</u> did you have problems like these?

Anx Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

E12. In the past 30 days, how often did you have each of the following experiences?

	OFF	All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	Feel worried or anxious Anx30d_1	0	0	0	0	0
b.	Worry about a number of different things in your life, such as your work, family, health, or finances <a href="mailto:Anx30d_2">Anx30d_2</a>	0	0	0	0	0
C.	Feel more worried than other people in your same situation <a href="mailto:Anx30d_3">Anx30d_3</a>	0	0	0	0	0
d.	Worry excessively or too much Anx30d_4	0	0	0	0	0

E13. (B10c = "YES": Earlier in the survey you reported having a history of panic attacks. About how many panic attacks did you ever have in your life?/ALL OTHERS: The next question is about panic attacks, also sometimes called anxiety attacks. These are sudden, strong feelings of fear or anxiety that reach their peak within a few minutes and are usually accompanied by physical reactions like racing heart, sweating, shortness of breath, feeling faint, or feeling sick to your stomach. People who have panic attacks sometimes feel like they might lose control, go crazy, or suddenly die. With this definition in mind, about how many panic attacks did you ever have in your life?) (You can use any number between 0 and 999 to answer.)

 $Panic\_NumAtt$ 

	E14. E13 ≥ 3 AND ≠ MISSING AND CODE AT CKPT.E1 = 5 OR 6 OR 7 OR 8, GO TO E14 ALL OTHERS GO TO CKPT.E23
E14.	Which of the following problems do you usually have during these attacks? (Check all that apply.)
	A pounding or racing heart PanicLTCritA_1  Sweating PanicLTCritA_2  Trembling or shaking PanicLTCritA_3  Shortness of breath PanicLTCritA_4  Feeling like you might throw up PanicLTCritA_5  Chest pain or discomfort PanicLTCritA_6  Feelings of choking PanicLTCritA_7  Feeling dizzy, light-headed, or faint PanicLTCritA_8  Chills or heat sensations PanicLTCritA_9  Numbness or tingling PanicLTCritA_10  Fear of losing control or going crazy PanicLTCritA_11  Fear of dying PanicLTCritA_12  Feeling like things around you were unreal or like a dream PanicLTCritA_13  Feeling like you were "not really there," like you were watching a movie of yourself PanicLTCritA_14
СКРТ.І	
	FOUR OR MORE RESPONSES CHECKED IN E14, GO TO E15 ALL OTHERS GO TO CKPT.E23
E15.	Attacks like these sometimes happen without provocation ("out of the blue") and other times occur in situations where a person has a strong fear (e.g., a fear of heights or of snakes) or is in real danger (e.g., a motor vehicle accident). When did your panic attacks occur?
Panic_0	DutBlue
	O All of your attacks occurred without provocation ("out of the blue")
	Some of your attacks occurred "out of the blue" and others in situations where you had a strong fear or were in real danger
	All of your attacks occurred in situations where you had a strong fear or were in real danger
СКРТ.	E16.
2. 3.	E15 = "ALL OF YOUR ATTACKS OCCURRED WITHOUT PROVOCATION," GO TO E17 E15 = "SOME OF YOUR ATTACKS OCCURRED 'OUT OF THE BLUE' AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER," GO TO E16 E15 = "ALL OF YOUR ATTACKS OCCURRED IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER," GO TO E21 ALL OTHERS GO TO E16
E16. Panic_N	About how many "out of the blue" attacks did you ever have in your life? (You can use any number between 1 and 999 to answer.)  NumOutBlue

\_\_\_\_\_ NUMBER OF PANIC ATTACKS

\_\_\_\_\_ NUMBER OF ATTACKS

# CKPT.E17.

- 1. E15 = "SOME OF YOUR ATTACKS OCCURRED 'OUT OF THE BLUE' AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" AND E16 = 0-2, GO TO E21
- 2. E15 = MISSING AND E16 = 0-2, GO TO E21
- 3. ALL OTHERS GO TO E17
- 5: se

E17.	(E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: After having one of these "out of the blue" attacks, did you ever have a time lasting 1 month or longer when you often worried that you might have another attack or that something terrible might happen because of the attacks like an accident, heart attack, or that you might lose control?/ALL OTHERS After having one of these attacks, did you ever have a time lasting 1 month or longer when you often worried that you might have another attack or that something terrible might happen becaus of the attacks like an accident, heart attack, or that you might lose control?)  MonWorry
r anne_	
	○ Yes ○ No
СКРТ.	E18.
1. 2.	E17 = "YES," GO TO E19 ALL OTHERS GO TO E18
E18. Panic_	(E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: After having one of these "out of the blue" attacks, did you ever have a time lasting 1 month or longer when you changed your everyday activities because of fear about having another attack?/ALL OTHERS After having one of these attacks, did you ever have a time lasting 1 month or longer when you changed your everyday activities because of fear about having another attack?)  MonChgAct
	O Yes
	○ Yes ○ No
	O No
E19.	(E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: About how old were you the <u>very first time</u> you had an "out of the blue" panic attack?/ALL OTHERS: About how old were you the <u>very first time</u> you had a panic attack?)
Panic_	Onset
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
E20.	(E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: About how many <u>different</u> years in your life did you have at least one of these "out of the blue" attacks?/ALL OTHERS: About how many <u>different</u> years in your life did you have at least one of these attacks?)
Panic_	NumYrs
	[DDODDOWN LICT] 1 year 2 25 26 or more

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

NOTE: In the DSM-IV World Mental Health College Student Survey, Question E21 asked: "About how many days out of 365 in the past year did you have one or more of these attacks?" This question was edited in the current version of the survey to instead ask about the number of months in the past year. These need to be converted to the same metric when doing analysis.

E21. (E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: About how many months in the <u>past 12</u> did you have one or more "out of the blue" panic attacks?/ALL OTHERS: About how many months in the <u>past 12</u> did you have one or more panic attacks?)

Panic Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

### CKPT.E22.

- 1. E21 = 1-12, GO TO E22
- 2. ALL OTHERS GO TO CKPT.E23
- E22. (E15 = "SOME OF YOUR ATTACKS OCCURRED "OUT OF THE BLUE" AND OTHERS IN SITUATIONS WHERE YOU HAD A STRONG FEAR OR WERE IN REAL DANGER" OR E15 = MISSING: About how many days in the past 30 did you have one or more "out of the blue" panic attacks?/ALL OTHERS: About how many days in the past 30 did you have one or more panic attacks?)

Panic Num30d

[DROPDOWN LIST] 0 days, 1, ..., 29, 30 days

# CKPT.E23.

- 1. B10b = "YES" AND CODE AT CKPT.E1 = 2 OR 3 OR 4 OR 6, GO TO E24
- 2. B10b = "YES," GO TO E35
- 3. ALL OTHERS GO TO E23
- E23. The next question is about whether you ever had an episode lasting <u>2 days or longer</u> when your mood was much higher than usual most of the day, much more irritable than usual most of the day, or a mix of these things.

During these episodes, people are often much more excitable than usual, extremely self-confident, or optimistic. They often do things they would normally not do. And this sometimes gets them in trouble or puts them at risk of trouble.

With this definition in mind, did you ever in your life have an episode of this sort lasting <u>2 days or longer?</u>

Bip\_Ever

Yes

O No

### CKPT.E24.

- 1. E23 = "YES" AND CODE AT CKPT.E1 = 2 OR 3 OR 4 OR 6, GO TO E24
- 2. ALL OTHERS GO TO E35
- E24. (B10b = "YES": Earlier in the survey you reported having a history of manic-depression, mania, or bipolar disorder. Think about a typical intense episode lasting 2 days or longer when your mood was much higher than usual most of the day, much more irritable than usual most of the day, or a mix of these things. How much of the time during that episode.../ALL OTHERS: Think about a typical intense episode of this sort lasting 2 days or longer. How much of the time during that episode...)

