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| Appendix Table 1. Operationalization in the CIDI of criteria for DSM-IV eating disorders and related entities  |
|  |
| Criterion | **Operationalization in theCIDI**1 |
|  |  |
| I. Bulimia Nervosa |  |
| A. Recurrent episodes of binge eating. An episode of binge eating is characterized by both of the following:(1) eating, in a discrete period of time (e.g., within any 2-hour period), an amount of food that is definitely larger than most people would eat during a similar period of time and under similar circumstances | Yes on EA16. The next question is about “eating binges” where a person eats a large amount of food during a short period like two hours. By “a large amount” I mean eating so much food that it would be like eating two or more entire meals in one sitting, or eating so much of one particular food – like candy or ice cream—that it would make most people feel sick. With that definition in mind, did you ever have a time in your life when you went on eating binges (READ SLOWLY) at least twice a week for several months or longer?  |
|  |  |
| A (2) a sense of lack of control over eating during the episode (e.g. a feeling that one cannot stop eating or control what or how much one is eating) | Yes on at least one of the following four questions indicative of loss of controlEA17h. Did you often get upset both during and after binges that your eating was out of your control?EA17a. Did you usually eat until you felt uncomfortably full?EA17b. Did you usually continue to eat even when you didn’t feel hungry?EA17c. Did you usually eat alone because you were embarrassed by how much you ate? |
|  |  |
| B. Recurrent inappropriate compensatory behavior in order to prevent weight gain, such as self-induced vomiting; misuse of laxatives, diuretics, enemas or other medications; fasting; or excessive exercise. | Yes on at least one of the following:2EA23a. Did you ever do any of the following things regularly after binging in order to control your weight: Did you fast by not eating at all or only taking liquids for 8 hours or longer?EA23b. Did you take water pills, diuretics, or weight-control medicines?EA23c. Did you make yourself vomit?EA23d. Did you take laxatives or enemas?EA23e. Did you exercise excessively? |
|  |  |
| C. The binge eating and inappropriate compensatory behaviors both occur, on average, at least twice a week for 3 months. | Yes on EA25, assessing compensatory regularity of compensatory behaviors. You (KEY PHRASES FROM “YES” RESPONSES EA23 SERIES3 [above]). Did you ever do (this/ either of these things/ any of these things) at least two times a week for three months or longer? |
|  |  |
| D. Self-evaluation is unduly influenced by body shape and weight. | Yes on at least one of the following:EA17e. Around the time you were binge eating, were you very afraid that you would gain weight?EA17f. Did you feel like your self-esteem and confidence depended on your weight or body shape?EA1. Was there ever a time in your life when you had a great deal of concern about or stronglyfeared being too fat or overweight? |
|  |  |
| E. The disturbance does not occur exclusively during episodes of Anorexia Nervosa. | In cases that met criteria for anorexia nervosa, as defined above, there was evidence that bulimia nervosa was present at times when anorexia nervosa was absent, as evidenced by: 1. Onset of compensatory behaviors, twice weekly or more associated with binge eating, at least one year prior to onset of anorexia nervosa 2. Most recent compensatory activities twice weekly or more associated with binge eating, at least one year after most recent episode of anorexia nervosa, or 3. total duration of regular compensatory behaviors associated with binge eating that was at least one year longer than the period encompassed by anorexia nervosa.  |
|  |  |
| II. Binge Eating Disorder |  |
| A. Same as criterion A for bulimia nervosa (see above) | Same as that corresponding to criterion A for bulimia nervosa (see above) |
|  |  |
| B. Binge eating episodes are associated with three or more of the following: | Yes on at least three of the following five questions: |
| (1) Eating much more rapidly than normal | EA17. During the binges did you usually eat much more quickly than usual? |
| (2) Eating until feeling uncomfortably full | EA17a. Did you usually eat until you felt uncomfortably full? |
| (3) Eating large amounts of food when not physically hungry | EA17b. Did you usually continue to eat even when you didn’t feel hungry? |
| (4) Eating alone because of being embarrassed by how much one is eating  | EA17c. Did you usually eat alone because you were embarrassed by how much you ate? |
| (5) Feeling disgusted with oneself, depressed, or very guilty after overeating | EA17d. Did you feel guilty, very upset with yourself, or depressed after you binged? |
|  |  |
| C. Marked distress regarding binge eating is present | Yes on at least one of the following four questions indicative of distress:EA17d. Did you feel guilty, very upset with yourself, or depressed after you binged?EA17e. Around the time you were binge eating, were you very afraid that you would gain weight?EA17g. Did you worry about the long term effects of binging on your health, on your weight, or on your body shape?EA17h. Did you often get upset both during and after binges that your eating was out of your control? |
|  |  |
| D. Binge eating occurs, on average, at least 2 days a week for six months | Acknowledging that binge eating occurred at least two times a week for at least three months, as reflected by providing of age of onset in EA19a or EA19b3 |
|  |  |
| E. The binge eating is not associated with the regular use of inappropriate compensatory behavior (i.e. purging, excessive exercise, etc.) and does not occur exclusively during the course of bulimia nervosa or anorexia nervosa. | In cases that met criteria for anorexia nervosa or bulimia nervosa, as defined above, there was evidence that binge eating was present at times when anorexia nervosa and bulimia nervosa were absent, as evidenced by: 1. Onset of binge eating twice weekly or more at least one year prior to onset of anorexia nervosa of bulimia nervosa;2. Most recent binge eating twice weekly or more at least one year after most recent episode of anorexia nervosa or bulimia nervosa; or3. Total duration of binge eating twice weekly or more that was at least one year longer than the period encompassed by anorexia nervosa or bulimia nervosa. |
|  |  |

Abbreviations: CIDI, Composite International Diagnostic Interview.

1*CIDI,* version 3.0, in NCS-R Interview Schedule and Respondent Booklet, Section 24: Eating Disorders (<http://www.hcp.med.harvard.edu/ncs/replication.php>)

2The CIDIincludes other questions in the 23 series, but only answers to the questions listed here qualify as fulfilling criterion B for bulimia nervosa.

3Note that the CIDI assesses binge eating twice weekly or more for three months or longer, whereas DSM-IV criteria specify binge eating two days a week on average for six months or longer.

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| **Appendix Table 2. Course of DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the WMH surveys** |
|  |  |  |
|  | **Bulimia nervosa** | **Binge eating disorder** |
|  | **Est** | **(IQR/95% CI)** | **Est** | **(IQR/95% CI)** |
| I. Age-of-onset |  |  |  |  |
| Mean (95% CI) | 20.6\* | (19.6-21.6) | 23.3 | (22.7-23.9) |
| Median (IQR)1 | 18.0  | (14.5-22.9) | 19.3 | (15.5-27.2) |
| II. Years with episode |  |  |  |  |
| Median (IQR)1 | 6.5 | (2.2-15.4) | 4.3 | (1.0-11.7) |
| III. 12-month persistence (i.e.,12-mo prevalence among LT cases) |
|  Est (95% CI) | 37.3  | (32.2- 42.3) | 44.3 | (38.7-50.0) |
| (n) | (457) | (722) |
|  |  |  |

1IQR = Inter-quartile range (i.e., 25th-75th percentiles) of the variable distribution

\*Significant difference between mean AOO BN and BED at the .05 level, two-sided test (t = 3.4, p < .001)

