

REFERENCE DATE: \_\_/\_\_/\_\_\_\_\_

<h1 style="margin: 0;">K10</h1>					
PANGALAN NG INTERVIEWER:					
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INTERVIEWER ID NO.:	<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> <td style="width: 20px; height: 20px;"></td> </tr> </table>				

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APELYIDO:	
PANGALAN:	
KAPANGANAKAN:	KASARIAN:
___/___/_____	LALAKI <input type="checkbox"/> _1 BABAE <input type="checkbox"/> _2
TIRAHAN	

Ang mga sumusunod po na katanungan ay kung ano po ang pananaw ninyo sa mga nararamdaman ninyo sa nakaraang apat na linggo. Markahan ng  ang isang kahon na pinaka-naglalarawan ng inyong sagot.

Sa nakaraang apat na linggo, gaano kayo kadalas....	1 <i>Hindi kailanman</i>	2 <i>Minsan</i>	3 <i>Paminsan-minsan</i>	4 <i>Madalas</i>	5 <i>Palagi</i>
1. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng pagod na walang sapat na dahilan?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng nerbiyos?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng matinding nerbiyos hanggang sa punto na walang nakakapagkalma sa inyo?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng kawalan ng pag-asa?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng pagiging balisa / di mapalagay o di mapakali?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng matinding pagkabalisa hanggang sa punto na hindi nakaupo ng panatag?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng depresyon?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam na ang lahat ng bagay ay nangangailangan ng karagdagang pagsisikap?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam ng lungkot hanggang sa punto na walang makapagpapasaya sa inyo?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Gaano kadalas kayo ( <i>po kayo</i> ) nakaramdam na kayo ay walang halaga?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Translation of this document was performed on behalf of the World Health Organization Composite International Diagnostic Interview Advisory Committee by LIFE course study in CARDiovascular disease Epidemiology (LIFECARE STUDY) Philippines by NINA T. CASTILLO-CARANDANG, MA, MSc (LIFECARE Philippines; Department of Clinical Epidemiology, College of Medicine, University of the Philippines Manila; and Institute of Clinical Epidemiology, National Institutes of Health, University of the Philippines Manila), RODY G. SY, MD, (Department of Medicine, College of Medicine, University of the Philippines Manila; and Cardinal Santos Medical Center, San Juan City, Philippines), ELMER JASPER B. LLANES, MD (LIFECARE Philippines; and Department of Medicine, College of Medicine, University of the Philippines Manila), RONA MAY M. DE VERA, RN (LIFECARE Philippines), and OLIVER C. ALIX, MD (Medical Center Paranaque, Metro Manila, Philippines) in cooperation with E SHYONG TAI, FRCP(Edin), PhD and HWEE-LIN WEE, PhD of the LIFECARE Study Coordinating Center in the National University of Singapore.