

**30-DAY SYMPTOMS**\*NSD1. During the past 30 days how often did you...

(IF NEC: <u>often</u> , <u>sometimes</u> , <u>rarely</u> , or <u>never</u> )	<b>OFTEN (1)</b>	<b>SOMETIMES (2)</b>	<b>RARELY (3)</b>	<b>NEVER (4)</b>	<b>DK (8)</b>	<b>RF (9)</b>
*NSD1. ...have a lot of psychological distress – <u>often</u> , <u>sometimes</u> , <u>rarely</u> , or <u>never</u> ?	1	2	3	4	8	9
*NSD1a. ...feel “trapped” or caught” (– <u>often</u> , <u>sometimes</u> , <u>rarely</u> , or <u>never</u> )?	1	2	3	4	8	9
*NSD1b. ...feel suddenly scared for no reason?	1	2	3	4	8	9
*NSD1c. ...blame yourself for things?	1	2	3	4	8	9
*NSD1d. ...feel lonely?	1	2	3	4	8	9
*NSD1e. ...feel blue?	1	2	3	4	8	9
*NSD1f. ...worry too much about things?	1	2	3	4	8	9
*NSD1g. ...feel no interest in things?	1	2	3	4	8	9
*NSD1h. ...feel frightened?	1	2	3	4	8	9
*NSD1i. ...feel hopeless about the future?	1	2	3	4	8	9
*NSD1j. ...have trouble concentrating?	1	2	3	4	8	9
*NSD1k. ...feel tense or keyed up?	1	2	3	4	8	9
*NSD1l. ...feel everything was an effort?	1	2	3	4	8	9
*NSD1m. ...feel worthless?	1	2	3	4	8	9
*NSD1n. ...feel exhausted for no good reason?	1	2	3	4	8	9

\*NSD2. (RB, PG 48) In the past 30 days, how often did you have each of the following experiences:

(IF NEC: <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?)	ALL (1)	MOST (2)	SOME (3)	A LITTLE (4)	NONE (5)	DK (8)	RF (9)
*NSD2k. How often did you feel irritable or grumpy – <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ??	1	2	3	4	5	8	9
*NSD2l. How often did you feel mad or angry?	1	2	3	4	5 <b>GO TO *NSD2p</b>	8	9
*NSD2m. How often did you become so angry that you felt out of control?	1	2	3	4	5	8	9
*NSD2n. How often did you have an urge to hit, push, or hurt someone?	1	2	3	4	5	8	9
*NSD2o. How often did you have an urge to break or smash something?	1	2	3	4	5	8	9
*NSD2p. How often did you feel that everything was happening in slow motion?	1	2	3	4	5	8	9
*NSD2q. How often did your muscles feel tense, sore or aching?	1	2	3	4	5	8	9
*NSD2r. How often did your heart pound or race without exercise?	1	2	3	4	5	8	9
*NSD2s. How often were you short of breath?	1	2	3	4	5	8	9
*NSD2t. How often did you have indigestion or an upset stomach?	1	2	3	4	5	8	9
*NSD2u. How often did you feel dizzy?	1	2	3	4	5	8	9
*NSD2v. How often do you feel trembly or shaky?	1	2	3	4	5	8	9
*NSD2w. How often did you have a dry mouth?	1	2	3	4	5	8	9
*NSD2x. How often did you have hot or cold spells?	1	2	3	4	5	8	9

\*NSD2.1. INTERVIEWER CHECKPOINT: (SEE \*NSD1a - \*NSD1n, \*NSD2k - \*NSD2x)

AT LEAST ONE RESPONSE CODED '1' – '2' IN \*NSD1 SERIES  
 OR AT LEAST ONE CODED '1' – '4' IN \*NSD2 SERIES..... 1  
 ALL OTHERS.....2 **GO TO \*NSD3.1**

\*NSD3. We just reviewed a number of negative feelings and experiences during the past 30 days. Taking them altogether, did these feelings occur more often than in the past 30 days that is usual for you, less often than usual, or about the same as usual?

MORE OFTEN ..... 1  
 LESS OFTEN ..... 2 **GO TO \*NSD3b**  
 ABOUT THE SAME ..... 3 **GO TO \*NSD3.1**  
 (IF VOL) NEVER HAD ANY..... 4 **GO TO \*NSD3.1**  
 DON'T KNOW ..... 8 **GO TO \*NSD3.1**  
 REFUSED..... 9 **GO TO \*NSD3.1**

\*NSD3a. Is that a lot more, somewhat, or only a little more often than usual?