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| **Appendix Table 3. Associations of lifetime DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) with each lifetime DSM-IV/CIDI disorders assessed in the WMH surveys1** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | **Lifetime Bulimia nervosa** |  |  |  | **Lifetime Binge Eating Disorder** |
|  | **%**2 | **(se)** | **%**3 | **(se)** | **OR** | **(95% CI)** |  | **%**2 | **(se)** | **%**3 | **(se)** | **OR** | **(95% CI)** |
| I. Mood disorders |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Major depressive episode/Dysthymia | 3.4 | (0.3) | 54.6 | (3.0) | 4.1\* | (3.1-5.5) |  | 5.1 | (0.3) | 42.2 | (2.2) | 2.8\* | (2.3-3.4) |
| Bipolar disorder4 | 5.7 | (0.9) | 17.3 | (2.4) | 4.6\* | (3.0-7.0) |  | 8.2 | (1.0) | 12.3 | (1.5) | 3.7\* | (2.7-5.1) |
| Any mood disorder5 | 3.4 | (0.3) | 58.9 | (3.0) | 4.5\* | (3.4-5.9) |  | 5.2 | (0.3) | 46.1 | (2.3) | 3.0\* | (2.5-3.7) |
| II. Anxiety disorders |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Generalized anxiety disorder | 4.0 | (0.5) | 21.2 | (2.3) | 3.1\* | (2.3-4.2) |  | 6.1 | (0.6) | 16.4 | (1.6) | 2.7\* | (2.1-3.5) |
| Panic disorder/Agoraphobia | 4.4 | (0.6) | 16.5 | (2.1) | 3.0\* | (2.1-4.3) |  | 7.9 | (0.8) | 15.3 | (1.7) | 3.4\* | (2.6-4.5) |
| Social phobia | 4.4 | (0.5) | 29.4 | (2.8) | 3.9\* | (2.9-5.4) |  | 6.0 | (0.6) | 20.4 | (1.9) | 2.7\* | (2.1-3.5) |
| Specific phobia | 3.3 | (0.4) | 32.7 | (2.9) | 2.8\* | (2.1-3.8) |  | 5.7 | (0.5) | 29.2 | (2.4) | 2.8\* | (2.1-3.6) |
| Posttraumatic stress disorder | 5.8 | (0.7) | 24.9 | (2.8) | 5.2\* | (3.7-7.1) |  | 6.3 | (0.7) | 13.7 | (1.5) | 2.6\* | (1.9-3.4) |
| Separation anxiety disorder6 | 5.8 | (0.8) | 34.0 | (4.0) | 6.3\* | (4.2-9.5) |  | 7.5 | (1.0) | 18.4 | (2.3) | 2.7\* | (1.9-3.7) |
| Any anxiety disorder5 | 3.0 | (0.2) | 65.2 | (3.0) | 4.4\* | (3.3-5.8) |  | 5.0 | (0.3) | 56.1 | (2.4) | 3.4\* | (2.8-4.2) |
| III. Behavioral disorders |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Attention deficit/Hyperactivity disorder7 | 5.7 | (1.3) | 14.8 | (3.3) | 5.8\* | (2.9-11.5) |  | 9.3 | (2.7) | 10.2 | (2.9) | 3.9\* | (1.8-8.7) |
| Conduct disorder7 | 3.7 | (1.1) | 9.9 | (2.5) | 4.4\* | (2.1-9.0) |  | 5.8 | (1.2) | 6.6 | (1.4) | 2.3\* | (1.4-3.7) |
| Oppositional defiant disorder7 | 4.6 | (1.0) | 12.7 | (2.4) | 4.4\* | (2.5-7.9) |  | 7.4 | (1.5) | 8.6 | (1.7) | 2.9\* | (1.7-5.0) |
| Intermittent explosive disorder8 | 3.7 | (0.8) | 20.0 | (3.8) | 3.5\* | (1.9-6.3) |  | 6.3 | (1.0) | 13.4 | (2.1) | 2.3\* | (1.6-3.5) |
| Any disruptive behavior disorder7 | 3.5 | (0.5) | 32.3 | (4.0) | 4.3\* | (2.8-6.7) |  | 6.6 | (0.8) | 25.4 | (3.0) | 3.0\* | (2.1-4.4) |
| IV. Substance disorders |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Alcohol abuse/dependence | 2.6 | (0.3) | 25.1 | (2.8) | 3.5\* | (2.5-4.9) |  | 4.4 | (0.4) | 21.7 | (2.0) | 2.8\* | (2.2-3.7) |
| Drug abuse/dependence9 | 4.8 | (0.8) | 18.3 | (2.7) | 4.5\* | (3.0-6.9) |  | 7.6 | (1.0) | 14.4 | (1.9) | 3.6\* | (2.6-5.0) |
| Any substance disorder5 | 2.7 | (0.3) | 27.5 | (2.8) | 3.6\* | (2.6-4.9) |  | 4.5 | (0.4) | 23.7 | (2.1) | 2.9\* | (2.2-3.7) |
| V. Any disorder |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Any disorder5 | 2.4 | (0.2) | 84.8 | (2.4) | 6.9\* | (4.6-10.3) |  | 4.3 | (0.2) | 79.0 | (2.6) | 5.2\* | (3.8-7.2) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |

\*Significant association between the eating disorder in the column and the mental disorder in the row at the 0.05 level, 2-sided test

1Results are based on logistic regression models at the person level in which the two lifetime eating disorders were included in the same equation as predictors of each mental disorder controlling for age at interview, sex and country. The full sample included 24,124 respondents across 14 countries, but some analyses excluded certain countries due to the disorder not being assessed in that country. The results for bipolar disorder excluded Belgium, France, Germany, Italy, Netherlands, and Spain, as bipolar disorders were not assessed in those countries. The analysis sample was consequently 19,985 for bipolar disorder.

2Prevalence of the eating disorder among respondents with the mental disorder. For example, 3.4% of respondents with lifetime major depressive episode/dysthymia have a lifetime history of bulimia nervosa.

3Prevalence of the mental disorder among respondents with the eating disorder. For example, 54.6% of respondents with lifetime bulimia nervosa have a lifetime history of major depressive episode/dysthymia.

4Excluded Belgium, France, Germany, Italy, Netherlands and Spain since these countries were not assessed for this disorder (n=19985).

5Disorders were coded as absent: (1) for countries that did not assess for these disorders, or (2) among respondents who were not assessed for these disorders (n=24124).

6Excluded New Zealand since it was not assessed for this disorder. Belgium, France, Germany, Italy, Netherlands and Spain only assessed those who are <= 44 years old for this disorder (n=14643).

7Excluded New Zealand since it was not assessed for this disorder. Except for Brazil, Romania and Northern Ireland, all other countries only assessed those who are <= 44 years old for this disorder (n=12413).

8Excluded Mexico, Belgium, France, Germany, Italy, Netherlands, New Zealand and Spain since these countries were not assessed for this disorder (n=11437).

