

DEPRESSION (D)

***D1.** Earlier in the interview, you mentioned having periods that lasted several days or longer when you felt sad, empty, or depressed most of the day. During episodes of this sort, did you ever feel discouraged about how things were going in your life?

YES..... 1
 NO 5 **GO TO *D1b**
 DON'T KNOW 8 **GO TO *D1b**
 REFUSED 9 **GO TO *D1b**

***D1a.** During the episodes of being sad, empty, or depressed, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

YES 1 **GO TO *D3**
 NO..... 5 **GO TO *D4**
 DON'T KNOW 8 **GO TO *D4**
 REFUSED 9 **GO TO *D4**

***D1b.** During the episodes of being sad, empty, or depressed, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

YES 1 **GO TO *D5**
 NO..... 5 **GO TO *D6**
 DON'T KNOW 8 **GO TO *D6**
 REFUSED 9 **GO TO *D6**

***D2.** Earlier in the interview you mentioned having periods that lasted several days or longer when you felt discouraged about how things were going in your life. During episodes of this sort, did you ever lose interest in most things like work, hobbies, and other things you usually enjoy?

YES..... 1 **GO TO *D7**
 NO 5 **GO TO *D8**
 DON'T KNOW 8 **GO TO *D8**
 REFUSED..... 9 **GO TO *D8**

***D3.** INTERVIEWER INSTRUCTION:

USE KEY PHRASE "SAD, DISCOURAGED, OR UNINTERESTED" THROUGHOUT THE SECTION
GO TO *D12

***D4.** INTERVIEWER INSTRUCTION:

USE KEY PHRASE "SAD OR DISCOURAGED" THROUGHOUT THE SECTION
GO TO *D12

*D11. INTERVIEWER INSTRUCTION: USE KEY PHRASE "UNINTERESTED" THROUGHOUT THE SECTION
GO TO *D16

*D12. Did you ever have a period of being (sad/or/discouraged/or/uninterested in things) that lasted most of the day, nearly every day, for two weeks or longer?

YES1 **GO TO *D16**
NO.....5
DON'T KNOW8
REFUSED9

*D12a. How long was the longest period of days you ever had when you were (sad/or/discouraged/or/uninterested) most of the day?

INTERVIEWER: "LESS THAN ONE DAY" CODE 0

_____ DAYS

DON'T KNOW.....998
REFUSED.....999

*D13. INTERVIEWER CHECKPOINT: (SEE *D12a)

DURATION OF 3 DAYS OR LONGER.....1 **GO TO *D14**
ALL OTHERS.....2 **GO TO *D87.1**

*D14. Did you ever have a year or more in your life when you had several different episodes of being (sad/or/discouraged/or/uninterested) each of which lasted several days or longer?

YES1
NO.....5 **GO TO *D87.1**
DON'T KNOW8 **GO TO *D87.1**
REFUSED9 **GO TO *D87.1**

*D14a. Did you ever have a year or more in your life when just about every month you had an episode of this sort?

YES1
NO.....5 **GO TO *D87.1**
DON'T KNOW8 **GO TO *D87.1**
REFUSED9 **GO TO *D87.1**

*D15. Think of times lasting several days or longer when (this problem/these problems) with your mood (was/were) most severe and frequent. During those times, did your feelings of (sadness/or/discouragement/or/lack of interest) usually last less than 1 hour, between 1 and 3 hours, between 3 and 5 hours, or more than 5 hours?

LESS THAN 1 HOUR1 **GO TO D87.1**
BETWEEN 1 AND 3 HOURS.....2 **GO TO D17**
BETWEEN 3 AND 5 HOURS.....3 **GO TO D17**
MORE THAN 5 HOURS.....4 **GO TO D17**
DON'T KNOW8 **GO TO D17**
REFUSED9 **GO TO D17**

INTERVIEWER: ASK ABOUT PERIODS LASTING "SEVERAL DAYS OR LONGER" FOR THE REMAINDER OF THE SECTION.

GO TO *D17

*D16. Think of times lasting two weeks or longer when (this problem/these problems) with your mood (was/were) most severe and frequent. During those times, did your feelings of (sadness/or/discouragement/or/lack of interest) usually last less than 1 hour, between 1 and 3 hours, between 3 and 5 hours, or more than 5 hours?

LESS THAN 1 HOUR 1 **GO TO *D87.1**
BETWEEN 1 AND 3 HOURS.....2
BETWEEN 3 AND 5 HOURS.....3
MORE THAN 5 HOURS.....4
DON'T KNOW8
REFUSED..... 9

INTERVIEWER: ASK ABOUT PERIODS LASTING "TWO WEEKS OR LONGER" FOR THE REMAINDER OF THE SECTION.

*D17. How severe was your emotional distress during those times -- mild, moderate, severe, or very severe?

MILD.....1
MODERATE.....2
SEVERE.....3
VERY SEVERE.....4
DON'T KNOW8
REFUSED9

*D18. How often, during those times, was your emotional distress so severe that nothing could cheer you up -- often, sometimes, rarely, or never?

