03/27/02

MANIA (M)

*M1. Earlier in the interview you mentioned having an episode lasting four days or longer when you felt much more excited and full of energy then usual and your mind went too fast. (READ SLOWLY) People who have episodes like this often have changes in their thinking and behavior at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being excited and full of energy?

YES1	GO TO *M3
NO5	
DON'T KNOW8	
REFUSED9	

*M3. Please think of the one episode when you were very excited and full of energy and you had the <u>largest number</u> of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

YES1	
NO5	GO TO *M3c
DON'T KNOW8	GO TO *M3c
REFUSED9	GO TO *M3c

*M3a. How old were you when that episode occurred?

YEARS OLD

*M3b. How long did that episode last?

NUMBER GO TO *M4

CIRCLE UNIT OF TIME: HOURS ... 1 DAYS 2 WEEKS ... 3 MONTHS 4 YEARS ... 5

 DON'T KNOW
 998
 GO TO *M4

 REFUSED
 999
 GO TO *M4

*M3c. Then think of the <u>most recent</u> time you had an episode like this. How old were you when that most recent episode occurred?

YEARS OLD

*M3d. How long did that episode last?

NUMBER

CIRCLE UNIT OF TIME: HOURS ... 1 DAYS 2 WEEKS ... 3 MONTHS 4 YEARS ... 5

*M4. During that episode, which of the following behavior changes did you experience: were you so irritable or grouchy that you started arguments, shouted at people, or hit people?

YES.....1 NO5 DON'T KNOW.....8 REFUSED.....9

INTERVIEWER INSTRUCTION: USE THE PHRASE "EXCITED AND FULL OF ENERGY" THROUGHOUT THIS SECTION

GO TO *M7a

*M5. Earlier in the interview you mentioned having episodes lasting four days or longer when you became so <u>irritable</u> or <u>grouchy</u> that you started arguments, shouted at people, or hit people.

(READ SLOWLY) People who have episodes of irritability like this often have changes in their thinking and behavior at the same time, like being more talkative, needing very little sleep, being very restless, going on buying sprees and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being very irritable or grouchy?

YES1	
NO5	GO TO *M49
DON'T KNOW8	GO TO *M49
REFUSED9	GO TO *M49

*M6. Please think of the episode of four days or more when you were very irritable or grouchy and you had the <u>largest</u> <u>number</u> of changes like these at the same time. Is there one episode of this sort that stands out in your mind?

YES1	
NO5	GO TO *M6c
DON'T KNOW8	GO TO *M6c
REFUSED9	GO TO *M6c

*M6a. How old were you when that episode occurred?

_____ YEARS OLD

DON'T KNOW998 REFUSED999

*M6b. How long did that episode last?

_____ NUMBER GO TO *M7

CIRCLE UNIT OF TIME: HOURS ... 1 DAYS 2 WEEKS ... 3 MONTHS 4 YEARS ... 5

 DON'T KNOW
 998
 GO TO *M7

 REFUSED
 999
 GO TO *M7

INTERVIEWER INSTRUCTION: USE THE PHRASE "IRRITABLE OR GROUCHY" THROUGHOUT THIS SECTION

*M6c. Then think of the <u>most recent</u> time you had an episode like this. How old were you when that most recent episode occurred?

YEARS OLD

*M6d. How long did that episode last?

_____ NUMBER

CIRCLE UNIT OF TIME: HOURS...1 DAYS....2 WEEKS ...3 MONTHS4 YEARS...5

INTERVIEWER INSTRUCTION: USE THE PHRASE "IRRITABLE OR GROUCHY" THROUGHOUT THIS SECTION

*M7.	During that episode, which of the following changes did you experience:	YES (1)	NO (5)	DK (8)	RF (9)
*M7a.	Did you become so restless or fidgety that you paced up and down or couldn't stand still? (KEY PHRASE: being restless)	1	5	8	9
*M7b.	Were you a lot more interested in sex than usual, or did you want to have sexual encounters with people you wouldn't ordinarily be interested in? (KEY PHRASE: having a lot more interest in sex than usual)	1	5	8	9
*M7c.	Did you become overly friendly or outgoing with people?	1	5	8	9
*M7d.	Did you do anything else that wasn't usual for you like talking about things you would normally keep private, or acting in ways that you'd usually find embarrassing? (KEY PHRASE: behaving inappropriately)	1	5	8	9
*M7e.	Did you try to do things that were impossible to do, like taking on large amounts of work? (KEY PHRASE: trying to accomplish unrealistic goals)	1	5	8	9
*M7f.	Did you talk a lot more than usual or feel a need to keep talking all the time? (KEY PHRASE: talking a lot more than usual)	1	5	8	9
*M7g.	Did you constantly keep changing your plans or activities? (KEY PHRASE: constantly changing plans)	1	5	8	9
*M7h.	Did you find it hard to keep your mind on what you were doing? (KEY PHRASE: hard to keep your mind on things)	1	5	8	9
*M7i.	Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them? (KEY PHRASE: thoughts racing)	1	5	8	9
*M7j.	Did you sleep far less than usual and still not get tired or sleepy? (KEY PHRASE: sleeping far less than usual)	1	5	8	9
*M7k.	Did you get involved in foolish investments or schemes for making money? (KEY PHRASE: getting involved in foolish schemes)	1	5	8	9