9Excluded Belgium, France, Germany, Italy, Netherlands, Portugal and Spain since these countries were not assessed for this disorder (n=19476).

|  |
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| **Appendix Table 4. Summary results (median and inter-quartile range of odds-ratios) of survival analyses of temporally primary DSM-IV/CIDI disorders predicting subsequent first onset of other lifetime DSM-IV/CIDI disorders pooled across all WMH surveys: (I) Temporally primary DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) predicting subsequent first onset of other DSM-IV/CIDI disorders; and (II) Temporally primary other DSM-IV/CIDI disorders predicting subsequent first onset of BN and BED (n = 24,124)1** |
|  |  |  |  |
|  | **BN** |  | **BED** |
|  | **Median** | **(IQR)** | **p/s2** |  | **Median** | **(IQR)** | **p/s2** |
| I. BN and BED predicting other disorders3 |  |  |  |  |  |  |  |
| Without controls for other DSM-IV/CIDI disorders4 | 3.3 | (2.8-4.4) | 9/8 |  | 2.3 | (2.0-2.7) | 9/7 |
| With controls for other DSM-IV/CIDI disorders 4 | 1.6 | (1.1-1.6) | 7/3 |  | 1.1 | (1.0-1.4) | 5/2 |
| II. Other disorders predicting BN and BED  |  |  |  |  |  |  |  |
| Without controls for other DSM-IV/CIDI disorders 4 | 5.1 | (3.8-6.0) | 14/14 |  | 3.4 | (3.3-3.9) | 14/14 |
| With other DSM-IV/CIDI disorders 4 | 1.7 | (1.2-2.2) | 13/5 |  | 1.5 | (1.2-1.7) | 13/5 |
|  |  |  |  |  |  |  |  |

1Based on multivariate discrete-time survival models to predict either (I) first onset of other DSM-IV/CIDI disorders from temporally primary lifetime BN and BED or (II) first onset of BN and BED from other temporally primary DSM-IV/CIDI mental disorders. Results are pooled across the 14 countries. Coefficients are pooled across other DSM-IV/CIDI disorders.

2The entries in the p/s columns are the number of ORs that are positive (p; i.e., greater than 1.0) and significant at the .05 level (s) out of the 9 ORs for eating disorders predicting subsequent onset of other mental disorders and 14 ORs for other disorders predicting subsequent onset of eating disorders. See Footnote 3 for an explanation of why only 9 ORs are considered in models where eating disorders are the predictors

3Five of the 14 other DSM-IV/CIDI disorders considered here were typically childhood/adolescent-onset disorders: attention-deficit/hyperactive disorder, conduct disorder, oppositional-defiant disorder, separation anxiety disorder, and intermittent explosive disorder. As these disorders typically had onsets well before the age BN or BED first began, it was impossible to assess the associations of eating disorders with the subsequent onset of those disorders. As a result, the summary measures in Part I of this table are based on the other nine DSM-IV/CIDI disorders considered here.

4The models were estimated both without and then again with the 13 DSM-IV/CIDI disorders that might have occurred at an earlier age than the focal outcome disorder included as predictors. Note that these other disorders could have occurred either before, after, or in the same year as the focal predictor disorder.

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| **Appendix Table 5. Time-lagged associations of temporally primary DSM-IV/CIDI eating disorders with the subsequent first onset of other DSM-IV/CIDI disorders1** |
|  |  |  |
|  | **BN** | **BED**  |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |
| I. Mood disorders |  |  |  |  |
| Major depressive episode/Dysthymia | 3.3\* | (2.5-4.5) | 2.2\* | (1.7-2.9) |
| Bipolar disorderb | 4.4\* | (2.7-7.0) | 2.4\* | (1.5-4.0) |
| Any mood disorder | 3.5\* | (2.7-4.4) | 2.2\* | (1.8-2.8) |
| II. Anxiety disorders |  |  |  |  |
| Generalized anxiety disorder | 2.8\* | (1.9-4.1) | 2.3\* | (1.5-3.3) |
| Panic disorder/Agoraphobia | 2.0\* | (1.1-3.5) | 3.5\* | (2.2-5.5) |
| Social phobia | 2.8\* | (1.5-5.1) | 1.2 | (0.6-2.2) |
| Specific phobia | 2.4 | (0.8-6.8) | 1.3 | (0.7-2.5) |
| Posttraumatic stress disorder | 5.2\* | (3.4-7.9) | 2.0\* | (1.2-3.4) |
| Separation anxiety disorderc | 7.2\* | (4.5-11.7) | 2.8\* | (1.7-4.6) |
| Any anxiety disorder | 3.4\* | (2.6-4.4) | 2.1\* | (1.6-2.8) |
| III. Disruptive behavior disorders |  |  |  |  |
| Attention deficit/Hyperactivity disorder | 0.4 | (0.1-2.7) | 0.0\* | (0.0-0.0) |
| Conduct disorder | 2.3 | (0.7-7.3) | 0.0\* | (0.0-0.0) |
| Oppositional defiant disorder | 0.8 | (0.1-5.5) | 1.8 | (0.5-6.1) |
| Intermittent explosive disorder | 2.9\* | (1.1-7.3) | 2.3\* | (1.1-4.8) |
| Any disruptive behavior disorder | 2.4\* | (1.0-5.7) | 1.5 | (0.7-3.0) |
| IV. Substance disorders |  |  |  |  |
| Alcohol abuse/dependence | 3.8\* | (2.6-5.7) | 2.8\* | (1.8-4.2) |
| Drug abuse/dependence | 5.8\* | (3.2-10.3) | 2.7\* | (1.7-4.5) |
| Any substance disorder | 4.6\* | (3.0-6.8) | 2.8\* | (1.9-4.0) |
| V. Any disorder |  |  |  |  |
| Any disorders | 3.3\* | (2.7-4.1) | 2.1\* | (1.7-2.5) |
|  |  |  |  |  |

\*Significant at the 0.05 level, two-sided test

1Results are based on discrete-time survival models with person-year the unit of analysis and a logistic link function in which time-varying predictor variables for lifetime BN and BED were included in the same equation as predictors of subsequent first onset of the outcome disorder controlling for person-year, age, sex, and country. Note that prior (to age-of-onset of the outcome disorder) lifetime history of other DSM-IV/CIDI disorders than BN and BED were not included among the predictors. See footnote a in Appendix Table 3 for a description of sample sizes and exclusions.

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| **Appendix Table 6. Time-lagged associations of temporally primary DSM-IV/CIDI eating disorders with the subsequent first onset of others DSM-IV/CIDI disorders with controls for the effects of comorbidity1** |
|  |  |  |
|  | **BN** |  **BED** |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |
| I. Mood disorders |  |  |  |  |
| Major depressive episode/Dysthymia | 1.6\* | (1.1-2.4) | 1.4 | (1.0-1.8) |
| Bipolar disorder | 1.6 | (1.0-2.7) | 1.1 | (0.7-1.9) |
| Any mood disorder | 1.6\* | (1.1-2.2) | 1.3\* | (1.0-1.7) |
| II. Anxiety disorders |  |  |  |  |
| Generalized anxiety disorder | 0.9 | (0.6-1.5) | 1.0 | (0.7-1.6) |
| Panic disorder/Agoraphobia | 0.9 | (0.5-1.5) | 1.9\* | (1.2-2.9) |
| Social phobia | 1.1 | (0.6-2.1) | 0.8 | (0.4-1.5) |
| Specific phobia | 1.6 | (0.5-4.8) | 1.0 | (0.5-1.9) |
| Posttraumatic stress disorder | 2.3\* | (1.5-3.5) | 1.0 | (0.6-1.7) |
| Separation anxiety disorder | 3.7\* | (2.2-6.0) | 1.1 | (0.6-2.0) |
| Any anxiety disorder | 1.5\* | (1.1-1.9) | 1.1 | (0.9-1.4) |
| III. Disruptive behavior disorders |  |  |  |  |
| Attention deficit/Hyperactivity disorder | 0.2 | (0.0-1.2) | 0.0\* | (0.0-0.0) |
| Conduct disorder | 0.2 | (0.1-1.0) | 0.0\* | (0.0-0.0) |
| Oppositional defiant disorder | 0.2 | (0.0-1.2) | 1.6 | (0.5-5.4) |
| Intermittent explosive disorder | 1.3 | (0.5-3.4) | 1.1 | (0.5-2.6) |
| Any disruptive behavior disorder | 0.7 | (0.3-1.6) | 0.8 | (0.4-1.5) |
| IV. Substance disorders |  |  |  |  |
| Alcohol abuse/dependence | 1.3 | (0.8-2.3) | 1.3 | (0.8-2.3) |
| Drug abuse/dependence | 2.5\* | (1.4-4.5) | 1.7\* | (1.0-3.0) |
| Any substance disorder | 1.7\* | (1.1-2.7) | 1.5 | (1.0-2.2) |
| V. Any disorder |  |  |  |  |
| Any disorder | 1.4\* | (1.1-1.8) | 1.2\* | (1.0-1.4) |
|  |  |  |  |  |