All or almost all the time the time the time the time

a.	were you in a much better mood, much happier, or much more excitable than usual? BipLTCritA1_1	0	0	0	0	0
b.	were you much more irritable or quick to take offense than usual? <a href="BipLTCritA1_2">BipLTCritA1_2</a>	0	0	0	0	
c.	were you a lot more self-confident or optimistic than usual or believed you could do anything? <a href="mailto:BipLTCritA1_3">BipLTCritA1_3</a>	0	0	0	0	0

# CKPT.E25.

- 1. E24a OR E24b = AT LEAST "SOME OF THE TIME," GO TO E25
- 2. ALL OTHERS GO TO E35

# E25. How much of the time during that episode were you...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	much more active or energetic than usual? BipLTCritA2_1	0	0	0	0	0
b.	much more hyper or wound up than usual? BipLTCritA2_2	0	0	0	0	0
C.	much more engaged, busy, or productive than usual at school or work?  BipLTCritA2_3	0	0	0	0	0
d.	much more sociable or outgoing than usual? BipLTCritA2_4	0	0	0	0	0
e.	much more involved than usual in thinking about or doing something sexual? BipLTCritA2_5	0	0	0	0	0

# E26. How much of the time during that episode...

		All or almost all the time	Most of the time	Some of the time	A little of the time	None of the time
a.	did you sleep much less than usual and still did not get tired or sleepy?  BipLTCritB_1	0	0	0	0	0
b.	did you talk so much that other people couldn't get their say? <a href="mailto:BipLTCritB_2">BipLTCritB_2</a>	0	0	0	0	0
C.	did thoughts race through your mind so fast you could hardly keep track of them?  BipLTCritB_3	0	0	0	0	0
d.	did you have a hard time concentrating on what you were doing? BipLTCritB_4	0	0	0	0	0
e.	did you make bad decisions that could have caused problems for you?  BipLTCritB_5	0	0	0	0	0

# CKPT.E27.

1. (E24a OR E24b = AT LEAST "SOME OF THE TIME") AND (ONE OR MORE RESPONSES IN E25a-e SERIES = AT LEAST "SOME OF THE TIME") AND (TWO OR MORE RESPONSES IN E24c, (E25a OR E25b OR E25c OR E25d OR E25e), E26a, E26b, E26c, E26d, E26e = AT LEAST "SOME OF THE TIME"), GO TO E27

ΔΙΙ			

E27.	About how old were you the <u>very first time</u> you had an episode of this sort lasting <u>2 days or longer?</u>
Bip_O	nset
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
E28.	About how many <u>different</u> years in your life did you have an episode of this sort lasting <u>2 days or</u>
Bip_N	longer? umYrs
	[DROPDOWN LIST] 1 year, 2,, 35, 36 or more
<b>E29.</b> Bip_Lo	What was the longest number of days <u>in a row</u> you ever had an episode of this sort?
	[DROPDOWN LIST]
	O 1-3 days
	O 4-6 days
	O 7-14 days
	○ 15 or more days
E30.	How much did episodes of this sort ever interfere with your activities at home, work, school, or in your social life?
Bip_In	oter Control of the C
	O Extremely
	O A lot
	O Some
	O A little
	O Not at all
E31.	How often during episodes of this sort did anyone notice or comment that you were much more
LJI.	energetic, wound up, productive, or outgoing than usual?
Bip_O	thNotice
	O Often
	O Sometimes
	O Rarely
	O Never
E32.	Were you ever hospitalized for one of these episodes?
Bip_H	
	O Yes
	O No

NOTE: In the DSM-IV World Mental Health College Student Survey, Question E33 asked: "About how many days out of 365 in the past year did you have an episode of this sort?" This question was edited in the current version of the

survey to instead ask about the number of months in the past year. These need to be converted to the same metric when doing analysis.

<b>E33.</b> Bip_Nu	About how many months in the <u>past 12</u> did you have an episode of this sort?
	[DROPDOWN LIST] 0 months, 1,, 11, 12 months
	E34. E33 = 1-11, GO TO E34 ALL OTHERS GO TO E35
<b>E34.</b> Bip_30	Did you have an episode of this sort at any time in the <u>past 30 days</u> ?  day
	O Yes O No
E35. Anger_	Did you ever in your life have repeated attacks of anger when all of a sudden you lost control and broke or smashed something, hit or tried to hurt someone, or threatened someone?  Ever
	○ Yes ○ No
	E36. E35 = "YES," GO TO E36 ALL OTHERS GO TO E38

E36. About how many months in the <u>past 12</u> did you have one or more of these anger attacks? Anger\_Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

# CKPT.E37.

- 1. E36 = 1-11, GO TO E37
- 2. ALL OTHERS GO TO E38

E37. Did you have one of these attacks at any time in the <u>past 30 days</u>? Anger\_30day

O Yes

E38. Did you ever in your life have times lasting 1 month or longer after an extremely stressful experience when you had one or more of the following: frequent upsetting memories or dreams, felt jumpy, felt emotionally distant or depressed, or had trouble sleeping or concentrating?

PTSD\_Ever

O Yes

O No

	VI	эт	_	2	a	
•	N	- 1	. С		"	

- 1. E38 = "YES" AND CODE AT CKPT.E1 = 3 OR 7 OR 9 OR 10, GO TO E39
- 2. ALL OTHERS GO TO E44

# E39. During that month, how much were you bothered by the following reactions to any extremely stressful experience that ever happened to you?

		Extremely	A lot	Some	A little	Not at all
a.	Avoiding external reminders of a stressful experience (e.g., people, places, conversations, activities, objects, situations) PTSDLTSxs_1	0	0	0	0	0
b.	Feeling distant or cut off from other people PTSDLTSxs_2	0	0	0	0	0
c.	Feeling irritable, having angry outbursts, or acting aggressively PTSDLTSxs_3	0	0	0	0	0
d.	Suddenly feeling or acting as if a stressful experience were actually happening again, as if you were actually back there reliving it PTSDLTSxs_4	0	0	0	0	0

# E40. About how old were you the <u>very first time</u> you had reactions like these lasting <u>1 month or longer</u> to any extremely stressful experience?

PTSD\_Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

# E41. About how many <u>different</u> years in your life did you have reactions like these lasting <u>1 month or longer</u>?

PTSD NumYrs

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

# E42. About how many months in the past 12 did you have reactions like these?

PTSD Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

# CKPT.E43.

- 1. E42 = 1-11, GO TO E43
- 2. ALL OTHERS GO TO E44

# E43. Did you have reactions like these at any time in the past 30 days?

PTSD\_30day

- O Yes
- $\bigcirc$  No
- E44. Did you ever have a time in your life when you were much more fearful, anxious, or shy than other people about being in social situations (e.g., meeting new people, attending a party, eating in public, talking to people in authority, speaking up in class)?

SocAnx_Ever
○ Yes
O No
CKPT.E45.
1. E44 = "YES," GO TO E45
2. ALL OTHERS GO TO E49
E45. How often do you try to avoid these social situations?
SocAnx_Avoid
O All or almost all the time
Most of the time
O Some of the time
A little of the time
O None of the time
E46. How much does your fear, anxiety, or avoidance of social situations ever interfere with your life?
SocAnx_Inter
O Extremely
O A lot
O Some
O A little
O Not at all
CKPT.E47.
<ol> <li>E45 = AT LEAST "SOME OF THE TIME" OR E46 = AT LEAST "SOME," GO TO E47</li> <li>ALL OTHERS GO TO E49</li> </ol>
Z. ALL OTTLENS GO TO LAS
547. About how were worth 52th and 42 were worth worth and for full ancient or about her other
E47. About how many months in the <u>past 12</u> were you much more fearful, anxious, or shy than other people about being in social situations?
SocAnx_Num12m
[DROPDOWN LIST] 0 months, 1,, 11, 12 months
[DROPDOWN LIST] & Months, 1,, 11, 12 Months
<b>CKPT.E48.</b> 1. E47 = 1-11, GO TO E48
2. ALL OTHERS GO TO E49
E48. Did you have this fear or anxiety at any time in the past 30 days?
SocAnx_30day
O Yes
O No
F40 Bid and a series of the se

E49. Did you ever in your life have times lasting <u>3 months or longer</u> when you had eating binges at least <u>once a week</u>; that is, your eating was out of control and you ate a very large amount of food over a short period of time (2 hours or less)?