OFTEN1
SOMETIMES.....2
RARELY.....3
NEVER4
DON'T KNOW8
REFUSED9

*D19. How often, during those times, was your emotional distress so severe that you could not carry out your daily activities -- often, sometimes, rarely, or never?

OFTEN1
SOMETIMES.....2
RARELY.....3
NEVER4
DON'T KNOW8
REFUSED9

*D20. INTERVIEWER CHECKPOINT: (SEE *D17, *D18, *D19)

*D17 EQUALS '1' AND *D18 EQUALS '4' AND *D19 EQUAL '4' 1 **GO TO *D87.1**
ALL OTHERS..... 2

*D21. People with episodes of being (sad/or/discouraged/or/uninterested) often have other problems at the same time. These include things like changes in sleep, appetite, energy, the ability to concentrate and remember, feelings of low self-worth, and other problems. Did you ever have any of these problems during one of your episodes of being (sad/or/discouraged/or/uninterested)?

YES.....1
NO.....5 **GO TO *D87.1**
DON'T KNOW8 **GO TO *D87.1**
REFUSED9 **GO TO *D87.1**

*D22. (READ SLOWLY) Please think of an episode of being (sad/or/discouraged/or/uninterested) lasting (several days/two weeks) or longer when you also had the largest number of these other problems at the same time. Is there one particular episode of this sort that stands out in your mind as the worst one you ever had?

YES 1
NO..... 5 **GO TO *D22c**
DON'T KNOW 8 **GO TO *D22c**
REFUSED..... 9 **GO TO *D22c**

*D22a. How old were you when that worst episode started?

_____ YEARS OLD

DON'T KNOW998
REFUSED999

*D22b. How long did that worst episode last?

_____ NUMBER **GO TO *D23**

CIRCLE UNIT OF TIME: DAYS1 WEEKS2 MONTHS.....3 YEARS 4

DON'T KNOW 98 **GO TO *D23**
REFUSED..... 99 **GO TO *D23**

*D22c. Then think of the last time you had a bad episode [of being (sad/or/discouraged/or/uninterested)] like this. How old were you when that last episode occurred?

_____ YEARS OLD

DON'T KNOW998
REFUSED999

*D22d. How long did that episode last?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS1 WEEKS2 MONTHS.....3 YEARS 4

DON'T KNOW98
REFUSED99

***D23.** Was there something going on in your life shortly before that episode started that caused it to occur?

- YES1
- NO.....5 **GO TO *D24**
- DON'T KNOW8 **GO TO *D24**
- REFUSED9 **GO TO *D24**

*D23a. (RB, PG 3) (IF NEC: [Look at page 3 in your booklet.] Briefly, what was going on that caused the episode to occur?)

CIRCLE ALL MENTIONS.

STRESS

- OVERWORK1
- TENSION2
- DEATH OF LOVED ONE3
- MARITAL SEPARATION/DIVORCE.....4
- JOB LOSS.....5
- STRESS6
- OTHER STRESSFUL EXPERIENCE (SPECIFY BELOW)....7

PHYSICAL ILLNESS/INJURY/CONDITION

- EXHAUSTION.....10
- MENSTRUAL CYCLE11
- PREGNANCY/POSTPARTUM.....12
- HEART DISEASE.....13
- THYROID DISEASE14
- CANCER15
- OVERWEIGHT16
- OTHER PHYSICAL ILLNESS OR INJURY (SPECIFY BELOW).....17

OTHER

- OTHER (SPECIFY BELOW).....82
- DON'T KNOW98
- REFUSED.....99

SPECIFY

*D24. (RB, PG 4. FOR EACH ITEM ENDORSED, ASK R TO MARK IT IN THE RB.) Look at page 4 in your booklet. In answering the next questions, think about the period of (several days/two weeks) or longer during that episode when your (sadness/and/discouragement/and/loss of interest) and other problems were most <u>severe and frequent</u> . During that period, which of the following problems did you have <u>most of the day nearly every day</u> :	YES (1)	NO (5)	DK (8)	RF (9)
*D24a. Did you feel sad, empty, or depressed most of the day nearly every day during that period of (several days/ two weeks) or longer?	1	5 GO TO *D24c	8 GO TO *D24c	9 GO TO *D24c
*D24b. Did you feel so sad that nothing could cheer you up nearly every day?	1	5	8	9
*D24c. During that period of (several days/ two weeks) or longer, did you feel discouraged about how things were going in your life most of the day nearly every day?	1	5 GO TO *D24e	8 GO TO *D24e	9 GO TO *D24e
*D24d. Did you feel hopeless about the future nearly every day?	1	5	8	9
*D24e. During that period of (several days/ two weeks) or longer, did you lose interest in almost all things like work and hobbies and things you like to do for fun?	1	5	8	9
*D24f. Did you lose the ability to take pleasure in having good things happen to you, like winning something or being praised or complimented?	1	5	8	9

*D25. INTERVIEWER CHECKPOINT: (SEE *D24a-*D24f)