\*Significant at the 0.05 level, two-sided test

1Results are based on the same kind of discrete-time survival models as in Appendix Table 5 except that time-varying predictor variables for other lifetime DSM-IV/CIDI disorders were included in the equations used to generate the results in the current table. Comparison of results in Appendix Tables 5 and 6 consequently provides information on the extent to which gross effects of eating disorders (Appendix Table 5) are explained by comorbid disorders controlled in Table 6. See footnote in Appendix Table 3 for a description of sample sizes and exclusions.

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| **Appendix Table 7. Time-lagged associations of other temporally primary DSM-IV/CIDI disorder with the subsequent first onset of DSM-IV/CIDI bulimia nervosa and binge eating disorder1** |
|  |  |  |  |
|  | **BN** |  | **BED** |
|  | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** |
| I. Mood disorders |  |  |  |  |  |
| Major depressive episode/Dysthymia | 3.2\* | (2.4-4.5) |  | 3.3\* | (2.6-4.3) |
| Bipolar disorder | 6.4\* | (3.7-11.2) |  | 5.0\* | (3.5-7.3) |
| II. Anxiety disorders |  |  |  |  |  |
| Generalized anxiety disorder | 3.7\* | (2.5-5.6) |  | 3.1\* | (2.3-4.2) |
| Panic disorder/Agoraphobia | 4.2\* | (2.8-6.4) |  | 4.0\* | (3.0-5.3) |
| Social phobia | 5.4\* | (4.0-7.2) |  | 3.7\* | (2.9-4.7) |
| Specific phobia | 3.7\* | (2.8-4.8) |  | 3.4\* | (2.6-4.4) |
| Posttraumatic stress disorder | 5.6\* | (3.8-8.3) |  | 3.4\* | (2.4-4.8) |
| Separation anxiety disorder | 5.3\* | (3.4-8.1) |  | 3.2\* | (2.2-4.6) |
| III. Disruptive behavior Disorders |  |  |  |  |  |
| Attention-Deficit hyperactivity Disorder | 8.2\* | (4.8-14.0) |  | 4.7\* | (2.4-9.1) |
| Conduct Disorder | 6.1\* | (3.0-12.4) |  | 3.3\* | (2.1-5.3) |
| Oppositional Defiant Disorder | 6.9\* | (4.3-11.0) |  | 3.4\* | (2.1-5.7) |
| Intermittent Explosive Disorder | 4.9\* | (2.6-9.2) |  | 2.6\* | (1.8-3.9) |
| IV. Substance Disorders |  |  |  |  |  |
| Alcohol Abuse/Dependence | 3.6\* | (2.2-5.9) |  | 3.4\* | (2.5-4.6) |
| Drug Abuse/Dependence | 4.4\* | (2.3-8.4) |  | 5.1\* | (3.4-7.7) |
|  |  |  |  |  |  |

\*Significant at the 0.05 level, two-sided test

1Results are based on discrete-time survival models with person-year the unit of analysis and a logistic link function in which time-varying predictor variables for other lifetime DSM-IV/CIDI disorders were included in the same equation as predictors of subsequent first onset of DSM-IV/CIDI eating disorders controlling for person-year, age, sex, and country. Note that prior (to age-of-onset of the outcome disorder) lifetime history of other DSM-IV/CIDI disorders than BN and BED were not included among the predictors. See footnote a in Appendix Table 3 for a description of sample sizes and exclusions.

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| **Appendix Table 8. Time-lagged associations of other temporally primary DSM-IV/CIDI disorder with the subsequent first onset of DSM-IV/CIDI bulimia nervosa and binge eating disorder with controls for the effects of comorbidity1** |
|  |  |  |  |
|  | **BN** |  | **BED** |
|  | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** |
| I. Mood Disorders |  |  |  |  |  |
| Major Depressive Episode/Dysthymia | 1.2 | (0.8-1.8) |  | 1.7\* | (1.3-2.3) |
| Bipolar Disorder (Broad) | 1.7 | (0.9-3.3) |  | 1.6 | (1.0-2.4) |
| II. Anxiety Disorders |  |  |  |  |  |
| Generalized Anxiety Disorder | 1.1 | (0.7-1.8) |  | 1.1 | (0.8-1.5) |
| Panic Disorder/Agoraphobia | 1.2 | (0.7-1.9) |  | 1.3 | (0.9-1.9) |
| Social Phobia | 2.6\* | (1.8-3.7) |  | 1.7\* | (1.2-2.4) |
| Specific Phobia | 2.1\* | (1.5-2.9) |  | 2.2\* | (1.6-3.0) |
| Posttraumatic Stress Disorder | 2.3\* | (1.4-3.7) |  | 1.3 | (0.8-2.0) |
| Separation Anxiety Disorder | 2.2\* | (1.3-3.6) |  | 1.4 | (0.9-2.2) |
| III. Disruptive behavior Disorders |  |  |  |  |  |
| Attention-Deficit/hyperactivity Disorder | 2.4\* | (1.3-4.5) |  | 1.9 | (0.8-4.9) |
| Conduct Disorder | 1.0 | (0.4-2.5) |  | 0.9 | (0.4-1.7) |
| Oppositional Defiant Disorder | 1.7 | (0.8-3.6) |  | 1.1 | (0.6-2.2) |
| Intermittent Explosive Disorder | 1.6 | (0.8-3.3) |  | 1.1 | (0.7-1.7) |
| IV. Substance Disorders |  |  |  |  |  |
| Alcohol Abuse/Dependence | 1.4 | (0.8-2.6) |  | 1.5\* | (1.0-2.1) |
| Drug Abuse/Dependence | 1.1 | (0.5-2.5) |  | 1.8\* | (1.1-3.2) |
|  |  |  |  |  |  |

\*Significant at the 0.05 level, two-sided test

1Results are based on the same kind of discrete-time survival models as in Appendix Table 5 except that time-varying predictor variables for other lifetime DSM-IV/CIDI disorders were included in the equations used to generate the results in the current table. Comparison of results in Appendix Tables 7 and 8 consequently provides information on the extent to which gross effects of individual other DSM-IV disorders (Appendix Table 7) are explained by comorbid disorders controlled in Appendix Table 8. See footnote a in Appendix Table 3 for a description of sample sizes and exclusions.

