

<p><b>*G1 INTRO 1.</b> (RB, PG 11) Earlier you mentioned having a time in your life when you were "a worrier". The next questions are about that time. Looking at page 11 in your booklet for examples, what sorts of things were you worried or nervous or anxious about during that time?</p>	<p><b>*G1 INTRO 2.</b> (RB, PG 11) Earlier you mentioned having a time in your life when you were much more nervous or anxious than most other people. The next questions are about that time. Looking at page 11 in your booklet for examples, what sorts of things were you nervous or anxious about during that time?</p>	<p><b>*G1 INTRO 3.</b> (RB, PG 11) Earlier you mentioned having a period lasting one month or longer (IF *SC84 EQUALS '1': since the last interview) when you were anxious or worried most days. The next questions are about that time. Looking at page 11 in your booklet for examples, what sorts of things were you anxious or worried about during that time?</p>
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PROBE FOR UP TO THREE EXAMPLES: Anything else [that made you (worried or anxious/nervous or anxious/anxious or worried)]?

CIRCLE ALL MENTIONS.

**DIFFUSE WORRIES**

EVERYTHING .....1  
 NOTHING IN PARTICULAR.....2

**PERSONAL PROBLEMS**

FINANCES .....3  
 SUCCESS AT SCHOOL OR WORK .....4  
 SOCIAL LIFE.....5  
 LOVE LIFE.....6  
 RELATIONSHIPS AT SCHOOL OR WORK.....7  
 RELATIONSHIPS WITH FAMILY .....8  
 PHYSICAL APPEARANCE .....9  
 PHYSICAL HEALTH.....10  
 MENTAL HEALTH.....11  
 SUBSTANCE USE.....12  
 OTHER PERSONAL PROBLEMS (SPECIFY).....13

**PHOBIC AND OBSESSIVE-COMPULSIVE SITUATIONS**

SOCIAL PHOBIAS (E.G., MEETING PEOPLE AFTER MOVING TO A NEW TOWN).....14  
 AGORAPHOBIA (E.G., LEAVING HOME ALONE AFTER A DIVORCE).....15  
 SPECIFIC PHOBIAS (E.G., FEARS OF BUGS, HEIGHTS, OR CLOSED SPACES).....16  
 OBSESSIONS (E.G., WORRY ABOUT GERMS).....17  
 COMPULSIONS (E.G., REPETITIVE HANDWASHING).....18

**NETWORK PROBLEMS**

BEING AWAY FROM HOME OR APART FROM LOVED ONES .....19  
 THE HEALTH OR WELFARE OF LOVED ONES - FIRST MENTION.....20  
 THE HEALTH OR WELFARE OF LOVED ONES - SECOND MENTION .....21  
 THE HEALTH OR WELFARE OF LOVED ONES - THIRD MENTION .....22  
 OTHER NETWORK PROBLEMS (SPECIFY) .....23

**SOCIETAL PROBLEMS**

CRIME / VIOLENCE.....24  
 THE ECONOMY .....25  
 THE ENVIRONMENT (E.G., GLOBAL WARMING, POLLUTION).....26  
 MORAL DECLINE OF SOCIETY (E.G., COMMERCIALISM, DECLINE OF THE FAMILY).....27  
 WAR / REVOLUTION .....28  
 OTHER SOCIETAL PROBLEMS (SPECIFY) .....29

**OTHER PROBLEMS (SPECIFY)**

FIRST (SPECIFY).....30  


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 SECOND (SPECIFY).....31  


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 THIRD (SPECIFY).....32  


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**\*G2.** INTERVIEWER CHECKPOINT: (SEE **\*G1**)

WORRIED EXCLUSIVELY ABOUT ONE SPECIFIC THING .... 1 **GO TO \*G31**  
MULTIPLE WORRIES..... 2

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**\*G3.** Do you think your (worry or anxiety/nervousness or anxiety/anxiety or worry) was ever excessive or unreasonable or a lot stronger than it should have been?

YES.....1  
NO.....5  
DON'T KNOW.....8  
REFUSED.....9

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**\*G4.** How often did you find it difficult to control your (worry or anxiety/nerves or anxiety/anxiety or worry) -- often, sometimes, rarely, or never?

OFTEN .....1  
SOMETIMES.....2  
RARELY .....3  
NEVER.....4  
DON'T KNOW.....8  
REFUSED.....9

**\*G4a.** How often were you so nervous or worried that you could not think about anything else, no matter how hard you tried -- often, sometimes, rarely, or never?

OFTEN ..... 1  
SOMETIMES.....2  
RARELY .....3  
NEVER.....4  
DON'T KNOW.....8  
REFUSED.....9

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**\*G4b.** INTERVIEWER CHECKPOINT: (SEE **\*G4**, **\*G4a**)

**\*G4** EQUALS '1' OR '2' OR **\*G4a** EQUALS '1' OR '2' ..... 1  
ALL OTHERS..... 2 **GO TO \*G31**

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**\*G5.** What is the longest period of months or years in a row you ever had when you were (worried or anxious/nervous or anxious/anxious or worried) most days?