Binge\_Ever

	O Yes
	O No
CKPT.	
	E49 = "YES," GO TO E50 ALL OTHERS GO TO E52
۷.	ALL OTHERS GO TO ES2
	9
E50.	About how many months in the <u>past 12</u> did you binge eat at least <u>once a week?</u> Num12m
bilige_	
	[DROPDOWN LIST] 0 months, 1,, 11, 12 months
CKPT.	E51.
	E50 = 1-11, GO TO E51
2.	ALL OTHERS GO TO E52
E51.	Did you binge eat at least once a week in the <u>past 30 days</u> ?
Binge_	30day
	O Yes
	O No
E52.	(E49 = "YES": Did you ever in your life have times lasting 3 months or longer when you made
LJZ.	yourself vomit, took laxatives, or did other things to avoid gaining weight after binge eating?/ALL
	OTHERS: Did you ever in your life have times lasting 3 months or longer when you made yourself
Purge_	vomit, took laxatives, or did other things to avoid gaining weight?)
ruige_	LLVEI
	O Yes
	O No
CKPT.	E53.
	E52 = "YES," GO TO E53
2.	ALL OTHERS GO TO NEXT SECTION
E53.	(E49 = "YES": About how many months in the past 12 did you make yourself vomit, take laxatives,
	or do other things to avoid gaining weight after binge eating?/ALL OTHERS: About how many
	months in the <u>past 12</u> did you make yourself vomit, take laxatives, or do other things to avoid gaining weight?)
Purge_	Num12m
	[DDODDOWN LIST] 0 months 1 11 12 months
	[DROPDOWN LIST] 0 months, 1,, 11, 12 months
CKPT.	
	E53 = 1-11, GO TO E54 ALL OTHERS GO TO NEXT SECTION
EE4	Did you do those things at any time in the most 20 days?
E54. Purge_	Did you do these things at any time in the <u>past 30 days</u> ?  30day
3	
	O Yes

FOR COMMENT ONLY. DO NOT DESTRIBUTE OR USE

# SECTION F: ALCOHOL AND DRUGS

F1.	The following questions have to do with containing alcohol?	drinking	alcohol. How	often do yo	ou have a drir	ık
Alc_Fre	<del>-</del>					
	O 4 or more times a week					
	2-3 times a week					
	2-3 times a week  2-4 times a month					(9)
	Monthly or less					V.
	Never				0	
	O Nevel				0)	
CKPT.					/\/	
	F1 = "NEVER," GO TO F11 ALL OTHERS GO TO F2					
				0		
<b>-</b> 2	Unio mano drinka containina alcohol de	ha		law Ork sa w		~2
<b>F2.</b> Alc_Qu	How many drinks containing alcohol do uan	you nave	on a typicai d	iay when yo	ou are drinkir	ıg?
	O 10 or more		10			
	O 7 to 9		Ox			
	O 5 or 6					
	O 3 or 4					
	O 1 or 2					
	I never drink alcohol [PROGRAMMER N	IOTE: RESP	ONSE OPTION	ONLY DISPI	$\triangle AYS IF F1 = M$	IISSING]
СКРТ.	.F3.					
	F1 = MISSING AND F2 = MISSING OR "I NE	VER DRINK	ALCOHOL," G	O TO F11		
2.	ALL OTHERS GO TO F3					
F3.	(A2 = "MALE": How often do you have 5		Irinks on one	occasion?	ALL OTHERS	: How ofter
Alc_Bir	do you have <u>4 or more</u> drinks on one occinge	casion?)				
	O Daily or almost daily					
	O Weekly					
	O Monthly					
	O Less than monthly					
	O Never					
СКРТ.	.F4.					
1.	(F1 = "MONTHLY OR LESS" OR MISSING) AN	ND (F2 = 1)	OR 2" OR MIS	SSING) AND	(F3 = "NEVER")	" OR
2	MISSING), GO TO F11 CODE AT CKPT.E1 = 1 OR 2 OR 5 OR 9, GO	TO F4				
	ALL OTHERS GO TO F11					
F4.	How often in the past 12 months have y	ou				
	1	Daily or			Logo than	
		almost	Weekly	Monthly	Less than monthly	Never
		daily			•	

a.	found that you were not able to stop drinking once you had started? Alc12mSxs_1	0	0	0	0	0
b.	failed to do what was normally expected of you because of drinking? Alc12mSxs_2	0	0	0	0	0
C.	needed a first drink in the morning to get yourself going after a heavy drinking session? Alc12mSxs_3	0	0	0	0	0
d.	had a feeling of guilt or remorse after drinking? Alc12mSxs_4	0	0	0	0	0
e.	been unable to remember what happened the night before because of your drinking? Alc12mSxs_5	0	0	0	0	0

# F5. Have you or someone else been injured because of your drinking?

Alc\_AnyInjury

0	Yes, in the past 12 months
0	Yes, but not in the past 12 month
0	No

# F6. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?

Alc\_AnyConcern

$\circ$	Yes, in the past 12 months
$\circ$	Yes, but not in the past 12 months
0	No

### CKPT.F7.

- 1. F3 = AT LEAST "LESS THAN MONTHLY," GO TO F7
- 2. ONE OR MORE RESPONSES IN F4a-e SERIES = AT LEAST "LESS THAN MONTHLY," GO TO F7
- 3. F5 OR F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS," GO TO F7
- 4. ALL OTHERS GO TO F11
- F7. [(F3 = AT LEAST "LESS THAN MONTHLY") AND (ALL RESPONSES IN F4a-e SERIES = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING) AND (A2 = "MALE"): You reported having 5 or more drinks on at least one occasion in your life./(F3 = AT LEAST "LESS THAN MONTHLY") AND (ALL RESPONSES IN F4a-e SERIES = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING) AND (A2 ≠"MALE"): You reported having 4 or more drinks on at least one occasion in your life./(F3 = "NEVER" OR MISSING) AND (F4a = AT LEAST "LESS THAN MONTHLY") AND (F4b AND F4c AND F4d AND F4e = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING): You reported that you were not able to stop drinking once you had started./(F3 = "NEVER" OR MISSING) AND (F4b = AT LEAST "LESS THAN MONTHLY") AND (F4a AND F4c AND F4d AND F4e = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING): You reported that you failed to do what was expected of you because of drinking./(F3 = "NEVER" OR MISSING) AND (F4c = AT LEAST "LESS THAN "MONTHLY") AND (F4a AND F4b AND F4d AND F4e = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING): You reported that you needed a drink in the morning to get yourself going./(F3 = "NEVER" OR MISSING) AND (F4d = AT LEAST "LESS THAN MONTHLY") AND (F4a AND F4b AND F4c AND F4e = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING): You reported that you felt guilt or remorse after drinking./(F3 = "NEVER" OR MISSING) AND (F4e = AT LEAST "LESS THAN MONTHLY") AND (F4a AND F4b AND F4c AND F4d = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "NO" OR MISSING): You reported that you were unable to remember what happened the night before because of

drinking./(F3 = "NEVER" OR MISSING) AND (ALL RESPONSES IN F4a-e SERIES = "NEVER" OR MISSING) AND (F5 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS") AND (F6 = "NO" OR MISSING): You reported that you or someone else has been injured because of your drinking./(F3 = "NEVER" OR MISSING) AND (ALL RESPONSES IN F4a-e SERIES = "NEVER" OR MISSING) AND (F5 = "NO" OR MISSING) AND (F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS"): You reported that others have been concerned about your drinking./ALL OTHERS: You reported several experiences associated with drinking alcohol.] [(TWO OR MORE RESPONSES IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY") OR (ONE RESPONSE IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY" AND F5 OR F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS"): About how old were you the very first time you had any of these experiences?/ALL OTHERS: About how old were you the very first time you had this experience?]

Alc Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

F8. About how many <u>different</u> years in your life did you have [(TWO OR MORE RESPONSES IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY") OR (ONE RESPONSE IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY" AND F5 OR F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS") OR (F5 AND F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS"): any of these experiences/ALL OTHERS: this experience] associated with drinking alcohol?

Alc\_NumYrs

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

F9. About how many months in the past 12 did you have [(TWO OR MORE RESPONSES IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY") OR (ONE RESPONSE IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY" AND F5 OR F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS") OR (F5 AND F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS"): any of these experiences/ALL OTHERS: this experience] associated with drinking alcohol?