|  |
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| **Appendix Table 9. Time-lagged associations of temporally primary DSM-IV/CIDI eating disorders with the subsequent first onset of a variety of self-reported chronic physical conditions1** |
|  |  |  |  |
|  | **BN** |  | **BED** |
|  | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** |
| I. Musculoskeletal  |  |  |  |  |  |
| Arthritis | 1.6\* | (1.1-2.3) |  | 1.7\* | (1.3-2.2) |
| Chronic back/neck pain | 2.8\* | (2.1-3.6) |  | 2.0\* | (1.5-2.7) |
| II. Other pain conditions |  |  |  |  |  |
| Chronic headaches  | 1.9\* | (1.4-2.7) |  | 2.3\* | (1.7-3.3) |
| Other chronic pain  | 2.8\* | (1.9-4.1) |  | 2.7\* | (1.8-4.0) |
| III. Respiratory |  |  |  |  |  |
| Seasonal allergies | 0.9 | (0.6-1.3) |  | 1.2 | (0.8-1.7) |
| Asthma | 0.8 | (0.5-1.4) |  | 1.4 | (0.9-2.2) |
| Tuberculosis | 0.3 | (0.0-2.3) |  | 2.2 | (0.6-8.2) |
| COPD and other chronic lung diseases | 0.8 | (0.2-2.8) |  | 1.0 | (0.4-2.5) |
| III. Cardio-metabolic  |  |  |  |  |  |
| Diabetes  | 3.1\* | (2.0-4.8) |  | 2.9\* | (1.9-4.6) |
| Hypertension | 2.2\* | (1.6-3.1) |  | 2.2\* | (1.7-3.0) |
| Heart disease | 1.1 | (0.5-2.4) |  | 1.3 | (0.6-2.5) |
| Heart attack | 4.1\* | (1.7-10.1) |  | 0.9 | (0.3-3.1) |
| Stroke | 3.3\* | (1.2-9.0) |  | 1.6 | (0.7-3.5) |
| IV. Other |  |  |  |  |  |
| Cancer  | 1.8 | (1.0-3.4) |  | 1.8 | (1.0-3.3) |
| Epilepsy | 1.6 | (0.5-5.4) |  | 1.1 | (0.3-3.8) |
| HIV infection | 0.1\* | (0.0-0.2) |  | 0.1\* | (0.0-0.1) |
| Ulcer | 1.8 | (0.9-3.5) |  | 1.9\* | (1.2-3.0) |
|  |  |  |  |  |  |

\*Significant at the .05 level, two-sided test

1Results are based on discrete-time survival models with person-year the unit of analysis and a logistic link function in which prior lifetime history BN and BED are included in the same equation as predictors of the subsequent first onset of the chronic physical conditions listed in the rows controlling for person-year, age at interview, sex, lifetime history of anorexia nervosa, and country.

|  |
| --- |
| **Appendix Table 10. Time-lagged associations of temporally primary DSM-IV/CIDI eating disorders and the subsequent first onset of a variety of self-reported chronic physical conditions controlling for other DSM-IV/CIDI disorders1** |
|  |  |  |
|  | **BN** | **BED** |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |
| I. Musculoskeletal  |  |  |  |  |
| Arthritis | 1.1 | (0.7-1.5) | 1.3 | (1.0-1.6) |
| Chronic back/neck pain | 1.7\* | (1.3-2.2) | 1.5\* | (1.1-2.0) |
| II. Other pain conditions |  |  |  |  |
| Chronic headaches  | 1.2 | (0.9-1.7) | 1.8\* | (1.3-2.5) |
| Other chronic pain  | 1.5\* | (1.1-2.2) | 1.8\* | (1.2-2.7) |
| III. Respiratory |  |  |  |  |
| Seasonal allergies | 0.8 | (0.5-1.1) | 1.1 | (0.8-1.5) |
| Asthma | 0.8 | (0.4-1.3) | 1.3 | (0.9-2.0) |
| Tuberculosis | 0.2 | (0.0-1.4) | 1.6 | (0.4-5.9) |
| COPD and other chronic lung diseases | 0.5 | (0.1-1.7) | 0.7 | (0.3-1.6) |
| III. Cardio-metabolic  |  |  |  |  |
| Diabetes  | 2.4\* | (1.5-3.8) | 2.4\* | (1.5-3.7) |
| Hypertension | 1.6\* | (1.1-2.3) | 1.8\* | (1.3-2.4) |
| Heart disease | 0.7 | (0.3-1.5) | 0.9 | (0.5-1.8) |
| Heart attack | 2.5 | (0.9-7.0) | 0.7 | (0.2-2.5) |
| Stroke | 1.9 | (0.7-5.2) | 1.2 | (0.5-2.5) |
| IV. Other |  |  |  |  |
| Cancer  | 1.3 | (0.6-2.6) | 1.5 | (0.8-2.8) |
| Epilepsy | 0.8 | (0.3-2.7) | 0.7 | (0.2-2.7) |
| HIV infection | 0.0\* | (0.0-0.0) | 0.0\* | (0.0-0.0) |
| Ulcer | 1.0 | (0.5-1.9) | 1.2 | (0.7-1.9) |
|  |  |  |  |  |

\*Significant at the .05 level, two-sided test

1Results are based on discrete-time survival models with person-year the unit of analysis and a logistic link function in which prior lifetime history BN and BED are included in the same equation as predictors of the subsequent first onset of the chronic physical conditions listed in the rows controlling for person-year, age at interview, sex, lifetime history of anorexia nervosa and the DSM-IV/CIDI disorders listed in Appendix Tables 7-8, and country. The results in this table differ from those in appendix Table 9 only in the inclusion of controls for other DSM-IV/CIDI disorders.

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| **Appendix Table 11. Role impairment due to 12-month DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the WMH surveys1** |
|  |  |  |  |  |  |  |  |  |  |
|  | **Any impairment** |  | **Severe impairment** |
|  | **BN** | **BED** |  | **BN** | **BED** |
|  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** | **%** | **(se)** |
| Work | 33.5 | (4.8) |  31.2 | (3.1) |  |  4.3 | (1.5) | 4.9 | (1.4) |
| Home management | 38.1 | (5.0) |  33.9 | (3.2) |  |  9.2 | (2.9) | 5.8 | (1.5) |
| Social life | 42.7 | (4.4) |  38.1 | (3.6) |  |  13.6 | (3.3) | 8.2 | (2.1) |
| Close relationships | 33.9 | (4.1) |  35.7 | (3.4) |  | 12.9\* | (3.2) | 5.4 | (1.3) |
| Any of the above | 54.5 | (5.1) |  46.7 | (3.4) |  | 21.8 | (3.8) | 13.2 | (2.4) |
| (n) | (158) | (344) |  | (158) | (344) |
|  |  |  |  |  |  |  |  |  |  |

\*Significant difference between BN and BED at the .05 level, two-sided test

1Role impairment was assessed with the Sheehan Disability Scales. See the text for a description.

|  |
| --- |
| **Appendix Table 12. Lifetime and 12-month treatment of DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the WMH surveys** |
|  |  |  |
|  | **BN** | **BED** |
|  |  **%** | **(se)** |  **%** | **(se)** |
| I. Lifetime treatment of emotional problem among lifetime cases |  |
| General medical | 43.2 | (3.2) | 34.3 | (2.4) |
| Mental health specialty | 57.7 | (2.9) | 43.3 | (2.4) |
| Human services | 14.3 | (2.1) | 10.3 | (1.4) |
| Complementary-alternative medicine | 18.8 | (2.2) | 15.0 | (1**.**6) |
| Any | 67.3 | (2.7) | 57.7 | (2.6) |
| (n) | (457) | (722) |
| II. Twelve-month treatment of emotional problems among 12-month cases |
| General medical | 31.0 | (4.8) | 24.9 | (3.2) |
| Mental health | 25.2 | (4.2) | 17.6 | (2.7) |
| Human services | 7.4 | (3.1) | 5.5 | (1.4) |
| Complementary-alternative medicine | 5.5 | (1.8) | 6.7 | (1.8) |
| Any | 45.0 | (5.1) | 36.6 | (3.4) |
| (n) | (158) | (344) |
| III. Treatment of eating disorder |  |  |  |  |
| Lifetime among lifetime cases | 47.4 | (3.2) | 38.3 | (2.6) |
| Twelve-month among 12-month cases  | 25.9 | (4.5) | 9.8 | (2.0) |
|  |  |  |  |  |