IF VOL "WHOLE LIFE" OR "AS LONG AS I CAN REMEMBER," **CODE 995 YEARS**

PROBE DK: Did you ever have a period that lasted 6 months or longer? (IF NOT) Did you ever have a period that lasted 1 month or longer?

\_\_\_\_\_ NUMBER

CIRCLE UNIT OF TIME:            DAYS...1            WEEKS...2            MONTHS...3            YEARS...4

**\*G6.** INTERVIEWER CHECKPOINT: (SEE **\*G5**)

LESS THAN 1 MONTH .....	1	<b>GO TO *G31</b>
1 TO 5 MONTHS.....	2	<b>GO TO *G7</b>
ALL OTHERS.....	3	<b>GO TO *G8</b>

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**\*G7.** INTERVIEWER INSTRUCTION: ASK ABOUT “PERIODS LASTING ONE MONTH OR LONGER” FOR THE REMAINDER OF THE SECTION **GO TO \*G9**

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**\*G8.** INTERVIEWER INSTRUCTION: ASK ABOUT “PERIODS LASTING SIX MONTHS OR LONGER” FOR THE REMAINDER OF THE SECTION **GO TO \*G9**

<b>*G9.</b> Think of your worst period lasting (one month / six months) or longer when you were (worried or anxious/nervous or anxious/anxious or worried): During that episode, did you often have any of the following associated problems:	<b>YES (1)</b>	<b>NO (5)</b>	<b>DK (8)</b>	<b>RF (9)</b>
<b>*G9a.</b> Did you often feel restless, keyed up, or on edge?	1	5	8	9
<b>*G9b.</b> Did you often get tired easily?	1	5	8	9
<b>*G9c.</b> Were you often more irritable than usual?	1	5	8	9
<b>*G9d.</b> Did you often have difficulty concentrating or keeping your mind on what you were doing?	1	5	8	9
<b>*G9e.</b> Did you often have tense, sore, or aching muscles?	1	5	8	9
<b>*G9f.</b> Did you often have trouble falling or staying asleep?	1	5	8	9

<b>*G10.</b>	<b>YES (1)</b>	<b>NO (5)</b>	<b>DK (8)</b>	<b>RF (9)</b>
<b>*G10a.</b> Did your heart often pound or race?	1	5	8	9
<b>*G10b.</b> Did you often sweat?	1	5	8	9
<b>*G10c.</b> Did you often tremble or shake?	1	5	8	9
<b>*G10d.</b> Did you often have a dry mouth?	1	5	8	9
<b>*G10e.</b> Were you sad or depressed most of the time?	1	5	8	9

**\*G11.** INTERVIEWER CHECKPOINT: (SEE \*G9, \*G10)

ZERO RESPONSES CODED '1' IN \*G9 AND \*G10 SERIES.....1 **GO TO \*G31**  
ALL OTHERS.....2

**\*G15.** How much emotional distress did you ever experience because of your (worry or anxiety/nervousness or anxiety/anxiety or worry) – no distress, mild, moderate, severe, or very severe distress?

- NO.....1
- MILD.....2
- MODERATE.....3
- SEVERE.....4
- VERY SEVERE.....5
- DON'T KNOW.....8
- REFUSED.....9

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**\*G16.** How often were you so nervous or worried that you could not think about anything else, no matter how hard you tried – often, sometimes, not very often, or never?

- OFTEN.....1
- SOMETIMES.....2
- NOT VERY OFTEN.....3
- NEVER.....4
- DON'T KNOW.....8
- REFUSED.....9

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**\*G17.** How much did your (worry or anxiety/nervousness or anxiety/anxiety or worry) ever interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or extremely?

- NOT AT ALL.....1 **GO TO \*G17.1**
- A LITTLE.....2
- SOME.....3
- A LOT.....4
- EXTREMELY.....5
- DON'T KNOW.....8
- REFUSED.....9

**\*G17a.** How often were you unable to carry out your daily activities because of your (worry or anxiety/nervousness or anxiety/anxiety or worry) -- often, sometimes, rarely, or never?

- OFTEN.....1
- SOMETIMES.....2
- RARELY.....3
- NEVER.....4
- DON'T KNOW.....8
- REFUSED.....9

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**\*G17.1.** INTERVIEWER CHECKPOINT: (SEE **\*G15, \*G17**)

- \*G15** EQUALS '3', '4', OR '5' OR **\*G17** EQUALS '3', '4', OR '5' ..... 1
- ALL OTHERS.....2 **GO TO \*G31**

\*G18a. (Worry and anxiety/Nervousness and anxiety/Anxiety and worry) sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your (worry or anxiety/nervousness or anxiety/anxiety or worry) ever occurred as the result of such physical causes?

YES ..... 1  
NO ..... 5 **GO TO \*G26**  
DON'T KNOW ..... 8 **GO TO \*G26**  
REFUSED ..... 9 **GO TO \*G26**

\*G18b. Do you think your (worry and anxiety/nervousness and anxiety/anxiety and worry) were always the result of physical causes?