Alc\_Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

# CKPT.F10.

- 1. F9 = 1-11, GO TO F10
- 2. ALL OTHERS GO TO F11
- F10. Did you have [(TWO OR MORE RESPONSES IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY") OR (ONE RESPONSE IN F3, F4a-e SERIES = AT LEAST "LESS THAN MONTHLY" AND F5 OR F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS") OR (F5 AND F6 = "YES, IN THE PAST 12 MONTHS" OR "YES, BUT NOT IN THE PAST 12 MONTHS"): any of these experiences/ALL OTHERS: this experience] associated with drinking alcohol at any time in the past 30 days?

Alc\_30day

O Yes

O No

F11. Think of the times in your life when you used each of the following substances most often. During those times, how often did you use each substance?

		Every or nearly every day	3-4 days a week	1-2 days a week	1-3 days a month	Less than once a month	Never
a.	Cannabis (marijuana, pot, grass, hash, etc.) <a href="mailto:DrugType_1">DrugType_1</a>	0	0	0	0	0	0
b.	Cocaine (coke, crack, etc.) <pre>DrugType_2</pre>	0	0	0	0	0	0
C.	Any other street drugs (e.g., opioids, LSD, speed, ecstasy) <a href="mailto:DrugType_3">DrugType_3</a>	0	0	0	0	0	0
d.	Any prescription drug, either without a doctor's prescription or more than prescribed to get high, buzzed, or numbed out (e.g., a stimulant, tranquilizer, muscle relaxant, or pain medication) DrugType_4	0	Ο	0	0	OP	0

# CKPT.F12.

- 1. ONE OR MORE RESPONSES IN F11a-d SERIES = AT LEAST "LESS THAN ONCE A MONTH," GO TO F12
- 2. ALL OTHERS GO TO NEXT SECTION

# F12. Think of the 1 year in your life when your drug use interfered most with your life. During <u>that year</u>, how often did you have each of the following experiences?

		Every or nearly every day	3-4 days a week	1-2 days a week	1-3 days a month	Less than once a month	Never
a.	How often did your drug use or being under the influence interfere with your responsibilities at home, work, or school? <a href="DrugLTCritA1_1">DrugLTCritA1_1</a>	0	0	0	0	0	0
b.	How often did you continue to use even when it caused arguments or other serious problems with your family or friends? <a href="DrugLTCritA1_2">DrugLTCritA1_2</a>	0	0	0	0	0	0
C.	How often were you under the influence in situations where you could get hurt? <a href="DrugLTCritA1_3">DrugLTCritA1_3</a>	0	0	0	0	0	0
d.	How often did you greatly reduce important activities with family, friends, or at work because of your drug use? DrugLTCritA1_4	0	0	0	0	0	0
e.	How often did you either use more or spend more time using than you intended when you started?  DrugLTCritA1_5	0	0	0	0	0	0

# F13. During that year, how often did you have each of these other experiences?

nearly days a days a days a once a day week week month month		Never
--	--	-------

a.	How often did you spend a great deal of time obtaining, using, or recovering from drug use?  DrugLTCritA2_1	0	0	0	0	0	0
b.	How often did you have a strong desire or craving to use?  DrugLTCritA2_2	0	0	0	0	0	0
C.	How often did you feel the need to cut down or stop your drug use?  DrugLTCritA2_3	0	0	0	0	0	0
d.	How often did you continue to use even when it either caused or worsened a physical or emotional health problem? <a href="mailto:DrugLTCritA2_4">DrugLTCritA2_4</a>	0	0	0	0	88-	0
e.	You developed tolerance; that is, either the same amount no longer had the same effect or you needed to use a lot more to get the same effect? DrugLTCritA2_5	0	0	0	0	0	0
f.	You experienced withdrawal symptoms like trouble sleeping, emotional problems, restlessness, sweating, or nausea when you tried to cut down your use or you continued to use in order to avoid having withdrawal symptoms?  DrugLTCritA2_6	0	0	5	0	0	0

# CKPT.F14.

- 1. TWO OR MORE RESPONSES IN F12a-e SERIES, F13a-f SERIES = AT LEAST "LESS THAN ONCE A MONTH," GO TO F14
- 2. ALL OTHERS GO TO NEXT SECTION

# F14. You reported several experiences associated with using drugs. About how old were you the <u>very</u> <u>first time</u> you had any of these experiences?

Drug\_Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

# F15. About how many <u>different</u> years in your life did you have any of these experiences? Drug\_NumYrs

[DROPDOWN LIST] 1 year, 2, ..., 35, 36 or more

# F16. About how many months in the <u>past 12</u> did you have any of these experiences? Drug\_Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

# CKPT.F17.

- 1. F16 = 1-11, GO TO F17
- 2. ALL OTHERS GO TO NEXT SECTION

# F17. Did you have any of these experiences in the past 30 days?

Drug\_30day

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# **SECTION G: SELF-HARM**

<b>G1.</b> Ideat_	Did you ever in your life wish you were dead or would go to sleep and never wake up?  PassEver
	○ Yes
	○ No
<b>G2.</b> Ideat_	Did you ever in your life have thoughts of killing yourself? _ActEver
	○ Yes
	O No
questi	: CKPT.G3 response #2 sends respondents who are not coded in the group that is asked the full self-harm ion series but who endorsed suicidal ideation at G1 or G2 to G6 to ask about ideation in the past 30 days and o G11 to ask about likelihood of acting on suicidal thoughts.
СКРТ	
2.	G1 OR G2 = "YES" AND CODE AT CKPT.E1 = 1 OR 4 OR 8 OR 10, GO TO G3 G1 OR G2 = "YES," GO TO G6 ALL OTHERS GO TO G20
٥.	ALL OTHERS GO TO G20
G3.  Ideat_	About how old were you the <u>very first time</u> you (G1 = "YES" AND G2 = "NO" OR MISSING: wished you were dead or would go to sleep and never wake up/G1 = "NO" OR MISSING AND G2 = "YES": had thoughts of killing yourself/ALL OTHERS: wished you were dead, wished you would go to sleep and never wake up, or had thoughts of killing yourself)?  Onset
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
G4.	About how many <u>different</u> years in your life did you $(G1 = "YES" AND G2 = "NO" OR MISSING: wish you were dead or would go to sleep and never wake up/G1 = "NO" OR MISSING AND G2 = "YES": have thoughts of killing yourself/ALL OTHERS: wish you were dead, wish you would go to sleep and never wake up, or have thoughts of killing yourself)?$
Ideat_	_NumYrs
	[DROPDOWN LIST] 1 year, 2,, 35, 36 or more
G5.	About how many months in the <u>past 12</u> did you (G1 = "YES" AND G2 = "NO" OR MISSING: wish you were dead or would go to sleep and never wake $up/G1 = "NO"$ OR MISSING AND G2 = "YES": have thoughts of killing yourself/ALL OTHERS: wish you were dead, wish you would go to sleep and never wake up, or have thoughts of killing yourself)?
Ideat_	_Num12m
,C	[DROPDOWN LIST] 0 months, 1,, 11, 12 months
СКРТ	.G6.
	G5 = 0, GO TO CKPT.G7 ALL OTHERS GO TO G6

In the past 30 days, how often did you (G1 = "YES" AND G2 = "NO" OR MISSING: wish you were

dead or would go to sleep and never wake up/G1 = "NO" OR MISSING AND G2 = "YES": have

G6.