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| **Appendix Table 13. Lifetime treatment of DSM-IV/CIDI Bulimia Nervosa and Binge Eating Disorder1** |
|  |  |  |  |  |  |
|  | **Bulimia Nervosa** |  | **Binge Eating Disorder** |
|  | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** |
| Sex |  |  |  |  |  |
|  Female | 1.5\* | (1.1-2.1) |  | 1.6\* | (1.0-2.2) |
|  Male | 1.0 | ( --- ) |  | 1.0 | ( --- ) |
| Age-of-onset2 | 1.01 | (0.99-1.03) |  | 1.04\* | (1.02-1.07) |
| Years since onset2 | 0.95\* | (092-0.98) |  | 0.96\* | (0.93-0.99) |
| Education |  |  |  |  |  |
|  Student | 1.1 | (0.7-1.7) |  | 1.4 | (0.8-2.4) |
|  Nonstudent less than high school | 0.7\* | (0.5-0.9) |  | 0.8 | (0.5-1.2) |
|  Nonstudent high school graduate | 0.8 | (0.5-1.1) |  | 0.9 | (0.6-1.4) |
|  Nonstudent some college | 0.8 | (0.6-1.0) |  | 0.7  | (0.4-1.3) |
|  Nonstudent college graduate | 1.0 | ( --- ) |  | 1.0 | ( --- ) |
|  24 | 9.3 |  | 5.8 |
| Marital status |  |  |  |  |  |
|  Never married | 0.8 | (0.5-1.2) |  | 1.4 | (0.9-2.1) |
|  Previously married | 1.4 | (0.9-2.1) |  | 1.0 | ( 0.7-1.5) |
|  Married | 1.0 | ( --- ) |  | 1.0 | ( ---) |
|  22 | 6.8\* |  | 2.2 |
| Prior lifetime mental disorders (count)3 |  |  |  |  |  |
|  Internalizing | 1.0 | (0.9-1.1) |  | 1.0 | (0.9-1.1) |
|  Externalizing | 0.9\* | (0.8-1.0) |  | 1.0 | (0.9-1.2) |
|  |  |  |  |  |  |
|  (n) | (457) |  | (722) |
|  |  |  |  |  |  |

1Based on multivariate discrete-time survival models with person-year the unit of analysis and

a logistic link function taking into consideration age-of-onset (AOO) and number of years

between AOO at time of first obtaining treatment. Education and marital status were treated as

time-varying predictors.

2The coefficients for age-of-onset and years since onset are presented with greater precision than

those for the other predictors due to the wide distribution of the predictors. ORs represent changes

relative odds *per year* of difference in the predictors. The OR of first seeking treatment a decade

after mean years since onset compared to at the mean is 0.6 (i.e., 0.9510).

3Internalizing disorders include all the anxiety and mood disorders assessed in the surveys, while

externalizing disorders include ADHD, conduct disorder, intermittent explosive disorder,

oppositional-defiant disorder, alcohol abuse, alcohol dependence with abuse, drug abuse, and

drug dependence with abuse. The predictor variables considered here are counts of the number of

lifetime disorders of each type the respondent had as of the person-year of assessment.

|  |
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| **Appendix Table 14. Sensitivity Analysis of restriction to the diagnostic algorithm for DSM-IV/CIDI disorders that include binge eating: Comparison of original definition and alternative definition for lifetime and 12-month prevalence pooled across all WMH countries** |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **Total Sample**  | **Female** | **Male**  |
|  | **Original**  | **Alternative1** | **Original**  | **Alternative1** | **Original**  | **Alternative1** |
|  |  |  |  |  |   |   |   |   |   |   |   |   |
|  | **%** | **(se)**  | **%**  | **(se)** | **%**  | **(se)** | **%** | **(se)** | **%** | **(se)** | **%** | **(se)** |
| I. Lifetime prevalence |  |  |  |  |  |  |  |  |  |  |  |  |
| Bulimia nervosa | 1.0 | (0.1) | 0.8 | (0.1) | 1.4 | (0.1) | 1.3 | (0.1) | 0.4 | (0.1) | 0.3 | (0.1) |
| Binge eating Disorder | 1.9 | (0.1) | 1.9 | (0.1) | 2.6 | (0.2) | 2.6 | (0.2) | 1.1 | (0.1) | 1.1 | (0.1) |
| Either | 2.7 | (0.1) | 2.6 | (0.1) | 3.8 | (0.2) | 3.6 | (0.2) | 1.4 | (0.1) | 1.4 | (0.1) |
| II. Twelve-month prevalence |  |  |  |  |  |  |  |  |  |  |  |  |
| Bulimia nervosa | 0.4 | (0.0) | 0.3 | (0.0) | 0.5 | (0.1) | 0.5 | (0.1) | 0.2 | (0.0) | 0.1 | (0.0) |
| Binge eating disorder | 0.8 | (0.1) | 0.8 | (0.1) | 1.2 | (0.1) | 1.2 | (0.1) | 0.5 | (0.1) | 0.5 | (0.1) |
| Either | 1.2 | (0.1) | 1.1 | (0.1) | 1.7 | (0.1) | 1.6 | (0.1) | 0.6 | (0.1) | 0.6 | (0.1) |
|  |  |  |  |  |  |  |  |  |  |

1The alternative definition includes two restrictions. First, one of the items used in the original definition (“Did you usually eat alone because you were embarrassed by how much you ate?”) was deleted as qualifying for criterion A2 for Binge eating. Second, endorsement of a different item (“Did you feel like your self-esteem and confidence depended on your weight or body shape?”) was required for criterion D for bulimia nervosa.