ONE OR MORE RESPONSES CODED '1' 1
 ALL OTHERS..... 2 **GO TO *D87.1**

*D26. (RB, PG 4-5. FOR EACH ITEM ENDORSED, ASK R TO MARK IT IN THE RB.)	YES (1)	NO (5)	DK (8)	RF (9)
*D26a. Did you have a much smaller appetite than usual nearly every day during that period of (several days/ two weeks)?	1 GO TO *D26e	5	8	9
*D26b. Did you have a much <u>larger</u> appetite than usual nearly every day?	1	5	8	9
*D26c. Did you gain weight without trying to during that period of (several days/ two weeks)? IF R REPORTS BEING PREGNANT OR GROWING, CODE "7" AND GO TO *D26g	1	5 GO TO *D26e	8 GO TO *D26e	9 GO TO *D26e
*D26d. How much did you gain? _____ NUMBER GO TO *26g CIRCLE UNIT OF MASS: POUNDS 1 GO TO *26g KILOS 2 GO TO *26g			998	999
*D26e. Did you <u>lose</u> weight without trying to? IF R REPORTS BEING ON A DIET OR PHYSICALLY ILL, CODE "NO" AND GO TO *D26g	1	5 GO TO *D26g	8 GO TO *D26g	9 GO TO *D26g
*D26f. How much did you lose? _____ NUMBER CIRCLE UNIT OF MASS: POUNDS 1 KILOS 2			998	999
*D26g. Did you have a lot more trouble than usual either falling asleep, staying asleep, or waking too early nearly every night during that period of (several days/ two weeks)?	1 GO TO *D26i	5	8	9
*D26h. Did you sleep a lot more than usual nearly every night during that period of (several days/ two weeks)?	1 GO TO *D26j	5	8	9
*D26i. Did you sleep much less than usual and still not feel tired or sleepy?	1	5	8	9

	YES (1)	NO (5)	DK (8)	RF (9)
*D26j. Did you feel tired or low in energy nearly every day during that period of (several days/ two weeks) even when you had not been working very hard?	1	5	8	9
	GO TO *D26l			
*D26k. Did you have a lot <u>more</u> energy than usual nearly every day during that period of (several days/ two weeks)?	1	5	8	9
*D26l. Did you talk or move more slowly than is normal for you nearly every day?	1	5	8	9
		GO TO *D26n	GO TO *D26n	GO TO *D26n
*D26m. Did anyone else notice that you were talking or moving slowly?	1	5	8	9
	GO TO *D26p	GO TO *D26p	GO TO *D26p	GO TO *D26p
*D26n. Were you so restless or jittery nearly every day that you paced up and down or couldn't sit still?	1	5	8	9
		GO TO *D26p	GO TO *D26p	GO TO *D26p
*D26o. Did anyone else notice that you were restless?	1	5	8	9
*D26p. Did your thoughts come much more slowly than usual or seem mixed up nearly every day during that period of (several days/ two weeks)?	1	5	8	9
	GO TO *D26r			
*D26q. Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?	1	5	8	9
*D26r. Did you have a lot more trouble concentrating than is normal for you nearly every day?	1	5	8	9
*D26s. Were you unable to make up your mind about things you ordinarily have no trouble deciding about?	1	5	8	9
*D26t. Did you lose your self-confidence?	1	5	8	9
*D26u. Did you feel that you were not as good as other people nearly every day?	1	5	8	9
		GO TO *D26w	GO TO *D26w	GO TO *D26w
*D26v. Did you feel totally worthless nearly every day?	1	5	8	9

	YES (1)	NO (5)	DK (8)	RF (9)
*D26w. Did you have feelings of extreme guilt nearly every day?	1 GO TO *D26x	5	8	9
*D26w.1. Did you feel a lot more guilty than you should have nearly every day?	1	5	8	9
*D26x. Did you feel irritable, grouchy, or in a bad mood nearly every day?	1	5	8	9
*D26y. Did you feel nervous or anxious most days?	1	5	8	9
*D26z. During that time, did you have any sudden attacks of intense fear or panic?	1	5	8	9
*D26aa. Did you often think a lot about death, either your own, someone else's, or death in general?	1	5	8	9
*D26bb. During that period, did you ever think that it would be better if you were dead?	1	5	8	9
*D26cc. Did you think about committing suicide?	1	5 GO TO *D26ff	8 GO TO *D26ff	9 GO TO *D26ff
*D26dd. Did you make a suicide plan?	1	5	8	9
*D26ee. Did you make a suicide attempt?	1	5	8	9
*D26ff. Did you feel that you could not cope with your everyday responsibilities?	1	5	8	9
*D26gg. Did you feel like you wanted to be alone rather than spend time with friends or relatives?	1	5	8	9
*D26hh. Did you feel less talkative than usual?	1	5	8	9
*D26ii. Were you often in tears?	1	5	8	9

***D27. INTERVIEWER CHECKPOINT: (SEE *D24 - *D26ii)**

PROGRAMMER: IF AT LEAST ONE '1' RESPONSE IN *D24a- *D24d, INCREMENT COUNT BY ONE.
IF AT LEAST ONE '1' RESPONSE IN *D24e- *D24f, INCREMENT COUNT BY ONE. INCREMENT
COUNT BY ONE FOR EACH '1' RESPONSE IN *D26a - *D26ii.