Ideat_l	thoughts of killing yourself/ALL OTHERS: wish you were dead, wish you would go to sleep and never wake up, or have thoughts of killing yourself)?  Freq30day
	O All or almost all the time
	O Most of the time
	O Some of the time
	O A little of the time
	O None of the time
СКРТ.	G7.
	CODE AT CKPT.E1 = 1 OR 4 OR 8 OR 10, GO TO G7
	G6 = AT LEAST "A LITTLE OF THE TIME," GO TO G11 ALL OTHERS GO TO G20
٥.	ALL OTTIERS GO TO 920
<b>G7.</b> SuiPlan	Did you ever think about how you might kill yourself (e.g., taking pills, shooting yourself) or work out a plan of how to kill yourself?
Suiriai	
	O Yes
	O No
CVDT	
<b>CKPT.</b> 0	G7 = "YES," GO TO G8
	ALL OTHERS GO TO G11
G8.	About how old were you the <u>very first time</u> you thought about how you might kill yourself or worked out a plan of how to kill yourself?
SuiPlan	n_Onset
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
G9.	About how many <u>different</u> years in your life did you think about how you might kill yourself or work out a plan of how to kill yourself?
SuiPlan	n_NumYrs
	[DROPDOWN LIST] 1 year, 2,, 35, 36 or more
	[DROPDOWN LIST] 1 year, 2,, 33, 30 or more
G10.	About how many months in the past 12 did you think about how you might kill yourself or work out
SuiPlan	a plan of how to kill yourself? n_Num12m
	[DROPDOWN LIST] 0 months, 1,, 11, 12 months
G11.	In the <u>next 12 months</u> , what is the likelihood that you will act on those thoughts of killing yourself?  12mActOn
	<del></del>
	O Very likely
	O Somewhat likely

Not very likelyNot at all likely

	G12.  CODE AT CKPT.E1 = 1 OR 4 OR 8 OR 10, GO TO G12  ALL OTHERS GO TO G20
G12.	Think of the one week in your life when you thought most about (G1 = "YES" AND G2 = "NO" OR MISSING: wanting to be dead/G1 = "NO" OR MISSING AND G2 = "YES": killing yourself/ALL OTHERS: wanting to be dead or about killing yourself). How many days during that worst week did you have those thoughts?  NumDayWrst
iueat_i	
	[DROPDOWN LIST] 1 day,, 6, 7 days
G13.	(G12 $\geq$ 2 AND $\neq$ MISSING: How long during that worst week did those thoughts usually last on the days that you had them?/ALL OTHERS: How long during that worst week did those thoughts last on the day that you had them?)
Ideat_l	LongLast
	O Just a few seconds or minutes
	O Less than 1 hour
	O 1-4 hours
	O 5-8 hours
	O 9 or more hours
G14.  Ideat_0	During that worst week, how easy was it for you to control those thoughts or push them out of your mind when you wanted to?  ContriTho
	O Easy
	O A little difficult
	O Somewhat difficult
	O Very difficult
	Impossible; unable to control the thoughts
G15.	People who think about wanting to die sometimes do dangerous things as a way to tempt fate (e.g., take a lot of drugs, drive too fast, volunteer for dangerous missions, act recklessly). How often in your life did you ever do dangerous things like that to tempt fate?
Ideat_	TemptFate TemptFate
	O Very often
	Often
	O Sometimes
	O Rarely
	O Never
G16. SuiAtt_	Have you ever made a suicide attempt (i.e., purposefully hurt yourself with at least some intent to die)? <u>Ever</u>

O Yes

34

CKPT.	G17.
	G16 = "NO" OR MISSING, GO TO G20
2.	ALL OTHERS GO TO G17
	About how old were you the <u>very first time</u> you made a suicide attempt?
SuiAtt_	_Onset
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
	S * * * * * * * * * * * * * * * * * * *
G18.	How many different suicide attempts have you ever made?
SuiAtt_	NumLT
	NUMBER OF SUICIDE ATTEMPTS IN LIFETIME
	Notiber of Soleibe Afferings in Electric
610	Harry warms different annial de attenunts have very made in the most 12 months
	How many different suicide attempts have you made in the <u>past 12 months</u> ?  Num12m
	NUMBER OF SUICIDE ATTEMPTS IN PAST YEAR
G20.	Did you ever do something to hurt yourself on purpose, without wanting to die (e.g., cutting
NSSI_E	yourself, hitting yourself, or burning yourself)?
11331_1	O y
	O Yes
	○ No
СКРТ.	G21.
	G20 = "YES" AND CODE AT CKPT.E1 = 1 OR 4 OR 8 OR 10, GO TO G21
2.	ALL OTHERS GO TO NEXT SECTION
G21.	About how old were you the <u>very first time</u> you did something to hurt yourself on purpose, without
NSSI_0	wanting to die?
11001_(	
	[DROPDOWN LIST] 4 or younger, 5,, 35, 36 or older
G22.	About how many times in your life did you do something to hurt yourself on purpose, without
NCCT N	wanting to die?
NSSI_I	NUITE I
	[DROPDOWN LIST]
	O 1.3 times
	O 1-2 times O 3-4 times
<	O 5-10 times
	O 11-20 times
10	O 21-30 times O 21-30 times
	O 21 30 times

31-50 times51-100 times101 or more times

# G23. About how many times in the past 12 months did you do something to hurt yourself on purpose, without wanting to die? FOR COMMENT ONLY. DO NOT DISTRIBUTE OR USE

NSSI\_Num12m

[DROPDOWN	LIST
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### **SECTION H: SEEKING TREATMENT**

H1. Did you ever in your life receive psychological counseling, medication, or some other type of treatment for an emotional or substance use problem?

		Yes	No	
a.	Psychological counseling TxtTypeEver_1	0	0	
b.	Medication TxtTypeEver_2	0	0	
c.	Other type of treatment (e.g., traditional healer, minister, rabbi, self-help group)  TxtTypeEver_3	0	0	

#### CKPT.H2.

- 1. H1a = "NO" OR MISSING AND H1b = "NO" OR MISSING AND H1c = "NO" OR MISSING, GO TO H6
- 2. ALL OTHERS GO TO H2
- H2. About how old were you the <u>very first time</u> you received psychological counseling, medication, or some other type of treatment for an emotional or substance use problem?

Txt\_Onset

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

H3. About how many months in the <u>past 12</u> did you receive psychological counseling, medication, or some other type of treatment for an emotional or substance use problem?

Txt Num12m

[DROPDOWN LIST] 0 months, 1, ..., 11, 12 months

## CKPT.H4.

- 1. H3 = 1-12, GO TO H5
- 2. ALL OTHERS GO TO H4
- H4. How old were you the <u>most recent time</u> you received psychological counseling, medication, or some other type of treatment for an emotional or substance use problem?

Txt\_Recency

[DROPDOWN LIST] 4 or younger, 5, ..., 35, 36 or older

## **GO TO H6**

H5. Are you still in treatment or have you stopped?

Txt\_CurrentTxt

Still in treatmentStopped

# CKPT.H6.

- 1. H5 = "STILL IN TREATMENT," GO TO NEXT SECTION
- 2. ALL OTHERS GO TO H6

	$\bigcirc$ I do not have a problem that	I need to chang	ge			
	O I have a problem, but I am n	ot yet sure I wa	ant to take ac	tion to change i	t	
	O I have a problem and I inten-	d to address it				
	O I have a problem and I alread	dy am working	actively to cha	ange it		
	I had a problem, but I have a	-	· ·	_		
	© 1au a p. 03.0, 3ac 1av 0		go a. o z			
CKPT.						
	H3 = 1-12, GO TO NEXT SECTION ALL OTHERS GO TO H7					)
۷.	ALL OTTIERS GO TO TI					
H7.	Was there ever a time in the <u>pa</u>					
	counseling, medication, or some problems?	e otner type o	r treatment	ror any emotic	onal or substa	ince use
Txt Ne	eed12m					
				/\-		
	O Yes					
	O No → GO TO NE	EXT SECTION		49		
_						
[PROG	RAMMER NOTE: SKIP MISSING WITH	H "NO"]		/		
H8.	How important were each of the	e following rea	sons for wh	y you did NO	Γ seek help fo	r your
	problem(s)?	_				
		Very	Important	Moderately	Of little	Unimportant
		important	Important	important	importance	Ommportant
a.	You were not sure if available					
	treatments were very effective	0	0	0	0	0
	TxtNotSeek_1					
b.	You wanted to handle the					
	problem on your own	0	0	0	0	0
	TxtNotSeek_2					
C.	You were too embarrassed TxtNotSeek_3	0	0	0	0	0
d.	You talked to friends or	_	_	_	_	_
u.	relatives instead TxtNotSeek_4	0	0	O	O	O
e.	It costs too much money					
0.	TxtNotSeek_5	0	0	0	0	0
f.	You were unsure of where to					
	go or who to see	0	0	0	0	0
	TxtNotSeek_6					
g.	You had problems with time,	$\circ$				$\circ$
	transportation, or scheduling	0	0	0	0	0
\ <u> </u>	TxtNotSeek_7					
h.	You were afraid it might harm your school or professional	0	0	0	0	0
	career TxtNotSeek_8	$\mathbf{\mathcal{C}}$	$\mathbf{O}$	$\mathbf{O}$	$\mathbf{O}$	$\cup$
i.	You worried that people would					
	treat you differently if they	0	0	$\circ$	0	0
	knew you were in treatment	J				
	TxtNotSeek_9					

H6. How would you rate your readiness or willingness to change any emotional or substance use problems you are experiencing at this time?

