

Appendix Table 1. Distribution of treatment across sub-samples defining a gradient of need for treatment across service sectors¹

Sub-sample	Psychiatrist		Other mental health		General medical		Human services		Complementary-alternative	
	%	(se)	%	(se)	%	(se)	%	(se)	%	(se)
Any 12-month DSM-IV/CIDI disorder	70.2	(2.3)	67.4	(1.9)	65.7	(2.3)	62.8	(3.9)	64.3	(3.6)
Lifetime but not 12-month diagnosis	16.0	(2.1)	20.5	(2.0)	18.8	(1.6)	19.9	(2.6)	24.4	(3.2)
One or more other indicator of potential need, * no lifetime or 12-month diagnosis	10.2	(2.1)	8.4	(1.7)	8.5	(1.2)	9.1	(3.4)	4.9	(1.6)
No diagnosis or other indicator of potential need	3.6	(1.2)	3.7	(1.4)	7.0	(1.4)	8.2	(3.3)	6.5	(2.6)
Total sample	100		100		100		100		100	

¹Percentages are based on the weighted numbers of respondents in treatment in each sub-sample

*Subthreshold syndrome, lifetime hospitalization, or 12-month serious stressor”

Appendix Table 2. Mean number of visits across sub-samples defining a gradient of need for treatment across service sectors¹

Sub-sample	Psychiatrist		Other mental health		General medical		Human services		Complementary-alternative						
	mean	(se)	mean	(se)	mean	(se)	mean	(se)	mean	(se)					
Any 12-month DSM-IV/CIDI disorder	7.8	(1.0)	17.8	(1.4)	2.9	(0.2)	6.9	(0.8)	28.1	(4.2)					
Lifetime but not 12-month diagnosis	7.9	(3.6)	14.0	(2.0)	1.9	(0.2)	5.8	(1.5)	33.9	(6.6)					
One or more other indicator of potential need, no lifetime or 12-month diagnosis*	5.6	(1.4)	10.5	(2.5)	2.7	(0.4)	3.2	(0.8)	24.3	(15.6)					
No diagnosis or other indicator of potential need*	3.9	(1.0)	10.3	(4.5)	1.4	(0.2)	16.5	(13.2)	34.8	(29.1)					
Total sample	7.5	(0.9)	16.1	(1.0)	2.6	(0.1)	7.1	(1.5)	29.8	(3.9)					
χ^2 , df, p-value	2.7	396	.058	3.4	518	.026	13.4	768	<.0001	4.4	261	.009	0.5	242	.714

*Subthreshold syndrome, lifetime hospitalization, or 12-month serious stressor"

Appendix Table 3. Distribution of visits across service sectors within subsamples defining a gradient of need for treatment (column percentages)¹

	Psychiatrist		Other mental health		General medical		Human services		Complementary-alternative	
	%	(se)	%	(se)	%	(se)	%	(se)	%	(se)
Any 12 Month MH Disorder	73.5	(6.1)	74.3	(2.7)	73.4	(2.3)	60.8	(10.0)	60.7	(5.9)
Lifetime but not 12-month diagnosis	16.9	(6.4)	17.8	(2.7)	14.1	(1.4)	16.3	(5.0)	27.7	(4.6)
One or more other indicator of potential need, no lifetime or 12-month diagnosis	7.6	(1.7)	5.5	(1.7)	8.8	(1.9)	4.1	(1.6)	4.0	(0.7)
No diagnosis or other indicator of potential need*	1.9	(0.8)	2.4	(1.2)	3.7	(0.8)	18.9	(13.3)	7.6	(6.3)
Total	100.0		100.0		100.0		100.0		100.0	

¹Percentages are based on the weighted numbers of respondents in treatment in each sub-sample

*Subthreshold syndrome, lifetime hospitalization, or 12-month serious stressor"

Appendix Table 4. Estimated level of need score components for persons with lifetime but not 12-month DSM-V/CIDI disorder