COUNT EQUALS TWO OR MORE1
ALL OTHERS.....2 **GO TO *D87.1**

*D28. You mentioned having (two of the/a number of the) problems I just asked you about. How much did your (sadness/or/discouragement/or/lack of interest) and these other problems interfere with either your work, your social life, or your personal relationships during that episode– not at all, a little, some, a lot, or extremely?

- NOT AT ALL.....1 **GO TO *D29**
- A LITTLE.....2 **GO TO *D29**
- SOME3
- A LOT.....4
- EXTREMELY.....5
- DON'T KNOW.....8
- REFUSED9 **GO TO *D29**

*D28a. How often during that episode were you unable to carry out your daily activities because of your (sadness/or/discouragement/or/lack of interest) – often, sometimes, rarely, or never?

- OFTEN1
- SOMETIMES.....2
- RARELY3
- NEVER.....4
- DON'T KNOW.....8
- REFUSED.....9

*D29. When I use the word “episode” in the next questions, I mean a time lasting (several days/two weeks) or longer when nearly every day you were (sad/or/discouraged/or/uninterested) and also had some of the other problems we talked about. The episode ends when you no longer have the problems for two weeks in a row. With this definition in mind, about how many different episodes did you ever have in your entire life?

_____ NUMBER

- DON'T KNOW.....998
- REFUSED.....999

*D29a. Episodes of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your [IF D29= '1': episode/or/IF D29>1: episodes] of [IF *D24a EQUALS '1': sadness/ or/ IF *D24c EQUALS: discouragement/ or/ IF *D24e EQUALS '1': lack of interest] ever occurred as the result of such physical causes?

- YES.....1
- NO.....5 **GO TO *D29d**
- DON'T KNOW.....8 **GO TO *D29d**
- REFUSED9 **GO TO *D29d**

*D29b. Do you think your [IF D29= '1': episode was/or/IF D29>1: episodes were] always the result of physical causes?

- YES.....1
- NO.....5 **GO TO *D29d**
- DON'T KNOW.....8 **GO TO *D29d**
- REFUSED9 **GO TO *D29d**

*D29c. Briefly, what do you think the physical cause was?

*D29d. INTERVIEWER CHECKPOINT (SEE *D29)

*D29 EQUALS "1"1 GO TO *D37d
ALL OTHERS.....2

*D37. Think of the very first time in your life you had an episode lasting (several days or longer / two-weeks or longer) when most of the day nearly every day you felt (sad/or/discouraged/or/uninterested) and also had some of the other problems we just reviewed. Can you remember your exact age?

YES1
NO5 GO TO *D37b
DON'T KNOW8 GO TO *D37b
REFUSED9 GO TO *D37b

*D37a. (IF NEC: How old were you?)

_____ YEARS OLD GO TO *D37c

DON'T KNOW998
REFUSED999

*D37b. About how old were you (the first time you had an episode of this sort)?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER,"
PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

_____ YEARS OLD

BEFORE STARTED SCHOOL 4
BEFORE TEENAGER 12
NOT BEFORE TEENAGER 13
DON'T KNOW 998
REFUSED 999

*D37c. About how long did that episode go on?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS1 WEEKS2 MONTHS.....3 YEARS 4

DON'T KNOW98
REFUSED99

***D37d.** Episodes of feeling (sad/or/discouraged/or/uninterested) sometimes occur “out of the blue”, other times they occur after the death of someone close to you, and other times they occur in response to some stressful experience. What about (your/the very first time you had an) episode of this sort – did it start out of the blue, after the death of someone close to you, or did it start in response to some stressful experience that occurred to you?

OUT OF THE BLUE 1
DEATH OF SOMEONE CLOSE 2
RESPONSE TO STRESS 3
DON'T KNOW 8
REFUSED 9

***D37e.** INTERVIEWER CHECKPOINT: (SEE ***D29**)

***D29** EQUALS “1 - 3”1 **GO TO *D37g**
ALL OTHERS.....2

***D37f.** As we just mentioned, episodes of feeling (sad/or/discouraged/or/uninterested) sometimes occur “out of the blue” and other times they occur in response to some stressful experience and sometimes after the death of someone close to you. Including your first episode, about how many of your lifetime episodes started out of the blue, about how many episodes started in response to some stressful experience, and about how many episodes started after the death of someone close to you?

***D37f.1.** _____ NUMBER OUT OF THE BLUE

DON'T KNOW998
REFUSED999

***D37f.2.** _____ NUMBER IN RESPONSE TO STRESS

DON'T KNOW998
REFUSED999

***D37f.3.** _____ NUMBER AFTER THE DEATH OF SOMEONE CLOSE TO YOU

DON'T KNOW998
REFUSED999

***D37g.** INTERVIEWER CHECKPOINT: (SEE ***D29**)

***D29** EQUALS “1”1 **GO TO *D38**
ALL OTHERS.....2

***D37h.** You already told me about your first episode. About how much time went on between (READ SLOWLY) the end of your first episode and the beginning of your second episode?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS1 WEEKS2 MONTHS.....3 YEARS 4

DON'T KNOW98
REFUSED99

***D37i.** About how long did the second episode go on?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS 1 WEEKS 2 MONTHS 3 YEARS 4

DON'T KNOW 98

REFUSED 99

***D37k.** Did that second episode start out of the blue, after the death of someone close to you, or did it start in response to some stressful experience that occurred to you?