Txt\_Willingness

j.	Some other reason (Briefly describe in the text box below)  TxtNotSeek_10	0	0	0	0	0
	TxtNotSeek_10_TEXT					
END O	F SECTION					J5K
					, C	<b>R</b> -
					BUTE	
				15/1		
			HOT			
		7.0C				
	COMMIEM ON					
	COLL					
⟨O						

### SECTION I: CHILDHOOD BACKGROUND

NOTE: We are randomizing the childhood experiences series (12-15) and stressful experiences (11-J3) based on responses to disorder-related questions earlier in the survey (we also randomize personality, see note in section L). The variable names created below are used to indicate whether the respondent met the threshold for the disorder (screeners). For example, if they endorse 3 or more at least sometimes in the ADHD question series, then they screened positive for ADHD, so the SCR\_ADHD variable = yes. At CKPT.I2 we use these screening variables to determine how to randomize respondents. 100% of respondents who screened positive for 5 disorders will be asked all of the childhood and stressful experiences questions (this is the "long" version of the survey). If they screened positive for 3 or 4 disorders, a random 50% of respondents will receive the long version; a random 25% of respondents with less than 3 disorders will be asked the long version; the remaining respondents will receive the short version (so the remaining 50% of respondents with 3 or 4 disorders and remaining 75% with less than 3). Note that we create a variable name called V3\_LENGTH to indicate if the respondent was randomized to receive the "long" version – i.e., asked all childhood and stressful experiences questions – or if they were randomized to the "short" version – i.e., they were NOT asked about childhood or stressful experiences.

[PROGRAMMER NOTE: CREATE THE FOLLOWING VARIABLES, WHICH WILL BE USED AT CHECKPOINT 12]

- 1. SCR HIST = YES IF ONE OR MORE RESPONSES IN B10a-e SERIES = "YES"
- 2. SCR\_ADHD= YES IF THREE OR MORE RESPONSES IN D2a-f SERIES = AT LEAST "SOMETIMES"
- 3. **SCR\_MDE** = YES IF (FIVE OR MORE RESPONSES IN (E1a OR E1b), E1c, E1d, E2a, E2b, E2c, E2d, E2e, E2f = AT LEAST "SOME OF THE TIME") AND [(E1a OR E1b = AT LEAST "MOST OF THE TIME") OR (E1c = AT LEAST "MOST OF THE TIME")]
- 4. **SCR\_GAD** = YES IF (E7a = AT LEAST "MORE DAYS THAN NOT") AND (E7b = AT LEAST "MORE DAYS THAN NOT") AND (THREE OR MORE RESPONSES IN E8a, E8b, E8c, E8d, E8e, E8f = AT LEAST "1-3 DAYS A WEEK")
- 5. **SCR\_PD** = YES IF E13 ≥ 3 AND ≠ MISSING
- 6. **SCR BP** = YES IF E23 = "YES"
- 7. **SCR\_IED** = YES IF E35 = "YES"
- 8. **SCR\_PTSD** = YES IF E38 = "YES"
- 9. SCR\_SA = YES IF E45 = AT LEAST "SOME OF THE TIME" OR E46 = AT LEAST "SOME"
- 10. **SCR\_BINGE** = YES IF E49 = "YES"
- 11. SCR PURGE = YES IF E52 = "YES"
- 12. SCR\_ALC = YES IF F1 = "4 OR MORE TIMES A WEEK" AND F2 = "5 OR 6" OR "7 TO 9" OR "10 OR MORE"
- 13. **SCR\_DRUG** = YES IF TWO OR MORE RESPONSES IN F12a-e SERIES, F13a-f SERIES = AT LEAST "LESS THAN ONCE A MONTH"
- 14. SCR\_IDEATION = YES IF G2 = "YES"

# I1. What is the highest level of education of either of your parents or the people who raised you? Parent Educ

0	None
0	Elementary school
0	Secondary school
0	Some post-secondary education
0	University graduate
0	Doctoral degree
Ó	Don't know

[PROGRAMMER NOTE: USE THE VARIABLES CREATED ABOVE IN THE CHECKPOINT BELOW. CREATE A VARIABLE CALLED V3\_LENGTH TO INDICATE IF THE RESPONDENT RECEIVED THE LONG OR SHORT VERSION OF THE INSTRUMENT USING THE CHECKPOINT BELOW]

## CKPT.I2.

 100% OF RESPONDENTS WITH 5 OR MORE OF SCR\_HIST, SCR\_ADHD, SCR\_MDE, SCR\_GAD, SCR\_PD, SCR\_BP, SCR\_IED, SCR\_PTSD, SCR\_SA, SCR\_BINGE, SCR\_PURGE, SCR\_ALC, SCR\_DRUG, SCR\_IDEATION = YES, CODE V3\_LENGTH = LONG AND GO TO I2

- 2. RANDOM 50% OF RESPONDENTS WITH 3 OR 4 OF SCR\_HIST, SCR\_ADHD, SCR\_MDE, SCR\_GAD, SCR\_PD, SCR\_BP, SCR\_IED, SCR\_PTSD, SCR\_SA, SCR\_BINGE, SCR\_PURGE, SCR\_ALC, SCR\_DRUG, SCR\_IDEATION = YES, CODE V3\_LENGTH = LONG AND GO TO I2
- 3. RANDOM 25% OF RESPONDENTS WITH 0-2 OF SCR\_HIST, SCR\_ADHD, SCR\_MDE, SCR\_GAD, SCR\_PD, SCR\_BP, SCR\_IED, SCR\_PTSD, SCR\_SA, SCR\_BINGE, SCR\_PURGE, SCR\_ALC, SCR\_DRUG, SCR\_IDEATION = YES, CODE V3\_LENGTH = LONG AND GO TO I2
- 4. ALL OTHERS CODE V3\_LENGTH = SHORT AND GO TO J4

# 12. How much of the time did you have each of the following experiences up through age 17?

		Very often	Often	Sometimes	Rarely	Never
a.	One of your parents (or the people who raised you) had a serious emotional or mental health problem ChildhExp1_1	0	0	0	0	0
b.	One of your parents (or the people who raised you) had a serious alcohol or drug problem <a href="mailto:childhExp1_2">ChildhExp1_2</a>	0	0	0	0	0
C.	One of your parents (or the people who raised you) attempted suicide or died by suicide ChildhExp1_3	0	0	0	0	0
d.	One of your parents (or the people who raised you) was involved in criminal activities <a href="mailto:ChildhExp1_4">ChildhExp1_4</a>	0	0	0	0	0
e.	Your parents (or the people who raised you) hit each other or were violent to each other <a href="ChildhExp1_5">ChildhExp1_5</a>	0	0	0	0	0
f.	Someone in your family hit you so hard that it left bruises or marks ChildhExp1_6	0	0	0	0	0

# 13. And how much of the time did you have each of these experiences up through age 17?

		Very often	Often	Sometimes	Rarely	Never
a.	You were physically abused at home ChildhExp2_1	0	0	0	0	0
b.	Someone in your family repeatedly said hurtful or insulting things to you <a href="ChildhExp2_2">ChildhExp2_2</a>	0	0	0	0	0
C.	You were emotionally abused at home ChildhExp2_3	0	0	0	0	0
d.	Someone in your family made you feel special or important <a href="mailto:ChildhExp2_4">ChildhExp2_4</a>	0	0	0	0	0
e.	Someone in your family touched you or made you touch them in a sexual way against your will <a href="mailto:ChildhExp2_5">ChildhExp2_5</a>	0	0	0	0	0

## I4. And how much of the time did you have each of these experiences up through age 17?

	Very often	Often	Sometimes	Rarely	Never
a. You were sexually abused at home ChildhExp3_1	0	0	0	0	0

ŀ	b.	You were seriously neglected at home (e.g., nobody took care of you or protected you or made sure you had the things you needed) ChildhExp3_2	0	0	0	0	0
(	c.	You had to do chores too hard or dangerous for someone your age ChildhExp3_3	0	0	0	0	0
(	d.	You felt loved and cared for by your family/at home <a href="https://doi.org/10.25/2016/bj.201&lt;/td&gt;&lt;td&gt;0&lt;/td&gt;&lt;td&gt;0&lt;/td&gt;&lt;td&gt;0&lt;/td&gt;&lt;td&gt;0&lt;/td&gt;&lt;td&gt;0&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;6&lt;/td&gt;&lt;td&gt;e.&lt;/td&gt;&lt;td&gt;People in your family looked out for you and took care of you &lt;a href=" mailto:childhexp3_5"="">ChildhExp3_5</a>	0	0	0	0	0
f	f.	You felt emotionally close to your family members <a href="mailto:ChildhExp3_6">ChildhExp3_6</a>	0	0	0	0	0

15. The next questions are about how often you were bullied up through age 17. The term "bullying" refers to times when someone hurts or scares another person on purpose and the person being bullied has a hard time defending themselves. Usually, bullying happens over and over. With this definition in mind, how often were you bullied in each of the following ways up through age 17?