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| **Appendix Table 15. Current body mass index (BMI) among respondents with versus without DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the New Zealand WMH survey1** |
|  |  |  |  |  |  |
|  | **BN** |  | **BED** |  | **No eating** **disorder**  |
|  | **Lifetime** | **12-month** |  | **Lifetime** | **12-month** |  |  |
|  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** |
| I. Distribution of BMI |  |  |  |  |  |  |  |  |  |  |  |  |
| < 18.5 (underweight) | 0.7 | (0.5) | 0.6\* | (0.6) |  | 2.1 | (1.4) | 2.3 | (2.2) |  | 2.2 | (0.2) |
| 18.5 – 24.9 (normal) | 38.5 | (4.1) | 34.6 | (6.9) |  | 30.2\* | (4.1) | 22.8 | (5.1) |  | 45.6 | (0.9) |
| 25 – 29.9 (overweight) | 23.5\* | (3.7) | 18.8\* | (5.5) |  | 26.8 | (4.4) | 33.2 | (7.3) |  | 32.5 | (0.8) |
| 30 – 34.9 (obese class I) | 18.5 | (3.1) | 19.8 | (5.9) |  | 22.5\* | (3.3) | 22.1 | (4.3) |  | 13.8 | (0.6) |
| 35 – 39.9 (obese class II) | 12.9\* | (2.1) | 19.8\* | (5.1) |  | 10.9\* | (2.1) | 12.4 | (3.4) |  | 4.2 | (0.4) |
| 40+ (obese class III) | 5.9\* | (1.9) | 6.5 | (4.0) |  | 7.5\* | (2.0) | 7.3 | (2.4) |  | 1.7 | (0.2) |
| 35+ (obese class II-III) | 18.8\* | (2.8) | 26.2\* | (6.1) |  | 18.4\* | (2.8) | 19.7 | (4.1) |  | 5.9 | (0.4) |
| 30+ (total obese) | 37.3\* | (4.0) | 46.0\* | (7.7) |  | 40.9\* | (3.6) | 41.8 | (5.7) |  | 19.7 | (0.7) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| II. Logistic regression of BN or BED (vs. No lifetime eating disorder) on BMI1 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  |  |  |
| < 18.5 (underweight) | 0.4 | (0.1-1.6) | 0.4 | (0.0-2.8) |  | 1.5 | (0.4-5.5) | 2.1 | (0.3-15.2) |  |  |  |
| 18.5 – 24.9 (normal) | 1.0 | -- | 1.0 | -- |  | 1.0 | -- | 1.0 | -- |  |  |  |
| 25 – 29.9 (overweight) | 0.9 | (0.5-1.4) | 0.8 | (0.4-1.6) |  | 1.2 | (0.7-2.2) | 2.0 | (0.9-4.5) |  |  |  |
| 30 – 34.9 (obese class I) | 1.6 | (1.0-2.5) | 1.9 | (0.8-4.4) |  | 2.5\* | (1.6-3.8) | 3.2\* | (1.7-5.9) |  |  |  |
| 35 – 39.9 (obese class II) | 3.6\* | (2.3-5.7) | 6.1\* | (2.8-13.5) |  | 3.9\* | (2.3-6.5) | 5.8\* | (2.7-12.4) |  |  |  |
| 40+ (obese class III) | 4.2\* | (2.0-8.9) | 5.1\* | (1.3-20.9) |  | 6.8\* | (3.5-13.3) | 8.8\* | (3.9-19.9) |  |  |  |
| 25 | 45.6\* | 33.0\* |  | 62.9\* | 39.0\* |  |  |  |
| (n) | (215) | (73) |  | (264) | (134) |  | (6,834) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

\*Significant difference from respondents who had no lifetime eating disorder at the .05 level, two-sided test.

\*\* There were no significant differences between BN and BED at the .05 level, two-sided test

1Based on a series of logistic regression models, each one comparing respondents with the eating disorder defined by the column heading with respondents without a history of eating disorders.

|  |
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| **Appendix Table 16. Current body mass index (BMI) among respondents with versus without DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the three South American WMH surveys1,2** |
|  |  |  |  |  |  |
|  | **BN** |  | **BED** |  | **No eating** **disorder**  |
|  | **Lifetime** | **12-month** |  | **Lifetime** | **12-month** |  |  |
|  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** |
| I. Distribution of BMI |  |  |  |  |  |  |  |  |  |  |  |  |
| < 18.5 (underweight) | 0.5\* | (0.4) | 0.5\* | (0.5) |  | 1.7 | (1.1) | 2.3 | (1.5) |  | 3.8 | (0.5) |
| 18.5 – 24.9 (normal) | 24.3\* | (4.5) | 21.1\* | (6.2) |  | 31.0\* | (5.5) | 26.9\* | (5.2) |  | 51.2 | (1.1) |
| 25 – 29.9 (overweight) | 46.6\* | (5.1) | 49.6 | (9.3) |  | 33.3 | (4.0) | 29.4 | (5.5) |  | 34.4 | (1.0) |
| 30 – 34.9 (obese class I) | 24.4\* | (4.5) | 28.8\* | (8.5) |  | 27.1\* | (5.1) | 29.0\* | (5.4) |  | 7.7 | (0.5) |
| 35 – 39.9 (obese class II) | 3.0 | (1.7) | 0.0 | (0.0) |  | 5.8 | (1.8) | 10.7\* | (3.3) |  | 2.3 | (0.3) |
| 40+ (obese class III) | 1.1 | (0.9) | 0.0 | (0.0) |  | 1.2 | (0.7) | 1.7 | (1.2) |  | 0.5 | (0.1) |
| 35+ (obese class II-III) | 4.1 | (1.9) | 0.0 | (0.0) |  | 7.0 | (1.6) | 12.4\* | (3.4) |  | 2.9 | (0.4) |
| 30+ (total obese) | 28.5\* | (4.4) | 28.8\* | (8.5) |  | 34.0\* | (5.3) | 41.4\* | (6.4) |  | 10.6 | (0.7) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| II. Logistic regression of BN or BED (vs. No lifetime eating disorder) on BMI1 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  |  |  |
| < 18.5 (underweight) | 0.3 | (0.1-1.3) | 0.3 | (0.0-2.6) |  | 0.8 | (0.2-3.0) | 1.2 | (0.3-4.7) |  |  |  |
| 18.5 – 24.9 (normal) | 1.0 | -- | 1.0 | -- |  | 1.0 | -- | 1.0 | -- |  |  |  |
| 25 – 29.9 (overweight) | 2.8\* | (1.6-4.8) | 3.5\* | (1.5-8.0) |  | 1.6 | (1.0-2.6) | 1.6 | (0.9-2.8) |  |  |  |
| 30 – 34.9 (obese class I) | 6.4\* | (3.3-12.2) | 9.0\* | (3.5-22.9) |  | 5.6\* | (3.0-10.5) | 6.9\* | (3.7-12.9) |  |  |  |
| 35 – 39.9 (obese class II) | 2.3 | (0.6-9.1) | -- | -- |  | 3.5\* | (1.3-9.3) | 7.5\* | (2.8-20.2) |  |  |  |
| 40+ (obese class III) | 4.1 | (0.7-22.6) | -- | -- |  | 3.5 | (1.0-12.5) | 5.8\* | (1.3-25.8) |  |  |  |
| 25 | 47.7\* | 57.8\* |  | 40.8\* | 42.2\* |  |  |  |
| (n) | (128) | (48) |  | (244) | (109) |  | (5,041) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

\*Significant difference from respondents who had no lifetime eating disorder at the .05 level, two-sided test.

\*\* There were no significant differences between BN and BED at the .05 level, two-sided test

1In Colombia, Sao Paulo Brazil, and Mexico.