OUT OF THE BLUE 1

DEATH OF SOMEONE CLOSE TO YOU 2

RESPONSE TO STRESS 3

DON'T KNOW 8

REFUSED 9

***D37l.** INTERVIEWER CHECKPOINT: (SEE ***D29**)

***D29** EQUALS "2" 1 GO TO ***D38**

ALL OTHERS 2

***D37m.** About how much time went on between (READ SLOWLY) the end of your second episode and the beginning of your third episode?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS 1 WEEKS 2 MONTHS 3 YEARS 4

DON'T KNOW 98

REFUSED 99

***D37n.** About how long did the third episode go on?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS 1 WEEKS 2 MONTHS 3 YEARS 4

DON'T KNOW 98

REFUSED 99

***D37p.** Did your third episode start out of the blue, after the death of someone close to you, or did it start in response to some stressful experience that occurred to you?

OUT OF THE BLUE 1

DEATH OF SOMEONE CLOSE TO YOU 2

RESPONSE TO STRESS 3

DON'T KNOW 8

REFUSED 9

***D38.** Did you have an episode of being (sad/or/discouraged/or/uninterested) with some of the other problems (pages 4-5 in the RB) lasting (several days or longer/ two weeks or longer) in the past 12 months?

YES.....1 **GO TO *D38a**
NO.....5
DON'T KNOW8
REFUSED9

***D38.1.** INTERVIEWER CHECKPOINT: (SEE ***D29**)

***D29** LIFETIME EPISODES EQUALS "1-3" 1 **GO TO *D72**
ALL OTHER 2 **GO TO *D38c**

***D38a.** How recently – in the past month, two to six months ago, or more than six months ago?

PAST MONTH 1
2-6 MONTHS AGO..... 2
MORE THAN 6 MONTHS AGO... 3
DON'T KNOW 8
REFUSED..... 9

***D38a.1.** When I use the word “episode” in the next questions, I mean a time lasting (several days/two weeks) or longer when nearly every day you were (sad/or/discouraged/or/uninterested) and also had some of the other problems. The episode ends when you no longer have the problems for two weeks in a row. With this definition in mind, how many different episodes did you have in the past 12 months?

_____ NUMBER

DON'T KNOW998
REFUSED.....999

***D38a.2.** INTERVIEWER CHECKPOINT: (SEE ***D38a.1**)

***D38a.1** EQUALS '1'1
ALL OTHERS.....2 **GO TO *D38a.7**

***D38a.3.** In what month did that episode start?

_____/_____
MONTH YEAR

DON'T KNOW998
REFUSED.....999

***D38a.5.** INTERVIEWER CHECKPOINT: (SEE ***D38a**)

***D38a** EQUALS '1'1
ALL OTHERS.....2 **GO TO *D38b**

*D38a.6. Has this episode ended or is it still going on?

ENDED.....1
STILL GOING ON.....5
DON'T KNOW.....8
REFUSED.....9

GO TO D38b

*D38a.7. How long did the first of these (NUMBER FROM *D38a.1) episodes last?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS 1 WEEKS2 MONTHS.....3 YEARS 4

DON'T KNOW.....998
REFUSED.....999

*D38a.8. INTERVIEWER CHECKPOINT: (SEE *D38a)

D38a EQUALS '1'.....1
ALL OTHERS.....2 **GO TO *D38b**

*D38a.9. Has the most recent episode ended or is it still going on?

ENDED 1
STILL GOING ON5
DON'T KNOW8
REFUSED.....9

*D38b. About how many days out of the last 365 were you in an episode?

_____ DAYS

DON'T KNOW.....998
REFUSED.....999

D38b.1. INTERVIEWER CHECKPOINT: (SEE *D29)

*D29 EQUALS '1'1 **GO TO *D62.2**
*D29 EQUALS '2' or '3'2 **GO TO *D54**
ALL OTHERS.....3 **GO TO *D39**

*D38c. How old were you the last time you had one of these episodes?

_____ YEARS OLD

DON'T KNOW.....998
REFUSED.....999

*D39. What is the longest episode you ever had when you were (sad/or/discouraged/or/uninterested) and also had some of the other problems we reviewed most of the day nearly every day?

_____ NUMBER

CIRCLE UNIT OF TIME: DAYS 1 WEEKS 2 MONTHS 3 YEARS 4

DON'T KNOW 98
REFUSED 99

*D40. INTERVIEWER CHECKPOINT: (SEE *D39)

LONGEST EPISODE WAS LESS THAN 14 DAYS 1
ALL OTHERS 2 **GO TO *D54**

*D41. Did you ever have at least one full year with episodes lasting several days or more just about every month?