	Component name	Component Weight	Prevalence %	Prevalence (se)
1	LTO Bipolar	2	3.1	(0.4)
2	<2 LT Disorder	0	69.8	(1.4)
3	2-4 LT Disorders	1	28.1	(1.3)
4	5+ LT Disorders	4	2.2	(0.3)
5	1 Year Recency	3	13.8	(0.9)
6	2-4 Yrs Recency	2	25.0	(1.4)
7	5-9 Yrs Recency	1	20.8	(1.2)
8	10+ Yrs Recency	0	40.4	(1.7)
9	Subthreshold	2	23.5	(1.2)
10	LT Hospitalization	3	11.6	(1.0)
11	Stressor this Year	3	18.5	(1.3)

Appendix Table 5. Percentages of persons who received treatment among respondents with a lifetime but not 12-month DSM-IV/CIDI disorder by estimated level of need and service sector

Sub-sample	Psychiatrist			Other mental health			General medical			Human services			Complementary-alternative		
	%	(se)		%	(se)		%	(se)		%	(se)		%	(se)	
0	1.0	(0.5)		2.9	(1.1)		4.0	(1.5)		0.5	(0.3)		0.8	(0.5)	
1-3	2.0	(0.6)		4.9	(1.0)		5.0	(1.0)		1.1	(0.4)		0.9	(0.3)	
4-8	5.7	(0.9)		8.7	(1.5)		14.5	(2.0)		6.9	(1.2)		6.6	(1.3)	
9-15	22.5	(5.2)		26.3	(5.6)		32.2	(5.8)		19.4	(4.5)		25.7	(7.6)	
F or χ^2 , df, p-value	53.1	3.0	<.0001	51.3	3.0	<.0001	38.6	3.0	<.0001	66.1	3.0	<.0001	69.6	3.0	<.0001

*Scale is a weighted score including the following components: lifetime diagnosis of bipolar disorder; number of lifetime diagnoses; recency of diagnosis; lifetime hospitalization; subthreshold symptoms; serious 12-month stressor.

Appendix Table 6. Distribution of treatment among respondents with a lifetime but not 12-month DSM-IV/CIDI disorder by estimated level of need and service sector

	Psychiatrist	Other mental health	General medical	Human services	Complementary-alternative
	% (se)	% (se)	% (se)	% (se)	% (se)
0	5.7 (2.5)	9.2 (4.1)	9.3 (3.5)	2.9 (2.0)	4.6 (3.1)
1-3	27.0 (6.2)	36.5 (5.9)	27.5 (5.5)	15.9 (5.0)	13.0 (4.9)
4-8	50.1 (6.6)	42.9 (5.6)	53.1 (7.0)	65.3 (7.7)	61.6 (6.3)
9-15	17.2 (4.5)	11.3 (3.2)	10.2 (2.5)	16.0 (5.2)	20.8 (4.8)

*Scale is a weighted score including the following components: lifetime diagnosis of bipolar disorder; number of lifetime diagnoses; recency of diagnosis; lifetime hospitalization; subthreshold symptoms; serious 12-month stressor.

Appendix Table 7. Mean number of visits among respondents with a lifetime but not 12-month DSM-IV/CIDI disorder by estimated level of need and service sector

Sub-sample	Psychiatrist			Other mental health			General medical			Human services			Complementary-alternative		
	%	(se)		%	(se)		%	(se)		%	(se)		%	(se)	
0	2.0	(0.5)		6.6	(2.6)		1.6	(0.2)		2.0	(0.7)		27.0	(23.5)	
1-3	3.1	(0.8)		14.0	(4.2)		1.6	(0.1)		2.5	(0.7)		30.6	(7.6)	
4-8	5.1	(1.0)		10.1	(1.9)		2.2	(0.2)		5.5	(1.9)		19.9	(3.7)	
9-15	25.8	(18.3)		35.1	(10.4)		2.0	(0.2)		11.0	(4.6)		78.6	(24.9)	
F or χ^2 , df, p-value	3.4	65.0	.025	3.1	95.0	.037	3.1	142.0	.038	2.3	53.0	.094	2.4	56.0	.081

*Scale is a weighted score including the following components: lifetime diagnosis of bipolar disorder; number of lifetime diagnoses; recency of diagnosis; lifetime hospitalization; subthreshold symptoms; serious 12-month stressor.