		Very often	Often	Sometimes	Rarely	Never
a.	How often were you bullied at school physically (i.e., repeatedly punched, shoved or physically hurt)?  ChildhBully_1	0	0	0	0	0
b.	How often were you bullied at school verbally (i.e., teased, called names)? ChildhBully_2	040	0	0	0	0
C.	How often were you bullied at school by someone who purposefully ignored you, excluded you, or spread rumors about you behind your back? <a href="mailto:ChildhBully_3">ChildhBully_3</a>	0	0	0	0	0
d.	How often were you bullied over the internet (e.g., Facebook, Twitter) or by text messaging? ChildhBully_4	0	0	0	0	0
e.	How often were you in a romantic relationship where your partner repeatedly hit you or hurt you?  ChildhBully_5	0	0	0	0	0
f.	How often were you in a romantic relationship where your partner repeatedly said hurtful or insulting things to you? ChildhBully_6	0	0	0	0	0

# **END OF SECTION**

# **SECTION J: RECENT EXPERIENCES**

# J1. Did you have any of the following stressful experiences in the past 12 months?

		Yes	No
a.	A life-threatening illness or injury of a very close friend or family member StrExpOth_1	0	0
b.	The death of a close friend or family member StrExpOth_2	0	0
c.	A break-up with a romantic partner StrExpOth_3	0	0
d.	You discovered that a romantic partner cheated on you <a href="StrExpOth_4">StrExpOth_4</a>	0	0
e.	A serious betrayal by someone else close to you StrExpOth_5	0	0
f.	Serious ongoing arguments or break-ups with some other close friend or family member <a href="StrExpOth_6">StrExpOth_6</a>	0	0

# J2. Did you have any of the following stressful experiences in the past 12 months?

		Yes	No
a.	A life-threatening illness or injury StrExpYou_1	0	0
b.	You were bullied StrExpYou_2	0	0
c.	You were physically assaulted (e.g., mugged) <a href="mailto:StrExpYou_3">StrExpYou_3</a>	0	0
d.	You were sexually assaulted or raped StrExpYou_4	0	0
e.	You were sexually harassed (e.g., someone made inappropriate sexual remarks about you or your body) <a href="mailto:StrExpYou_5">StrExpYou_5</a>	0	0
f.	You had trouble with the police StrExpYou_6	0	0
g.	You had a serious legal problem StrExpYou_7	0	0
h.	Any other very stressful event (Briefly describe in the text box below) StrExpYou_8	0	0
	StrExpYou_8_TEXT		

# J3. How much stress do you currently have in each of the following areas of your life?

		Very severe	Severe	Moderate	Mild	None
a.	Your financial situation SevStress_1	0	0	0	0	0
b.	Your health SevStress_2	0	0	0	0	0
c.	Your academic performance SevStress_3	0	0	0	0	0
d.	Your love life SevStress_4	0	0	0	0	0
e.	Your relationships with your family SevStress_5	0	0	0	0	0
f.	Problems getting along with people at work or school SevStress_6	0	0	0	0	0
g.	The health of your loved ones SevStress_7	0	0	0	0	0
h.	Other problems experienced by your loved ones SevStress_8	0	0	0	0	0
i.	Your life overall SevStress_9	0	0	0	0	0

J4. SocLif	The next few questions are about your social life spend using social media (e.g., Facebook, Twitte SocMedia	
	[DROPDOWN LIST]	
	○ Never	
	O Less than 1 hour a day	
	○ 1-2 hours	9
	O 3-4 hours	
	○ 5-6 hours	<u></u>
	○ 7-8 hours	0,
	○ More than 8 hours a day	
J5.	(J4 = AT LEAST "LESS THAN 1 HOUR A DAY": No how/ALL OTHERS: How) often do you talk on th text, or chat online with friends?  FreqTlk	t counting the time you spend on social media, e phone, video chat (e.g., Skype, FaceTime, Zoom)
0002		
	<ul> <li>Every day or almost every day</li> </ul>	.6
	A few times a week	
	A few times a month	
	Once a month	
	O Less than once a month	O `
	O Never	
	J6.  J5 = AT LEAST "LESS THAN ONCE A MONTH," GO TO ALL OTHERS GO TO J8	J6
<b>J6.</b> Socl if	On the days you do so, about how much time do chatting, texting, or chatting online with friends TimeTlk	
O O O E III _		
	[DROPDOWN LIST]	
	○ 1-15 minutes a day	
	○ 16-30 minutes	
	31-59 minutes	
	O 1-2 hours	
	O More than 2 hours a day	
J7.	About how many friends do you talk to on the plonce a month?  NumTlk	none, video chat, text, or chat with online at least
~	[DROPDOWN LIST]	
	O 1	
	O 2	
	O 3-4	

0	5-9
Ō	10 or more
J8. How SocLif_FreqH	often do you get together <u>in person</u> with friends? ang
$\cap$	Every day or almost every day
_	A few times a week
•	A few times a month
Ö	Once a month
Ō	Less than once a month
Ō	Never
СКРТ.Ј9.	
	AT LEAST "ONCE A MONTH," GO TO J9
	OTHERS GO TO J10
J9. Abou	It how many friends do you get together with in person at least once a month?
SocLif_NumH	
[DRO	PDOWN LIST]
0	1
0	2
0	3-4
0	5-9
0	10 or more
	often do you attend either in-person or virtual meetings of religious, fraternal, political, al, or recreational groups?
SocLif_FreqG	
	From day on almost way day
_	Every day or almost every day  A few times a week
0	A few times a week  A few times a month
0	Once a month
0	Less than once a month
0	Never Never
O	
J11. How SocSup_Love	much do the people in your personal life make you feel loved and cared for?
0	Extremely
~ O	A lot
Ö	Some
Ö	A little
Ö	Not at all

J12. How much could you depend on the people in your personal life for help if you needed it? SocSup\_Depend

(	Extremely	
	A lot	
Ì	Some	
Ò	A little	
(	) Not at all	
	y Woc ac all	
<b>J13. Ho</b> SocSup_Ur		ople in your personal life understand the way you feel about things?
(	Extremely	$\bigcirc$
	A lot	
	) Some	
	Not at all	
<b>J14. Ho</b> SocSup_Co		pple in your personal life show concern for your feelings and problems?
ocoup_co	ncem	
(	Extremely	
(	A lot	
(	Some	
(	A little	
(	Not at all	
J15. Ho	w often do the peo	ple in your personal life make unreasonable demands on you?
SocSup_De		
	) Vamu after	
	Very often	4.
	Often	
(	Sometimes	
(	Rarely	
(	Never	
<b>J16. Ho</b> SocSup_Ar		ple in your personal life argue with you or say things that make you feel bad?
Socsup_Air	gue	
(	Very often	
(	Often	
(	Sometimes	
	Rarely	
	Never	
J17. Ho SocSup_Nu		your personal life could you confide in without fear of negative judgement?
-	ROPDOWN LIST]	
,	- N	
(	None	
(	) 1	

O 2	
O 3-4	
O 5-9	
O 10 or more	
Q 10 3. more	
CKPT.J18.  1. J17 = "1" OR "2" OR "3-4" OR "5-9" OR "10 OR MORE," GO TO J18  2. ALL OTHERS GO TO J19	J5K
J18. When you have a problem or worry, how often do you let (J17 = "1"	: that person/J17 = "2": eithe
of those people/ALL OTHERS: any of those people) know about it?	
SocSup_FreqConf	, 0
O Very often	
Often	
O Sometimes	
O Rarely	$\Diamond$
O Never	
O Nevel	
J19. How often do you feel lonely? SocSup_FreqLonely	
O Very often	
Often	
O Sometimes	
O Rarely	
O Never	
CKPT.J20.  1. J19 = "NEVER," GO TO NEXT SECTION	
2. ALL OTHERS GO TO J20	
J20. How severe are your feelings of loneliness when you have them?	
SocSup_SevLonely	
O Very severe	
O Severe	
O Moderate	
O Mild	