YES 1
NO 5 **GO TO *D54**
DON'T KNOW 8 **GO TO *D54**
REFUSED 9 **GO TO *D54**

*D42. How old were you the first time you had a year of this sort (when you had an episode just about every month)?

_____ YEARS OLD

DON'T KNOW 998
REFUSED 999

*D42.1. How many of these episodes were brought on by some stressful experience - all, most, some, or none?

ALL 1
MOST 2
SOME 3
NONE 4
DON'T KNOW 8
REFUSED 9

*D43. About how many different years in your life did you have an episode [of being (sad/or/discouraged/or/uninterested)] just about every month?

_____ YEARS

DON'T KNOW 998
REFUSED 999

*D44. INTERVIEWER CHECKPOINT: (SEE *D43)

*D43 EQUALS '1' 1 **GO TO *D46**
ALL OTHERS 2

*D45. What is the longest continuous number of years in a row in which you had an episode [of being (sad/or/discouraged/or/uninterested)] just about every month?

_____ YEARS
DON'T KNOW998
REFUSED999

*D46. Did you ever have a full year or longer when you were in an episode most days?

YES1
NO5 **GO TO *D54**
DON'T KNOW8 **GO TO *D54**
REFUSED9 **GO TO *D54**

*D47. And how old were you the first time you had a year of this sort (when you were in an episode most days)?

_____ YEARS OLD
DON'T KNOW998
REFUSED999

*D48. About how many different years in your life were you in an episode [of being (sad/or/discouraged/or/uninterested)] most days?

_____ YEARS
DON'T KNOW998
REFUSED999

*D49. INTERVIEWER CHECKPOINT: (SEE *D48)

*D48 EQUALS '1'1 **GO TO *D54**
ALL OTHERS2

*D50. What is the longest continuous number of years in a row in which you were in an episode most days?

_____ YEARS **GO TO *D62.1**
DON'T KNOW998 **GO TO *D62.1**
REFUSED999 **GO TO *D62.1**

*D54. How many different years in your life did you have at least one episode?

_____ YEARS
DON'T KNOW998
REFUSED999

*D55. INTERVIEWER CHECKPOINT: (SEE *D54)

*D54 EQUALS '1' 1 GO TO *D62.1
ALL OTHERS..... 2

*D56. What is the longest continuous number of years in a row in which you had at least one episode per year?

_____ YEARS

DON'T KNOW998
REFUSED999

*D57. INTERVIEWER CHECKPOINT: (SEE *D39)

*D39 EQUALS '12' MONTHS OR LONGER1 GO TO *D59
ALL OTHERS.....2

*D58. Did you ever have a period lasting a full year or longer when you were in an episode most days?

YES.....1
NO.....5 GO TO *D62.1
DON'T KNOW8 GO TO *D62.1
REFUSED9 GO TO *D62.1

*D59. About how many years in your life were you in an episode most days?

_____ YEARS

DON'T KNOW998
REFUSED999

*D59a. And how old were you the first time you had a year of this sort (when you were in an episode most days)?

_____ YEARS OLD

DON'T KNOW998
REFUSED999

*D60. INTERVIEWER CHECKPOINT: (SEE *D59)

*D59 EQUALS '1' 1 GO TO *D62.1
ALL OTHERS..... 2

*D61. What is the longest continuous number of years in a row in which you were in an episode most days?

_____ YEARS

DON'T KNOW998
REFUSED999

*D62.1. INTERVIEWER CHECKPOINT: (SEE *D38)

*D38 EQUALS '1'1
ALL OTHERS.....2 **GO TO *D72**

*D62.2. INTERVIEWER CHECKPOINT

R CAN READ1
ALL OTHERS.....2 **GO TO *D64**

*D62.3. (RB, PG 6-8) For the next questions I need you to think about the period of (several days/two weeks) or more during the past 12 months when your (sadness/or/discouragement/or/lack of interest) was most severe and frequent. Please read each of the fourteen sets of statements on page 6-8 in your booklet and circle the one response for each of the fourteen that best describes how you were during those (several days/two weeks). As you finish each set, please tell me the number of the statement you have circled.

GO TO *D64a

*D64. (RB, PG 6-8) For the next questions I need you to think about the period of (several days/two weeks) or more during the past 12 months when your (sadness/or/discouragement/or/lack of interest) was most severe and frequent. I'm going to read fourteen series of statements. Please pick the one statement in each series that comes closest to your experience during that worst (several days/two weeks).