Appendix table 8. Distribution of visits among respondents with a lifetime but not 12-month DSM-IV/CIDI disorder by estimated level of need and service sector

		Psychiatrist		Other mental health		General medical		Human services		Complementary-alternative	
		%	(se)	%	(se)	%	(se)	%	(se)	%	(se)
1	0	1.4	(0.9)	4.4	(1.7)	7.4	(2.8)	1.0	(0.8)	3.7	(3.1)
2	1-3	10.5	(5.0)	36.5	(6.7)	22.8	(5.5)	6.7	(1.9)	11.8	(5.0)
3	4-8	32.1	(14.8)	30.8	(4.3)	59.5	(7.8)	62.0	(13.5)	36.2	(4.0)
4	9-15	55.9	(20.1)	28.3	(8.6)	10.2	(2.7)	30.3	(13.9)	48.4	(6.2)

*Scale is a weighted score including the following components: lifetime diagnosis of bipolar disorder; number of lifetime diagnoses; recency of diagnosis; lifetime hospitalization; subthreshold symptoms; serious 12-month stressor.

Appendix Table 9. Estimated level of need score components for persons with Neither Lifetime nor 12-month DSM-IV/CIDI disorder

	Component Name	Component weight	Prevalence %	Prevalence (se)
1	Subthreshold	1	14.4	1.2
2	LT Hospitalization	2	1.9	0.2
3	Stressor this Year	2	14.4	0.9

Appendix Table 10. Appendix Table 5. Distribution of treatment with neither lifetime nor 12-month DSM-IV/CIDI disorder by estimated level of need and service sector*

		Psychiatrist	Other mental health	General medical	Human services	Complementary-alternative
		% (se)	% (se)	% (se)	% (se)	% (se)
1	0	26.1 (8.3)	30.5 (10.7)	45.1 (6.5)	47.3 (15.3)	57.2 (12.9)
2	1	30.1 (9.0)	16.9 (6.4)	18.5 (4.0)	10.5 (8.3)	19.0 (12.1)
3	2	26.7 (9.7)	30.0 (8.8)	19.3 (7.2)	18.8 (10.5)	13.0 (6.5)
4	3-5	17.1 (6.9)	22.5 (8.4)	17.1 (3.4)	23.5 (12.9)	10.8 (5.2)

*Scale is a weighted score including the following components: lifetime mental health diagnosis, subthreshold symptoms; serious 12-month stressor.

Appendix Table 11. Mean number of visits for persons with neither lifetime nor 12-month DSM-IV/CIDI disorder by estimated level of need and service sector*

Obs		Psychiatrist			Other mental health			General medical			Human services			Complementary-alternative		
		Avg	(se)	p	Avg	(se)	p	Avg	(se)	p	Avg	(se)	p	Avg	(se)	p
1	0	3.9	(1.0)		10.3	(4.5)		1.4	(0.2)		16.5	(13.2)		34.8	(29.1)	
2	1	2.5	(0.3)		12.3	(2.8)		2.6	(0.7)		1.4	(0.4)		1.3	(0.3)	
3	2	7.3	(3.1)		8.7	(3.7)		3.3	(0.5)		3.1	(0.6)		7.2	(3.0)	
4	3-5	8.4	(1.1)		11.6	(5.6)		2.0	(0.4)		4.1	(1.6)		85.4	(37.3)	
5	F or Chi/DF/p-value	8.7	(33.0)	.0001	0.2	(34.0)	.881	5.3	(75.0)	.004	3.2	(14.0)	.031	4.8	(13.0)	.006

*Scale is a weighted score including the following components: lifetime mental health diagnosis, subthreshold symptoms; serious 12-month stressor.