END OF SECTION

# **SECTION K: SEXUALITY**

<b>K1.</b> SexOrie		t is your sexual orientation?	
	0	Heterosexual or straight	
	_	Gay or lesbian	
	_		
	_	Asexual	
	_	Not sure	
	0		<u></u>
	O		
	-	SexOrient_6_TEXT	· / /
K2.		ch of the following best describes your feelings	of sexual attraction to women?
SexAttr	_Won	men	48
	0	Very sexually attracted	
	0	A good deal sexually attracted	
	0	Somewhat sexually attracted	.6
	0	A little sexually attracted	
	0	Not at all sexually attracted	
			<u> </u>
<b>K3.</b> SexAttr		ch of the following best describes your feelings	of sexual attraction to men?
	O	Very sexually attracted	
	_	A good deal sexually attracted	
	_	Somewhat sexually attracted	
	Ō	A little sexually attracted	
	0	Not at all sexually attracted	
K4.	conta	he <u>past 5 years</u> , who have you had sex with? (W act with another person, including sexual intercourse,	
SexPart	LGenu	lei	
	0	Men only	
	0	Women only	
	0	Both men and women	
	0	I have not had sex	
<b>K5.</b> Maritals		it is your marital status?	
Y	$\circ$	Married GO TO NEXT SECTION	
	Ŏ	Separated	
	_	Divorced	
	$\tilde{\cap}$	Widowed	
	Ŏ	Never married	

# Which of the following best describes your current relationship situation? K6.

		Living with someone in a marriage-like relationship or engaged to be married  Steadily dating one person, but not engaged  Dating one or more people, but not in a steady relationship  Not currently dating
END OF	SEC	TION
		4.
		ONIV
		ORMALINION
,0 <sup>8</sup>		
~		

### **SECTION L: CONCEPT OF SELF**

NOTE: Questions L1-L4 are the Personality Inventory for DSM-5 Brief Form (PID-5-BF). We created a short 10-item version of the PID-5-BF (questions L5-L6) by taking 2 items from each personality trait domain (there are 5 domains: negative affect, detachment, antagonism, disinhibition, psychoticism). CKPT.L1 randomizes participants to receive the full PID-5-BF or the 10-item version, based on whether they were randomized to the long or short version of the survey at CKPT.I2. As described above in section I, respondents who were randomized to the long version are asked the childhood and stressful experiences question series and those randomized to the short are skipped over these questions. At CKPT.L1, 50% of the long version respondents will be randomized to the short 10-item PID-5-BF; 50% of the remaining long version respondents and 50% of short version respondents will be randomized to the full PID-5-BF. The rest will be skipped out of the section (i.e., 25% with long version and 50% with short version will not be asked any PID-5-BF questions).

#### CKPT.L1.

- 1. RANDOM 50% OF RESPONDENTS WITH V3\_LENGTH = LONG, GO TO L5
- 2. REMAINING 50% OF RESPONDENTS WITH V3\_LENGTH = LONG, GO TO L1
- 3. RANDOM 50% OF RESPONDENTS WITH V3\_LENGTH = SHORT, GO TO L1
- 4. ALL OTHERS GO TO END OF SURVEY

# L1. Below is a list of things different people might say about themselves. How well does each of the following statements describe you?

		Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	People would describe me as reckless LongPers1_1	0	0	0	0	0
b.	I feel like I act totally on impulse LongPers1_2	0	0	0	0	0
c.	Even though I know better, I can't stop making rash decisions LongPers1_3	0	0	0	0	0
d.	I often feel like nothing I do really matters LongPers1_4	0	0	0	0	0
e.	Others see me as irresponsible LongPers1_5	0	0	0	0	0
f.	I'm not good at planning ahead LongPers1_6	0	0	0	0	0

# L2. How well does each of the following statements describe you?

	"ALE.	Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	My thoughts often don't make sense to others <a href="LongPers2_1">LongPers2_1</a>	0	0	0	0	0
b.	I worry about almost everything LongPers2_2	0	0	0	0	0
C.	I get emotional easily, often for very little reason LongPers2_3	0	0	0	0	0
d.	I fear being alone in life more than anything else <a href="LongPers2_4">LongPers2_4</a>	0	0	0	0	0
e.	I get stuck on one way of doing things, even when it's clear it won't work LongPers2_5	0	0	0	0	0
f.	I have seen things that weren't really there LongPers2_6	0	0	0	0	0

# L3. How well does each of the following statements describe you?

		Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	I steer clear of romantic relationships LongPers3_1	0	0	0	0	0
b.	I'm not interested in making friends LongPers3_2	0	0	0	0	0
c.	I get irritated easily by all sorts of things <a href="LongPers3_3">LongPers3_3</a>	0	0	0	0	0
d.	I don't like to get too close to people LongPers3_4	0	0	0	0	0
e.	It's no big deal if I hurt other peoples' feelings <a href="LongPers3_5">LongPers3_5</a>	0	0	0	0	0
f.	I rarely get enthusiastic about anything <a href="LongPers3_6">LongPers3_6</a>	0	0	0	0	0

# L4. And how well does each of the following statements describe you?

		Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	I crave attention LongPers4_1	0	0	0	0	0
b.	I often have to deal with people who are less important than me LongPers4_2	0	0	0	0	0
C.	I often have thoughts that make sense to me but that other people say are strange LongPers4_3	0	0	0	0	0
d.	I use people to get what I want LongPers4_4	0	0	0	0	0
e.	I often "zone out" and then suddenly come to and realize that a lot of time has passed LongPers4_5	0	0	0	0	0
f.	Things around me often feel unreal, or more real than usual LongPers4_6	0	0	0	0	0
g.	It's easy for me to take advantage of others LongPers4_7	0	0	0	0	0

# **GO TO END OF SURVEY**

# L5. Below is a list of things different people might say about themselves. How well does each of the following statements describe you?

	2	Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	People would describe me as reckless ShrtPers1_1	0	0	0	0	0
b.	Even though I know better, I can't stop making rash decisions <a href="mailto:ShrtPers1_2">ShrtPers1_2</a>	0	0	0	0	0
c.	I get emotional easily, often for very little reason ShrtPers1_3	0	0	0	0	0
d.	I have seen things that weren't really there ShrtPers1_4	0	0	0	0	0

e.	I steer clear of romantic relationships ShrtPers1_5	0	0	0	0	0	

# L6. How well does each of the following statements describe you?

		Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	I get irritated easily by all sorts of things <a href="ShrtPers2_1">ShrtPers2_1</a>	0	0	0	0	0
b.	I don't like to get too close to people ShrtPers2_2	0	0	0	0	0
C.	It's no big deal if I hurt other peoples' feelings ShrtPers2_3	0	0	0	0	0
d.	I use people to get what I want ShrtPers2_4	0	0	0	0	0
e.	Things around me often feel unreal, or more real than usual ShrtPers2_5	0	0	0	0	0

# L7. The following are descriptions of relationship styles. Please read each description and indicate how well each statement describes you.

		Exactly like you	A lot	Somewhat	A little	Not at all like you
a.	I find it relatively easy to get close to people. I am comfortable depending on others and having them depend on me. I do not worry about being abandoned or about someone getting too close to me. Attachment_1	0	0	0	0	0
b.	I am somewhat uncomfortable being close to others. I find it difficult to trust them completely and difficult to depend on them. I am nervous when anyone gets too close to me.  Attachment_2	0	0	0	0	0
C.	I find that others are reluctant to get as close as I would like. I often worry that people who I care about do not love me or will not want to stay with me. I want to merge completely with another person and this desire sometimes scares people away.  Attachment_3	0	0	0	0	0
d.	I am comfortable without close emotional relationships. It is very important for me to feel independent and self-sufficient, and I prefer not to depend on others or have others depend on me. Attachment_4	0	0	0	0	0

# **GO TO END OF SURVEY**