*D64a. Here's the first series, which deals with problems falling asleep:

- One: You never took longer than 30 minutes to fall asleep.
- Two: You took at least 30 minutes to fall asleep, less than half the time.
- Three: You took at least 30 minutes to fall asleep, more than half the time.
- Four: You took more than 60 minutes to fall asleep, more than half the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64b. Here's the next series, which deals with waking up at night:

- One: You did not wake up at night.
- Two: You had a restless, light sleep with few brief awakenings each night.
- Three: You woke up at least once a night, but you got back to sleep easily.
- Four: You woke up more than once a night and stayed awake for 20 minutes or more, more than half the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64c. Here's the next series, which deals with waking up too early in the morning:

- One: Most of the time, you woke up no more than 30 minutes before you needed to get up.
- Two: More than half the time, you woke up more than 30 minutes before you needed to get up.
- Three: You almost always woke up at least one hour or so before you needed to, but you went back to sleep eventually.
- Four: You woke up at least one hour before you needed to and couldn't get back to sleep.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64d. Here's the next series, which deals with the amount of sleep you got each night:

- One: You slept no longer than 7-8 hours/night, without napping during the day.
- Two: You slept no longer than 10 hours in a 24-hour period including naps.
- Three: You slept no longer than 12 hours in a 24-hour period including naps.
- Four: You slept longer than 12 hours in a 24-hour period including naps.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64e. Here's the next series, which deals with feeling sad:

- One: You did not feel sad.
- Two: You felt sad less than half the time.
- Three: You felt sad more than half the time.
- Four: You felt sad nearly all the time.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64f. Here's the next series, which deals with your ability to concentrate and make decisions:

- One: There was no change in your usual capacity to concentrate or make decisions.
- Two: You occasionally felt indecisive or found that your attention wandered.
- Three: Most of the time, you struggled to focus your attention or to make decisions.
- Four: You couldn't concentrate well enough to read or you couldn't make even minor decisions.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64g. Here's the next series, which deals with feeling down on yourself:

- One: You saw yourself as equally worthwhile and deserving as other people.
- Two: You were more self-blaming than usual.
- Three: You largely believed that you caused problems for others.
- Four: You thought almost constantly about major and minor defects in yourself.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64h. Here's the next series, which deals with your interest in daily activities:

- One: There was no change from usual in how interested you were in other people or activities.
- Two: You noticed that you were less interested in people or activities.
- Three: You found you had interest in only one or two of your formerly pursued activities.
- Four: You had virtually no interest in formerly pursued activities.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64i. Here's the next series, which deals with your energy:

- One: There was no change in your usual level of activity.
- Two: You got tired more easily than usual.
- Three: You had to make a big effort to start or finish your usual daily activities (for example, shopping, homework, cooking, or going to work).
- Four: You really couldn't carry out most of your usual daily activities because you just didn't have the energy.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64j. Here's the next series, which deals with a change in your appetite:

- One: There was no change in your usual appetite.
- Two: You ate somewhat less often or lesser amounts of food than usual.
- Three: You ate much less than usual and only with personal effort.
- Four: You rarely ate within a 24-hr period, and only with extreme personal effort or when others persuaded you to eat.

- Five: You felt a need to eat more frequently than usual.
- Six: You regularly ate more often and/or greater amounts of food than usual
- Seven: You felt driven to overeat both at mealtime and between meals.

(IF NEC: Which of these seven statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64k. Here's the next series, which deals with changes in your weight:

- One: You did not have a change in your weight.
- Two: You felt as if you had a slight weight loss.
- Three: You lost 2 pounds or more.
- Four: You lost 5 pounds or more.
- Five: You felt as if you had a slight weight gain.
- Six: You gained 2 pounds or more.
- Seven: You gained 5 pounds or more.

(IF NEC: Which of these seven statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64l. Here's the next series, which deals with thoughts of death or suicide:

- One: You did not think of suicide or death.
- Two: You felt that life was empty or wondered if it was worth living.
- Three: You thought of suicide or death several times a week for several minutes.
- Four: You thought of suicide or death several times a day in some detail, or you made specific plans for suicide or actually tried to take your own life.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

*D64m. Here's the next series, which deals with feeling slowed down:

- One: You thought, spoke, and moved at your usual rate of speed.
- Two: You found that your thinking was slowed down or your voice sounded dull or flat.
- Three: It took you several seconds to respond to most questions, and you're sure your thinking was slowed.
- Four: You were often unable to respond to questions without extreme effort.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999

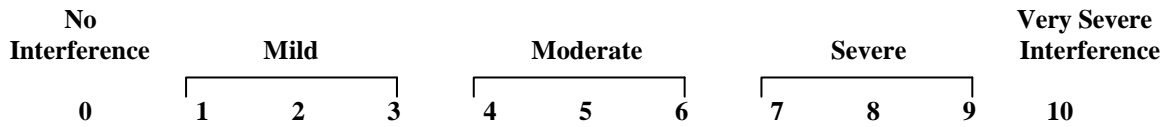
*D64n. Here's the last series, which deals with feeling restless:

- One: You did not feel restless.
- Two: You were often fidgety, wringing your hands, or needing to shift how you were sitting.
- Three: You had impulses to move about and were quite restless.
- Four: At times, you were unable to stay seated and needed to pace around.

(IF NEC: Which of these four statements was most true of you during your worst (several days/two weeks) of being (sad/or/discouraged/or/uninterested) in the past 12 months?)