Appendix table 12. Distribution of visits for persons with neither lifetime nor 12-month DSM-IV/CIDI disorder by estimated level of need and service sector*

		Psychiatrist	Other mental health	General medical	Human services	Complementary-alternative
		% (se)	% (se)	% (se)	% (se)	% (se)
1	0	19.8 (4.8)	30.2 (13.9)	29.4 (6.1)	82.3 (1.8)	65.6 (1.9)
2	1	14.9 (6.2)	20.0 (8.8)	23.1 (5.2)	1.5 (0.6)	0.8 (0.3)
3	2	37.6 (9.9)	24.9 (2.4)	30.8 (10.3)	6.1 (0.1)	3.1 (0.1)
4	3-5	27.8 (8.0)	24.9 (11.5)	16.7 (2.9)	10.1 (1.6)	30.5 (2.0)

*Scale is a weighted score including the following components: lifetime mental health diagnosis, subthreshold symptoms; serious 12-month stressor.

Appendix table 13. Use of complementary and alternative therapies among persons with and without 12-Month DSM-IV/CIDI disorders

Obs	catnum	cat	M12_Pct	M12_SE	LTO_Pct	LTO_SE	NEED_Pct	NEED_SE	OTHER_Pct	OTHER_SE
1	14	ALTERNATIVE THERAPY USED?	--	--	--	--	--	--	--	--
2	15	Acupuncture	8.8	3.0	4.2	2.2	0.0	0.0	0.0	0.0
3	16	Biofeedback	6.3	2.8	2.7	2.1	0.0	0.0	0.0	0.0
4	17	Chiropractic	18.4	4.3	11.4	5.6	18.6	9.9	0.0	0.0
5	18	Energy Healing	13.8	4.5	3.2	1.8	0.0	0.0	0.0	0.0
6	19	Excercise or Movement Therapy	26.8	5.5	25.5	6.7	12.8	4.6	3.7	3.9
7	20	Herbal Therapy	22.6	4.8	14.0	4.6	0.0	0.0	0.0	0.0
8	21	High Dose Megavitamin	17.9	4.3	12.9	5.0	0.0	0.0	4.9	4.8
9	22	Homeopathy	8.7	3.5	2.8	2.0	5.6	6.0	0.0	0.0
10	23	Hypnosis	1.7	1.0	1.7	1.7	0.0	0.0	0.0	0.0
11	24	Imagery Techniques	7.3	2.1	8.5	2.9	0.0	0.0	0.0	0.0
12	25	Massage Therapy	21.6	4.5	16.9	5.9	0.0	0.0	0.0	0.0
13	26	Prayer/Spiritual Practices	53.4	3.1	39.8	6.5	66.5	13.1	44.8	19.9
14	27	Relaxation/Meditation	32.1	3.8	32.6	7.1	0.0	0.0	3.7	3.9
15	28	Special Diets	7.9	2.4	6.7	3.0	7.8	9.3	0.0	0.0
16	29	Spiritual Healing	14.9	3.3	8.3	4.3	7.8	9.3	0.0	0.0
17	30	Other Non-traditional	6.1	1.9	11.5	4.7	0.0	0.0	0.0	0.0
18	31	GROUP ATTENDED?	--	--	--	--	--	--	--	--
19	32	Substance Problems	21.6	3.6	38.7	6.4	34.9	19.5	0.0	0.0
20	33	Emotional Problems	11.5	2.8	4.7	2.4	7.2	7.5	0.0	0.0
21	34	Eating Disorders	1.1	0.9	3.0	2.5	0.0	0.0	0.0	0.0
22	35	Bereavement	4.2	1.5	0.0	0.0	12.4	10.2	0.0	0.0
23	36	Life Transition	2.7	1.3	0.0	0.0	0.0	0.0	0.0	0.0
24	37	Survivors	7.9	2.3	10.6	4.7	0.0	0.0	0.0	0.0
25	38	Own Disability or Illness	2.0	1.2	0.6	0.6	3.5	3.6	14.7	11.4
26	39	Parenting Support	1.2	0.7	0.0	0.0	9.0	8.7	0.0	0.0
27	40	Family Support w Physical Illness	1.1	0.8	0.0	0.0	0.0	0.0	0.0	0.0
28	41	Family Support w Mental Illness	10.6	2.7	3.9	2.9	9.0	8.7	0.0	0.0