

**MANIA (M)**

**\*M1.** Earlier in the interview you mentioned having a time lasting several days or longer when you (IF **\*SC90** EQUALS '1': were so happy or excited that you either got into trouble, your family or friends worried, or a doctor said you were manic / ALL OTHERS: felt much more excited and full of energy than usual and your mind went too fast). (READ SLOWLY) People who have episodes like this often have changes in their thinking and behavior at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being (IF **\*SC90** EQUALS '1': happy or excited / ALL OTHERS: excited and full of energy)?

- YES .....1 **GO TO \*M9**
- NO .....5 **GO TO \*M48**
- DON'T KNOW .....8 **GO TO \*M48**
- REFUSED .....9 **GO TO \*M48**

**\*M5.** Earlier in the interview you mentioned having times lasting four days or longer when you became so irritable or grouchy that you started arguments, shouted at people, or hit people. (READ SLOWLY) People who have episodes of irritability like this often have changes in their thinking and behavior at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being very irritable or grouchy?

- YES ..... 1 **GO TO \*M9**
- NO ..... 5
- DON'T KNOW ..... 8
- REFUSED ..... 9

**\*M5a.** INTERVIEWER CHECKPOINT (SEE **\*D26x**)

- IF **\*D26x** EQUALS '1' .....1 **GO TO \*IR71**
- ALL OTHERS .....2 **GO TO \*IR1 INTRO 1**

**\*M9.** How much did these episodes ever interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or extremely?

- NOT AT ALL.....1 **GO TO \*IR71**
- A LITTLE .....2 **GO TO \*IR71**
- SOME.....3
- A LOT .....4
- EXTREMELY .....5
- DON'T KNOW .....8
- REFUSED .....9

**\*M9a.** How often during these episodes were you unable to carry out your normal daily activities – often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES .....2
- RARELY .....3
- NEVER .....4
- DON'T KNOW .....8
- REFUSED .....9

\*M9b. Did other people say anything or worry about the way you were acting?

YES .....1  
NO.....5  
DON'T KNOW.....8  
REFUSED.....9

\*M18. Think of the very first time in your life you had an episode lasting four days or longer when you became very (IF \*SC90 EQUALS '1': happy or excited / IF \*SC68.5 EQUALS '1': excited and full of energy / IF \*M5 EQUALS '1': irritable or grouchy). Can you remember your exact age?

YES .....1  
NO.....5 **GO TO \*M18b**  
DON'T KNOW.....8 **GO TO \*M18b**  
REFUSED.....9 **GO TO \*M18b**

\*M18a. (IF NEC: How old were you?)

\_\_\_\_\_ YEARS OLD **GO TO \*M18c**  
DON'T KNOW .....998 **GO TO \*M18c**  
REFUSED .....999 **GO TO \*M18c**

\*M18b. About how old were you the first time you had an episode of this sort?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"  
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

\_\_\_\_\_ YEARS OLD  
BEFORE STARTED SCHOOL..... 4  
BEFORE TEENAGER ..... 12  
NOT BEFORE TEENAGER ..... 13  
WHOLE LIFE OR DON'T KNOW..... 998  
REFUSED..... 999

\*M18c. Was that episode brought on by some stressful experience? Or did it happen out of the blue?

BROUGHT ON BY STRESS..... 1  
OUT OF THE BLUE..... 2  
DON'T REMEMBER..... 5  
DON'T KNOW..... 998  
REFUSED..... 999

\*M18d. About how long did that episode go on?

\_\_\_\_\_ NUMBER  
CIRCLE UNIT OF TIME: DAYS ..... 1 WEEKS .....2 MONTHS.....3 YEARS ..... 4  
DON'T KNOW.....98  
REFUSED.....99

**\*M19.** Did you have one of these episodes at any time in the past 12 months?

YES ..... 1  
NO ..... 5     **GO TO \*M19d**  
DON'T KNOW ..... 8     **GO TO \*M19d**  
REFUSED ..... 9     **GO TO \*M19d**

\*M19a. How recently – in the past month, two to six months ago, or more than six months ago?

PAST MONTH..... 1  
2-6 MONTHS AGO.....2  
MORE THAN 6 MONTHS AGO .....3  
DON'T KNOW .....8  
REFUSED.....9

\*M19b. How many episodes of being (IF \*SC90 EQUALS '1': happy or excited / IF \*SC68.5 EQUALS '1': excited and full of energy / IF \*M5 EQUALS '1': irritable or grouchy) did you have in the past 12 months?

\_\_\_\_\_ NUMBER

DON'T KNOW .....998  
REFUSED.....999

\*M19c. How many weeks in the past 12 months were you in (this episode/one of these episodes)

\_\_\_\_\_ NUMBER     **GO TO \*M20**

DON'T KNOW .....998     **GO TO \*M20**  
REFUSED.....999     **GO TO \*M20**

\*M19d. How old were you the last time you had one of these episodes?

\_\_\_\_\_ YEARS OLD

DON'T KNOW .....998  
REFUSED.....999

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**\*M20.** How many episodes of being (IF \*SC90 EQUALS '1': happy or excited / IF \*SC68.5 EQUALS '1': excited and full of energy / IF \*M5 EQUALS '1': irritable or grouchy) lasting a full week or longer have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW ..... 998  
REFUSED ..... 999

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**\*M21.** How many episodes lasting less than one week have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW ..... 998  
REFUSED ..... 999

\*M22. How long was the longest episode you ever had?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME: DAYS ...1      WEEKS ...2      MONTHS...3      YEARS ... 4

DON'T KNOW ..... 998

REFUSED ..... 999

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\*M23. How many different years in your life did you have at least one episode?

\_\_\_\_\_ YEARS

DON'T KNOW ..... 998

REFUSED ..... 999

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\*M47. Did you receive professional treatment for your episode(s) of being very (IF \*SC90 EQUALS '1': happy or excited / IF \*SC68.5 EQUALS '1': excited and full of energy / IF \*M5 EQUALS '1': irritable or grouchy) at any time in the past 12 months?

YES .....1

NO .....5

DON'T KNOW .....8

REFUSED .....9

**GO TO \*IR71**

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\*M48. INTERVIEWER CHECKPOINT (SEE \*D26x, \*SC68.2, \*SC93): FOLLOW SKIP FOR FIRST ENDORSED ITEM.

\*D26x EQUALS '1' ..... 1      **GO TO \*IR71**

\*SC68.2 EQUALS '1' ..... 2      **GO TO \*IR1 INTRO 2**

\*SC93 EQUALS '1' ..... 3      **GO TO \*IR1 INTRO 2**

ALL OTHERS .....4      **GO TO \*IR71**