_____ NUMBER

DON'T KNOW998
REFUSED999



*D66. (RB, PG 9) Think about the period lasting one month or longer in the past 12 months when your (sadness/or/discouragement/or/lack of interest) was most severe. Using the 0 to 10 scale on page 9 of your booklet, where 0 means no interference and 10 means very severe interference, what number describes how much your (sadness/or/discouragement/or/lack of interest) interfered with each of the following activities during that period?

(IF NEC: How much did your (sadness/or/discouragement/or/lack of interest) interfere with (ACTIVITY) during that period?)

(IF NEC: You can use any number between 0 and 10 to answer.)

NUMBER (0-10)

*D66a. Your home management, like cleaning, shopping, and working around the (house/ apartment) (or yard)?

DOES NOT APPLY 97
DON'T KNOW..... 98
REFUSED..... 99

*D66b. Your ability to work?

DOES NOT APPLY 97
DON'T KNOW..... 98
REFUSED..... 99

*D66c. Your ability to form and maintain close relationships with other people?

DOES NOT APPLY 97
DON'T KNOW..... 98
REFUSED..... 99

*D66d. Your social life?

DOES NOT APPLY 97
DON'T KNOW..... 98
REFUSED..... 99

*D67. INTERVIEWER CHECKPOINT: (SEE *D66a - *D66d)

ALL RESPONSES EQUAL '0' OR '97' 1 **GO TO *D72**
ALL OTHERS..... 2

*D68. About how many days out of 365 in the past 12 months were you totally unable to work or carry out your normal activities because of your (sadness/or/discouragement/or/lack of interest)?

(IF NEC: You can use any number between 0 and 365 to answer.)

_____ NUMBER OF DAYS

DON'T KNOW 998

REFUSED 999

*D72. Did you ever in your life talk to a medical doctor or other professional about your (sadness/or/discouragement/or/ lack of interest)? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

YES1

NO5 **GO TO *D87.1**

DON'T KNOW8 **GO TO *D87.1**

REFUSED9 **GO TO *D87.1**

*D72a. How old were you the first time [you talked to a professional about your (sadness/or/discouragement/or/lack of interest)]?

_____ YEARS OLD

DON'T KNOW 998

REFUSED 999

*D84. Did you ever get treatment for your (sadness/or/discouragement/or/lack of interest) that you considered helpful or effective?

YES1

NO5 **GO TO *D84c**

DON'T KNOW8 **GO TO *D84c**

REFUSED9 **GO TO *D84c**

*D84a. How old were you the first time [you got helpful treatment for your (sadness/or/discouragement/or/lack of interest)]?

_____ YEARS OLD

DON'T KNOW998

REFUSED999

*D84b. How many professionals did you ever talk to about your (sadness/or/discouragement/or/lack of interest), up to and including the first time you got helpful treatment?

_____ NUMBER OF PROFESSIONALS **GO TO *D86**

DON'T KNOW98 **GO TO *D86**

REFUSED99 **GO TO *D86**

*D84c. How many professionals did you ever talk to about your (sadness/or/discouragement/or/lack of interest)?

_____ NUMBER OF PROFESSIONALS

DON'T KNOW98

REFUSED99

*D86. Did you receive professional treatment for your (sadness/or/discouragement/or/lack of interest) at any time in the past 12 months?

YES 1
NO..... 5
DON'T KNOW 8
REFUSED 9

*D87. Were you ever hospitalized overnight for your (sadness/or/discouragement/or/lack of interest)?

YES.....1
NO.....5 **GO TO *D87.1**
DON'T KNOW8 **GO TO *D87.1**
REFUSED9 **GO TO *D87.1**

*D87a. How old were you the first time [you were hospitalized overnight because of your (sadness/or/discouragement/or/lack of interest)]?

_____ YEARS OLD

DON'T KNOW998
REFUSED999

*D87.1. How many of your close relatives – including your biological parents, brothers, sisters, and children – ever had episodes of being (sad/or/discouraged/or/uninterested in things) that either caused them a lot of distress or that interfered with their lives?

_____ NUMBER

DON'T KNOW998
REFUSED999

***D88.** INTERVIEWER CHECKPOINT (SEE *SC20, *SC20a, *SC24, *SC25a, *SC26, *SC26a, *SC26b, *SC28, *SC29.4, *SC30.4): FOLLOW SKIP FOR FIRST ENDORSED ITEM.

*SC24 EQUALS '1'	1	GO TO *M1, NEXT SECTION
*SC25a EQUALS '1'	2	GO TO *M5
*SC20 EQUALS '1'	4	GO TO *PD1 INTRO 1
*SC20a EQUALS '1'	5	GO TO *PD1 INTRO 2
*SC28 EQUALS '1'	6	GO TO *SP1
*SC29.4 EQUALS '1'	7	GO TO *SO1
*SC30.4 EQUALS '1'	8	GO TO *AG1
*SC26 EQUALS '1'	9	GO TO *G1 INTRO 1
*SC26a EQUALS '1'	10	GO TO *G1 INTRO 2
*SC26b EQUALS '1'	11	GO TO *G1 INTRO 3
ALL OTHERS	12	GO TO *IED1
