

**IRRITABLE DEPRESSION (IR)**

<b>*IR1 INTRO 1.</b>	<b>*IR1 INTRO 2.</b>
<p>Other problems that often occur during episodes of feeling irritable or grouchy include things like changes in sleep, appetite, energy, the ability to concentrate and remember, and feelings of low self-worth. Did you ever have any of these problems during one of your episodes of being very irritable?</p> <p>YES..... 1                      NO..... 5 <b>GO TO *IR71</b>                      DON'T KNOW..... 8 <b>GO TO *IR71</b>                      REFUSED..... 9 <b>GO TO *IR71</b></p>	<p>Earlier in the interview, you mentioned having episodes that lasted several days or longer when most of the day you were very irritable, grouchy, or in a bad mood. People with episodes of this sort often have other problems at the same time. These include things like changes in sleep, appetite, energy, the ability to concentrate and remember, and feelings of low self-worth. Did you ever have any of these problems during one of your episodes of being very irritable?</p> <p>YES..... 1                      NO..... 5 <b>GO TO *IR71</b>                      DON'T KNOW..... 8 <b>GO TO *IR71</b>                      REFUSED..... 9 <b>GO TO *IR71</b></p>

\*IR2. Did you ever have one of these episodes of being very irritable or grouchy and some of these other problems that lasted most of the day, nearly every day for a period of two weeks or longer?

- YES.....1 **GO TO \*IR10**  
 NO .....5  
 DON'T KNOW.....8  
 REFUSED.....9

\*IR2a. What is the longest number of days in a row you ever had when you were very irritable and had some of these other problems most of the day?

IF VOL "LESS THAN ONE DAY," CODE 0

\_\_\_\_\_NUMBER OF DAYS

- DON'T KNOW ..... 998  
 REFUSED ..... 999

\*IR3. INTERVIEWER CHECKPOINT: (SEE \*IR2a)

- DURATION OF 3 DAYS OR LONGER ..... 1  
 ALL OTHERS ..... 2 **GO TO \*IR71**

\*IR4. Did you ever have a year or more in your life when just about every month you were very irritable or grouchy and had some of these other problems for several days or more in a row?

- YES.....1  
 NO.....5 **GO TO \*IR71**  
 DON'T KNOW.....8 **GO TO \*IR71**  
 REFUSED.....9 **GO TO \*IR71**

\*IR10. How much did your irritability and these other problems ever interfere with either your work, your social life, or your personal relationships— not at all, a little, some, a lot, or extremely?

- NOT AT ALL.....1    **GO TO \*IR11**
- A LITTLE.....2
- SOME .....3
- A LOT.....4
- EXTREMELY.....5
- DON'T KNOW.....8
- REFUSED .....9

\*IR10a. How often were you unable to carry out your daily activities because of your irritability and other problems – often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES.....2
- RARELY .....3
- NEVER.....4
- DON'T KNOW.....8
- REFUSED .....9

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\*IR11. During those times, did your irritability usually last less than 1 hour a day, between 1 and 3 hours, between 3 and 5 hours, or more than 5 hours a day?

- LESS THAN ONE HOUR ..... 1    **GO TO\*IR71**
- 1 – 3 HOURS ..... 2
- 3 – 5 HOURS ..... 3
- MORE THAN 5 HOURS ..... 4
- DON'T KNOW ..... 8
- REFUSED ..... 9

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\*IR11.1. How severe was your irritability during those times -- mild, moderate, severe, or very severe?

- MILD.....1
- MODERATE.....2
- SEVERE.....3
- VERY SEVERE .....4
- DON'T KNOW .....8
- REFUSED .....9

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\*IR11.2. How often, during that time, were you so irritable or grouchy that nothing could get you into a good mood -- often, sometimes, rarely, or never?

- OFTEN .....1
- SOMETIMES.....2
- RARELY .....3
- NEVER.....4
- DON'T KNOW .....8
- REFUSED .....9

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\*IR11.4. INTERVIEWER CHECKPOINT: (SEE \*IR10, \*IR10a, \*IR11.1, \*IR11.2)

- \*IR10 EQUALS '3' - '5' OR \*IR10a EQUALS '1' - '3' OR
- \*IR11.1 EQUALS '2' - '4' OR \*IR11.2 EQUALS '1' - '3' ..... 1
- ALL OTHERS ..... 2    **GO TO \*IR71**

\*IR20. Think of the very first time in your life you had several days or longer when you were irritable or grouchy and also had some other problems like changes in sleep, appetite, energy or concentration most of the day nearly every day. Can you remember your exact age that first time?

YES .....1  
NO.....5 **GO TO \*IR20b**  
DON'T KNOW .....8 **GO TO \*IR20b**  
REFUSED .....9 **GO TO \*IR20b**

\*IR20a. (IF NEC: How old were you?)

\_\_\_\_\_ YEARS OLD **GO TO \*IR20c**  
  
DON'T KNOW .....998 **GO TO \*IR20c**  
REFUSED.....999 **GO TO \*IR20c**

\*IR20b. About how old were you (the first time you had an episode of this sort)?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"  
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

\_\_\_\_\_ YEARS OLD  
  
BEFORE STARTED SCHOOL ..... 4  
BEFORE TEENAGER ..... 12  
NOT BEFORE TEENAGER ..... 13  
DON'T KNOW ..... 998  
REFUSED..... 999

\*IR20c. Was that first time brought on by some stressful experience? Or did it happen out of the blue?