YES ..... 1  
NO ..... 5  
DON'T KNOW ..... 8  
REFUSED ..... 9

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\*G26. Think of the very first time in your life you had an episode lasting (one month / six months) or longer when (you were worried or anxious most days/you were nervous or anxious most days/you were anxious or worried most days) and also had some of the other problems we just reviewed. Can you remember your exact age?

YES.....1  
NO.....5 **GO TO \*G26b**  
DON'T KNOW .....8 **GO TO \*G26b**  
REFUSED .....9 **GO TO \*G26b**

\*G26a. (IF NEC: How old were you?)

\_\_\_\_\_ AGE **GO TO \*G26c**  
DON'T KNOW .....998 **GO TO \*G26c**  
REFUSED .....999 **GO TO \*G26c**

\*G26b. About how old were you?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"  
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

\_\_\_\_\_ YEARS OLD  
BEFORE STARTED SCHOOL.....4  
BEFORE TEENAGER .....12  
NOT BEFORE TEENAGER.....13  
WHOLE LIFE OR DON'T KNOW .....998  
REFUSED .....999

\*G26c. Was that episode brought on by some stressful experience? Or did it happen out of the blue?

BROUGHT ON BY STRESS .....1  
OUT OF THE BLUE.....2  
DON'T REMEMBER .....5  
DON'T KNOW .....8  
REFUSED .....9

**\*G27.** Did you have an episode of being (worried or anxious/nervous or anxious/anxious or worried), lasting at least one month or longer, in the past 12 months?

- YES.....1
- NO.....5      **GO TO \*G29**
- DON'T KNOW .....8      **GO TO \*G29**
- REFUSED .....9      **GO TO \*G29**

**\*G27a.** How recently – in the past month, two to six months ago, or more than six months ago?

- PAST MONTH .....1
- 2-6 MONTHS AGO.....2
- MORE THAN 6 MONTHS.....3
- DON'T KNOW .....8
- REFUSED .....9

**\*G28. INTERVIEWER INSTRUCTION (12-MONTH CALENDAR)**

INTERVIEWER: LABEL A ROW ON THE 12-MONTH CALENDER “(WORRIED OR ANXIOUS/NERVOUS OR ANXIOUS/ANXIOUS OR WORRIED)” AND HAND THE CALENDER TO R WITH THE FOLLOWING INSTRUCTIONS.

I want you to put an “X” on the line labeled “(worried or anxious/nervous or anxious/anxious or worried)” in the box for each month in the past year when you were “(worried or anxious/nervous or anxious/anxious or worried)” most days. Tell me when you’re done.

**\*G29. INTERVIEWER INSTRUCTION (SEE 10-YEAR CALENDER)**

The next question is about episodes of being (worried or anxious/nervous or anxious/anxious or worried) since the interview in (NCS1 YEAR). When I use the word “episode” I mean a time lasting one month or longer when most days you were (worried or anxious/nervous or anxious/anxious or worried) and also had some of the other problems we just reviewed. With that definition in mind, I want you to tell me all the years since 1990 when you had at least one episode.

ENTER ALL THAT APPLY

- 1990 ..... 1
- 1991 ..... 2
- 1992 ..... 3
- 1993 ..... 4
- 1994 ..... 5
- 1995 ..... 6
- 1996 ..... 7
- 1997 ..... 8
- 1998 ..... 9
- 1999 ..... 10
- 2000 ..... 11
- 2001 ..... 12
- NONE OF THE YEARS ..... 13      **GO TO G30**

**FOR THE EACH YEAR MENTIONED IN G29, ASK THE APPROPRIATE FOLLOW –UP QUESTION ABOUT THE NUMBER OF MONTHS IN WHICH R HAD AN EPISODE.**

- \*G29.1 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1990.
- \*G29.2 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1991.
- \*G29.3 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1992.
- \*G29.4 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1993.
- \*G29.5 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1994.
- \*G29.6 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1995.
- \*G29.7 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1996.
- \*G29.8 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1997.
- \*G29.9 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1998.
- \*G29.10 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 1999.
- \*G29.11 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 2000.
- \*G29.12 Please estimate the number of months you had an episode of being (worried or anxious/nervous or anxious/anxious or worried) in 2001.

\*G30. Did you receive professional treatment for your (worry or anxiety/ nervousness or anxiety/ anxiety or worry) at any time in the past 12 months?

- YES.....1
- NO .....5
- DON'T KNOW.....8
- REFUSED.....9

\*G31. INTERVIEWER CHECKPOINT (SEE \*SC68, \*SC68a, \*SC68b): FOLLOW SKIP FOR FIRST ENDORSED ITEM.

- \*SC68 EQUALS '1' ..... 1    **GO TO \*IED1**
- \*SC68a EQUALS '1' ..... 2    **GO TO \*IED3 INTRO 4**
- \*SC68b EQUALS '1' ..... 3    **GO TO \*IED3 INTRO 5**
- ALL OTHERS..... 4    **GO TO \*SD1**