- A LOT MORE ..... 1
- SOMEWHAT MORE..... 2
- A LITTLE MORE ..... 3
- DON'T KNOW ..... 8
- REFUSED ..... 9

**GO TO \*NSD3.1**

\*NSD3b. Is that a lot less, somewhat, or only a little less often than usual?

- A LOT LESS ..... 1
- SOMEWHAT LESS..... 2
- A LITTLE LESS..... 3
- DON'T KNOW ..... 8
- REFUSED ..... 9

\*NSD3.1. (RB, PG 48) In the past 30 days, how often did you feel...

(IF NEC: <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?)	<b>ALL (1)</b>	<b>MOST (2)</b>	<b>SOME (3)</b>	<b>A LITTLE (4)</b>	<b>NONE (5)</b>	<b>DK (8)</b>	<b>RF (9)</b>
*NSD3.1a. ...confident?	1	2	3	4	5	8	9
*NSD3.1b. ...optimistic?	1	2	3	4	5	8	9
*NSD3.1c. ...happy?	1	2	3	4	5	8	9
*NSD3.1d. ...full of life?	1	2	3	4	5	8	9

\*NSD4. (RB, PG 49) The next questions are about other experiences you might have had in the past 30 days.

(IF NEC: Often, sometimes, rarely, or never?)	<b>OFTEN</b> <b>(1)</b>	<b>SOMETIMES</b> <b>(2)</b>	<b>RARELY</b> <b>(3)</b>	<b>NEVER</b> <b>(4)</b>	<b>DK</b> <b>(8)</b>	<b>RF</b> <b>(9)</b>
*NSD4a. Some people have the experience of finding new things among their belongings that they do not remember buying. How often did this happen to you in the past 30 days — often sometimes, rarely, or never?	1	2	3	4	8	9
*NSD4b. Some people sometimes have the experience of feeling as though they are standing next to themselves or watching themselves do something and they actually see themselves as if they were looking at another person. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD4c. Some people are told that they sometimes do not recognize friends or family members. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD4d. Some people have the experience of feeling that other people, objects, and the world around them are not real. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD4e. Some people have the experience of feeling that their body does not seem to belong to them. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD4f. Some people find that in one situation they may act so differently compared with another situation that they feel almost as if they were two different people. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD4g. Some people sometimes find that they can hear voices inside their head that tell them to do things or comment on things that they are doing. How often did this happen to you in the past 30 days?	1	2	3	4	8	9

\*NSD5. (RB, PG 48) For the next questions, think of the one month in the past 12 months when you were at your worst emotionally in terms of being anxious, depressed, or emotionally stressed. If there was no month like this, think of a typical month in the past 12 months .

(IF NEC: <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?)	ALL (1)	MOST (2)	SOME (3)	A LITTLE (4)	NONE (5)	DK (8)	RF (9)
*NSD5a. During that month, how often did you feel tired out for no good reason – <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?	1	2	3	4	5	8	9
*NSD5b. During that same month when you were at your worst emotionally, how often did you feel nervous?	1	2	3	4	5 GO TO *NSD5d	8	9
*NSD5c. How often did you feel so nervous that nothing could calm you down?	1	2	3	4	5	8	9
*NSD5d. How often did you feel hopeless?	1	2	3	4	5	8	9
*NSD5e. How often did you feel restless or fidgety?	1	2	3	4	5 GO TO *NSD5g	8	9
*NSD5f. How often did you feel so restless you could not sit still?	1	2	3	4	5	8	9
*NSD5g. How often did you feel depressed?	1	2	3	4	5 GO TO *NSD5i	8	9
*NSD5h. How often did you feel so depressed that nothing could cheer you up?	1	2	3	4	5	8	9
*NSD5i. How often did you feel that everything was an effort?	1	2	3	4	5	8	9
*NSD5j. How often did you feel worthless?	1	2	3	4	5	8	9

\*NSD6. INTERVIEWER CHECKPOINT: (SEE \*PH100-\*PH114)

R IS IN INTERMEDIATE GROUP ..... 1      GO TO \*NSD7  
R IS IN LONG GROUP ..... 2      GO TO \*TB1, NEXT SECTION

\*NSD7. INTERVIEWER CHECKPOINT: (SEE RESPONDENT ID NUMBER)

RANDOM 30% OF RESPONDENTS ..... 1      GO TO \*WU1, PAGE X  
ALL OTHERS ..... 2      GO TO EM1, PAGE X