BROUGHT ON BY STRESS ..... 1  
OUT OF THE BLUE ..... 2  
DON'T REMEMBER..... 5  
DON'T KNOW ..... 998  
REFUSED..... 999

\*IR20d. About how long did that first time go on?

\_\_\_\_\_ NUMBER  
  
CIRCLE UNIT OF TIME: DAYS .....1 WEEKS .....2 MONTHS.....3 YEARS ..... 4  
  
DON'T KNOW .....98  
REFUSED.....99

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\*IR21. Did you have a time of being very irritable or grouchy lasting (\*IR4 EQUALS '1': several days/ ALL OTHERS: two weeks) or longer in the past 12 months?

YES.....1  
NO.....5 **GO TO \*IR21c**  
DON'T KNOW .....8 **GO TO \*IR21c**  
REFUSED .....9 **GO TO \*IR21c**

\*IR21a. INTERVIEWER INSTRUCTION: (SEE 12-MONTH CALENDER)

INTERVIEWER: LABEL A ROW ON THE 12-MONTH CALENDER "IRRITABLE AND GROUCHY"  
AND HAND THE CALENDER TO R WITH THE FOLLOWING INSTRUCTIONS:

When I use the word "episode" in the next questions, I mean a time lasting (several days/2 weeks) or longer when nearly every day you were irritable or grouchy and also had some other problems with things like your sleep, appetite, energy, or ability to concentrate. With that definition in mind, I want you to put an "X" in the box for each month in the past year when you had an episode of being irritable or grouchy and some of the other problems. Tell me when you're finished.

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\*IR21b. About how many days out of 365 in the past year were you in an episode of being irritable or grouchy?

\_\_\_\_\_ DAYS            **GO TO \*IR35**

DON'T KNOW.....998        **GO TO \*IR35**  
REFUSED.....999            **GO TO \*IR35**

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\*IR21c. How old were you the last time you had one of these episodes?

\_\_\_\_\_ YEARS OLD

DON'T KNOW.....998  
REFUSED.....999

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\*IR35. About how many episodes of being irritable or grouchy lasting (IF \*IR4 EQUALS '1': several days or longer/  
ALL OTHERS: two weeks or longer) have you ever had in your life?

\_\_\_\_\_ NUMBER

DON'T KNOW..... 998  
REFUSED..... 999

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\*IR36. INTERVIEWER CHECKPOINT: (SEE \*IR35)

\*IR35 EQUALS '1' ..... 1    **GO TO \*IR70**  
ALL OTHERS..... 2

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\*IR38. How long did the longest of these episodes last?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME:        DAYS ..... 1    WEEKS ..... 2    MONTHS..... 3    YEARS ..... 4

DON'T KNOW ..... 998  
REFUSED ..... 999

\*IR39. How many different years in your life did you have at least one episode of being irritable (IF \*IR4 EQUALS '1': nearly every month?/ ALL OTHERS: that lasted two weeks or longer)?

\_\_\_\_\_ YEARS

DON'T KNOW ..... 998  
REFUSED ..... 999

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\*IR47. INTERVIEWER CHECKPOINT: (SEE \*IR4, \*IR39)

\*IR4 EQUALS '1' AND \*IR39 EQUALS '1' ..... 1 GO TO \*IR70  
ALL OTHERS ..... 2

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\*IR48. INTERVIEWER INSTRUCTION: (SEE 10-YEAR CALENDER)

Looking at the calendar, I want you to tell me for each year since (NCS1 YEAR) when you had an episode of being irritable or grouchy (lasting two weeks or longer/ lasting several days or long just about every month).

LIST THE YEARS WITH A FINAL CODE FOR NONE OF THE YEARS (MULTIPLE CHOICE FORMAT)

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\*IR70. Did you receive professional treatment for your irritability or related problems at any time in the past 12 months?

YES ..... 1  
NO ..... 5  
DON'T KNOW ..... 8  
REFUSED ..... 9

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\*IR71. INTERVIEWER CHECKPOINT (SEE \*SC67, \*SC67a, \*SC68, \*SC68a, \*SC68b, \*SC72, \*SC72a, \*SC72b, \*SC74, \*SC74a, \*SC76, \*SC77a- \*SC77f, \*SC80, \*SC84, \*SC86, \*SC88): FOLLOW SKIP FOR FIRST ENDORSED ITEM.

\*SC67 EQUALS '1' .....1 GO TO \*PD1 INTRO 1  
\*SC67a EQUALS '1' .....2 GO TO \*PD1 INTRO 2  
\*SC80 EQUALS '1' .....3 GO TO \* PD1 INTRO 1  
\*SC77a- \*SC77f EQUALS '1' .....4 GO TO \*SP1  
\*SC74 EQUALS '1' OR \*SC74a EQUALS '1' OR \*SC86 EQUALS '1' .....5 GO TO \*SO1  
\*SC76 EQUALS '1' .....6 GO TO \*AG1  
\*SC88 EQUALS '1' .....7 GO TO \*AG1  
\*SC72 EQUALS '1' .....8 GO TO \*G1 INTRO 1  
\*SC72a EQUALS '1' .....9 GO TO \*G1 INTRO 2  
\*SC72b EQUALS '1' .....10 GO TO \*G1 INTRO 3  
\*SC84 EQUALS '1' .....11 GO TO \*G1 INTRO 3  
\*SC68 EQUALS '1' .....12 GO TO \*IED1  
\*SC68a EQUALS '1' .....13 GO TO \*IED3 INTRO 4  
\*SC68b EQUALS '1' .....14 GO TO \*IED3 INTRO 5  
ALL OTHERS .....15 GO TO \*SD1