

30-DAY SYMPTOMS (NSD)

*NSD3.2. (RB, PG 36) (Look at page 36 in your booklet.) In the past 30 days, how often did you have each of the following: How often did you...							
(IF NEC: In the past 30 days...all the time, most, some, a little, or none of the time?)	ALL (1)	MOST (2)	SOME (3)	A LITTLE (4)	NONE (5)	DK (8)	RF (9)
*NSD3.2. ...feel tired out for no good reason – <u>all of the time, most of the time, some of the time, a little of the time, or none of the time?</u>	1	2	3	4	5	8	9
*NSD3.2a. ...feel <u>nervous</u> – <u>all the time, most, some, a little or none of the time?</u>	1	2	3	4	5 GO TO *NSD3.2c	8	9
*NSD3.2b. ...feel so nervous that nothing could calm you down?	1	2	3	4	5	8	9
*NSD3.2c. ...feel hopeless?	1	2	3	4	5	8	9
*NSD3.2d. ...feel restless or fidgety?	1	2	3	4	5 GO TO *NSD3.2f	8	9
*NSD3.2e. ...feel so restless that you could not sit still?	1	2	3	4	5	8	9
*NSD3.2f. ...feel depressed?	1	2	3	4	5 GO TO *NSD3.2g	8	9
*NSD3.2f.1...feel so depressed that nothing could cheer you up?	1	2	3	4	5	8	9
*NSD3.2g. ...feel that everything was an effort?	1	2	3	4	5	8	9
*NSD3.2i. ...feel worthless?	1	2	3	4	5	8	9
*NSD3.2t. ...how often were you irritable or grumpy?	1	2	3	4	5	8	9
*NSD3.2u. ...how often were you mad or angry?	1	2	3	4	5 GO TO *NSD3.2w	8	9
*NSD3.2v. ...how often were you so angry that you felt out of control?	1	2	3	4	5	8	9
*NSD3.2w. ...how often did you have an urge to hit, push, or hurt someone?	1	2	3	4	5	8	9
*NSD3.2x. ...how often did have an urge to break or smash something?	1	2	3	4	5	8	9

* NSD3.3 We just reviewed how often you felt nervous, sad, irritable and other feelings in the past 30 days. Was there ever a month in the past 12 months when these sorts of feelings occurred more often than they did in the past 30 days?

YES.....1
 NO.....5 **GO TO *NSD6**
 DON'T KNOW.....8 **GO TO *NSD6**
 REFUSED9 **GO TO *NSD6**

*NSD5 (RB, PG 36) For the next questions, think of the one month in the past 12 months when you were at your worst emotionally in terms of being anxious, depressed, or emotionally stressed.

(IF NEC: <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?)	ALL (1)	MOST (2)	SOME (3)	A LITTLE (4)	NONE (5)	DK (8)	RF (9)
*NSD5a. During that month, how often did you feel tired out for no good reason – <u>all of the time</u> , <u>most of the time</u> , <u>some of the time</u> , <u>a little of the time</u> , or <u>none of the time</u> ?	1	2	3	4	5	8	9
*NSD5b. During that same month when you were at your worst emotionally, how often did you feel nervous?	1	2	3	4	5 GO TO *NSD5d	8	9
*NSD5c. How often did you feel so nervous that nothing could calm you down?	1	2	3	4	5	8	9
*NSD5d. How often did you feel hopeless?	1	2	3	4	5	8	9
*NSD5e. How often did you feel restless or fidgety?	1	2	3	4	5 GO TO *NSD5g	8	9
*NSD5f. How often did you feel so restless you could not sit still?	1	2	3	4	5	8	9
*NSD5g. How often did you feel depressed?	1	2	3	4	5 GO TO *NSD5i	8	9
*NSD5h. How often did you feel so depressed that nothing could cheer you up?	1	2	3	4	5	8	9
*NSD5i. How often did you feel that everything was an effort?	1	2	3	4	5	8	9
*NSD5j. How often did you feel worthless?	1	2	3	4	5	8	9

***NSD6.** (RB, PG 37) (Look at page 37 in your booklet.) The next questions are about other experiences you might have had in the past 30 days.

(IF NEC: Often, sometimes, rarely, or never?)	OFTEN (1)	SOMETIMES (2)	RARELY (3)	NEVER (4)	DK (8)	RF (9)
*NSD6a. Some people have the experience of finding new things among their belongings that they do not remember buying. How often did this happen to you in the past 30 days -- often, sometimes, rarely, or never?	1	2	3	4	8	9
*NSD6b. Some people sometimes have the experience of feeling as though they are standing next to themselves or watching themselves do something and they actually see themselves as if they were looking at another person. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD6c. Some people are told that they sometimes do not recognize friends or family members. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD6d. Some people have the experience of feeling that other people, objects, and the world around them are not real. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD6e. Some people have the experience of feeling that their body does not seem to belong to them. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD6f. Some people find that in one situation they may act so differently compared with another situation that they feel almost as if they were two different people. How often did this happen to you in the past 30 days?	1	2	3	4	8	9
*NSD6g. Some people sometimes find that they can hear voices inside their head that tell them to do things or comment on things that they are doing. How often did this happen to you in the past 30 days?	1	2	3	4	8	9

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