2Based on a series of logistic regression models, each one comparing respondents with the eating disorder defined by the column heading with respondents without a history of eating disorders controlling for dummy variables for country.

|  |
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| **Appendix Table 17. Current body mass index (BMI) among respondents with versus without DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the nine European surveys1,2** |
|  |  |  |  |  |  |
|  | **BN** |  | **BED** |  | **No eating** **disorder**  |
|  | **Lifetime** | **12-month** |  | **Lifetime** | **12-month** |  |  |
|  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** |
| I. Distribution of BMI |  |  |  |  |  |  |  |  |  |  |  |  |
| < 18.5 (underweight) | 1.4 | (1.2) | 0.6\* | (0.6) |  | 0.6\* | (0.6) | 0.0 | (0.0) |  | 2.9 | (0.3) |
| 18.5 – 24.9 (normal) | 41.5 | (8.3) | 28.9\* | (10.4) |  | 46.5 | (6.4) | 32.3\* | (7.9) |  | 49.9 | (0.8) |
| 25 – 29.9 (overweight) | 25.9 | (7.2) | 31.4 | (12.0) |  | 23.5 | (5.2) | 29.5 | (8.5) |  | 34.6 | (0.7) |
| 30 – 34.9 (obese class I) | 21.5 | (8.7) | 30.0 | (12.9) |  | 17.4 | (5.1) | 24.4 | (9.3) |  | 9.8 | (0.4) |
| 35 – 39.9 (obese class II) | 6.2 | (5.9) | 0.0 | (0.0) |  | 7.0 | (3.5) | 3.4 | (2.9) |  | 2.3 | (0.2) |
| 40+ (obese class III) | 3.4 | (2.8) | 9.1 | (8.6) |  | 5.0 | (2.5) | 10.5 | (5.3) |  | 0.6 | (0.1) |
| 35+ (obese class II-III) | 9.7 | (6.4) | 9.1 | (8.6) |  | 12.0\* | (4.2) | 13.8 | (5.9) |  | 2.8 | (0.2) |
| 30+ (total obese) | 31.2\* | (9.4) | 39.1\* | (13.4) |  | 29.4\* | (6.0) | 38.2\* | (9.6) |  | 12.6 | (0.5) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| II. Logistic regression of BN or BED (vs. No lifetime eating disorder) on BMI1 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  |  |  |
| < 18.5 (underweight) | 0.7 | (0.1-4.7) | 0.5 | (0.1-3.9) |  | 0.3 | (0.0-2.0) | -- | -- |  |  |  |
| 18.5 – 24.9 (normal) | 1.0 | -- | 1.0 | -- |  | 1.0 | -- | 1.0 | -- |  |  |  |
| 25 – 29.9 (overweight) | 0.9 | (0.4-1.8) | 1.5 | (0.5-4.6) |  | 0.7 | (0.4-1.3) | 1.2 | (0.5-2.9) |  |  |  |
| 30 – 34.9 (obese class I) | 2.6 | (0.9-7.6) | 5.2\* | (1.5-18.2) |  | 1.9 | (0.9-4.0) | 3.4\* | (1.2-10.0) |  |  |  |
| 35 – 39.9 (obese class II) | 3.3 | (0.4-25.8) | -- | -- |  | 3.1 | (1.0-9.8) | 2.1 | (0.3-13.6) |  |  |  |
| 40+ (obese class III) | 7.1\* | (1.2-40.6) | 30.9\* | (4.0-241.2) |  | 8.6\* | (2.9-25.9) | 23.2\* | (7.0-77.1) |  |  |  |
| 25 | 9.7 | 29.4\* |  | 26.4\* | 39.9\* |  |  |  |
| (n) | (62) | (21) |  | (110) | (50) |  | (8,255) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

\*Significant difference from respondents who had no lifetime eating disorder at the .05 level, two-sided test.

\*\* There were no significant differences between BN and BED at the .05 level, two-sided test

1In Belgium, France, Germany, Italy, Netherlands, Northern Ireland, Portugal, Romania, and Spain.

2Based on a series of logistic regression models, each one comparing respondents with the eating disorder defined by the column heading with respondents without a history of eating disorders controlling for dummy variables for country

|  |
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| **Appendix Table 18. Current body mass index (BMI) among respondents with versus without DSM-IV/CIDI bulimia nervosa (BN) and binge eating disorder (BED) in the U.S. WMH survey** |
|  |  |  |  |  |  |
|  | **BN** |  | **BED** |  | **No eating** **disorder**  |
|  | **Lifetime** | **12-month** |  | **Lifetime** | **12-month** |  |  |
|  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** | **%** | **(se)** |  | **%** | **(se)** |
| I. Distribution of BMI |  |  |  |  |  |  |  |  |  |  |  |  |
| < 18.5 (underweight) | 3.4 | (2.5) | 0.0 | (0.0) |  | 0.0 | (0.0) | 0.0 | (0.0) |  | 2.0 | (0.4) |
| 18.5-24.9 (normal) | 31.8 | (5.6) | 15.3\* | (9.5) |  | 21.1\* | (5.0) | 19.0\* | (4.4) |  | 36.7 | (1.5) |
| 25 – 29.9 (overweight) | 34.4 | (9.1) | 42.2 | (13.4) |  | 39.2 | (7.6) | 35.7 | (10.2) |  | 36.2 | (1.2) |
| 30 – 34.9 (obese class I) | 10.2 | (4.4) | 3.5\*,\*\* | (3.5) |  | 21.4 | (6.4) | 25.6 | (7.4) |  | 15.1 | (1.2) |
| 35 – 39.9 (obese class II) | 10.1 | (4.7) | 20.3 | (13.4) |  | 4.5 | (1.9) | 3.6 | (1.9) |  | 6.2 | (0.7) |
| 40+ (obese class III) | 10.0 | (4.9) | 18.7 | (11.4) |  | 13.9\* | (4.5) | 16.2 | (7.6) |  | 3.8 | (0.5) |
| 35+ (obese class II-III) | 20.2 | (5.5) | 39.0\* | (14.0) |  | 18.4 | (4.5) | 19.8 | (7.6) |  | 10.0 | (0.8) |
| 30+ (total obese) | 30.3 | (7.4) | 42.4 | (14.3) |  | 39.8 | (7.4) | 45.4 | (10.5) |  | 25.1 | (1.5) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| II. Logistic regression of BN or BED (vs. No lifetime eating disorder) on BMI1 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  | **OR** | **(95% CI)** | **OR** | **(95% CI)** |  |  |  |
| < 18.5 (underweight) | 2.0 | (0.4-9.3) | -- | -- |  | -- | -- | -- | -- |  |  |  |
| 18.5-24.9 (normal) | 1.0 | -- | 1.0 | -- |  | 1.0 | -- | 1.0 | -- |  |  |  |
| 25 – 29.9 (overweight) | 1.1 | (0.5-2.5) | 2.8 | (0.6-13.3) |  | 1.9 | (0.9-4.0) | 1.9 | (0.8-4.4) |  |  |  |
| 30 – 34.9 (obese class I) | 0.8 | (0.3-1.8) | 0.6 | (0.0-7.2) |  | 2.5\* | (1.1-5.7) | 3.3\* | (1.4-7.5) |  |  |  |
| 35 – 39.9 (obese class II) | 1.9 | (0.6-6.0) | 7.8 | (0.9-65.4) |  | 1.3 | (0.4-3.8) | 1.1 | (0.3-3.8) |  |  |  |
| 40+ (obese class III) | 3.1\* | (1.1-8.9) | 11.8\* | (1.7-81.3) |  | 6.4\* | (3.0-13.9) | 8.3\* | (2.9-23.7) |  |  |  |
| 25 | 9.4 | 36.8\* |  | 45.9\* | 49.1\* |  |  |  |
| (n) | (52) | (16) |  | (104) | (51) |  | (2,819) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

\*Significant difference from respondents who had no lifetime eating disorder at the .05 level, two-sided test.

\*\*Significant difference between BN and BED at the .05 level, two-sided test

1Based on a series of logistic regression models, each one comparing respondents with the eating disorder defined by the column heading with respondents without a history of eating disorders

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**Appendix figure 1. Cumulative age-of-onset distribution for lifetime bulimia with hierarchy in each country**

**Appendix figure 2. Cumulative age-of-onset distribution for lifetime binge eating disorder with hierarchy in each country**

**Appendix figure 3. Speed of recovery from eating disorder, all countries pooled**