		YES (1)	NO (5)	DK (8)	RF (9)
*M7l.	Did you spend so much more money than usual that it caused you to have financial trouble? (KEY PHRASE: getting into financial trouble)	1	5	8	9
*M7m.	Did you do reckless things like driving too fast, staying out all night, or having casual or unsafe sex? (KEY PHRASE: doing risky things)	1	5	8	9
*M7n.	Did you have a greatly exaggerated sense of self-confidence or believe you could do things you really couldn't do? (KEY PHRASE: having too much self-confidence)	1	5	8	9
*M7o.	Did you have the idea that you were actually someone <u>else</u> , or that you had a special connection with a famous person that you really <u>didn't</u> have? (KEY PHRASE: believing you were someone else or somehow connected to a famous person)	1	5	8	9

*M8. INTERVIEWER CHECK POINT: (SEE *M7a-o)

THREE OR MORE RESPONSES CODED '1'1	
ALL OTHERS	GO TO *M54

*M9. Let me review. You had episodes when you were very (excited and full of energy/irritable or grouchy) and also had some problems like (KEY PHRASE OF 3 "YES" RESPONSES IN *M7 SERIES). How much did these episodes ever interfere with either your work, your social life, or your personal relationships – not at all, a little, some, a lot, or extremely?

NOT AT ALL	
SOME	
A LOT4	
EXTREMELY5	
DON'T KNOW8	
REFUSED9	

*M9a. How often during these episodes were you unable to carry out your normal daily activities – often, sometimes, rarely, or never?

OFTEN	1
SOMETIMES	2
RARELY	3
NEVER	4
DON'T KNOW	8
REFUSED	9

*M9b. Did other people say anything or worry about the way you were acting?

YES	1
NO	5
DON'T KNOW	8
REFUSED	9

*M10a. Episodes of this sort sometimes occur as a result of physical causes such as physical illness or injury or the use of medication, drugs, or alcohol. Do you think your episodes <u>ever</u> occurred as the result of such physical causes?

YES1	
NO5	GO TO *M18
DON'T KNOW8	GO TO *M18
REFUSED9	GO TO *M18

*M10b. Do you think <u>all</u> of your episodes were the result of physical causes?

YES1	
NO5	GO TO *M18
DON'T KNOW8	GO TO *M18
REFUSED9	GO TO *M18

*M10c. Briefly, what were the physical causes?

*M18. Think of the <u>very first</u> time in your life you had an episode lasting <u>four days</u> or longer when you became very (excited and full of energy/irritable or grouchy) and also had some of the behavior changes you just reported. Can you remember your <u>exact</u> age?

YES1	
NO5	GO TO *M18b
DON'T KNOW8	GO TO *M18b
REFUSED9	GO TO *M18b

*M18a. (IF NEC: How old were you?)

YEARS OLD		GO TO *M18c
DON'T KNOW	998	GO TO *M18c
REFUSED	999	GO TO *M18c

*M18b. About how old were you the first time you had an episode of this sort?

IF "ALL MY LIFE" OR "AS LONG AS I CAN REMEMBER," PROBE: Was it before you first started school?

IF NOT YES, PROBE: Was it before you were a teenager?

_____YEARS OLD

BEFORE STARTED SCHOOL	4
BEFORE TEENAGER	12
NOT BEFORE TEENAGER	13
WHOLE LIFE OR DON'T KNOW	998
REFUSED	999

*M18c. Was that episode brought on by some stressful experience? Or did it happen out of the blue?

BROUGHT ON BY STRESS	1
OUT OF THE BLUE	2
DON'T REMEMBER	5
DON'T KNOW	998
REFUSED	999

*M18d. About how long did that episode go on?

NUMBER

*M19. Did you have one of these episodes at any time in the past 12 months?

YES1	
NO5	GO TO *M19d
DON'T KNOW8	GO TO *M19d
REFUSED9	GO TO *M19d

*M19a. How recently - in the past month, two to six months ago, or more than six months ago?

*M19b. How many episodes did you have in the past 12 months?

NUMBER

*M19c. How many weeks in the past 12 months were you in (this episode/one of these episodes)

NUMBER	GO TO *M20
DON'T KNOW	8 GO TO *M20
REFUSED99	9 GO TO *M20

*M19d. How old were you the last time you had one of these episodes?

YEARS OLD

*M20. How many episodes lasting a <u>full week or longer</u> have you ever had in your life?

NUMBER

DON'T KNOW......998 REFUSED......999

*M21. How many episodes lasting less than one week have you ever had in your life?

NUMBER

DON'T KNOW......998 REFUSED......999

*M21a. Interviewer Checkpoint: (SEE *M20, *M21)

SUM OF EPISODES IN *M20 AND *M21 EQUALS ONE 1	GO TO *M26
ALL OTHERS	

*M21.1. How many of your episodes were brought on by some stressful experience?

NUMBER

DON'T KNOW......998 REFUSED......999 *M22. How long was the <u>longest</u> episode you ever had?

NUMBER

*M23. How many different years in your life did you have at least one episode?

YEARS

DON'T KNOW......998 REFUSED......999

*M26. INTERVIEWER CHECKPOINT: (SEE *M19)

* M19 EQUALS '1'1	
ALL OTHERS	GO TO *M33



*M27. (RB, PG 64) Think about the month or longer in the past 12 when your episode(s) of being very (excited and full of energy/irritable or grouchy) (was/were) most severe. Using the 0 to 10 scale on page 64 of your booklet, where 0 means no interference and 10 means very severe interference, what number describes how much your episode(s) of being very (excited and full of energy/irritable or grouchy) interfered with each of the following activities during that time?

(IF NEC: How much did your episode(s) of being very (excited and full of energy/ irritable or grouchy) interfere with (ACTIVITY) during that time?)

(IF NEC: You can use any number between 0 and 10 to answer.)

*M27a. Your home management, like cleaning,

NUMBER (0-10)

	shopping, and taking care of the (house/ apartment)?	
		DOES NOT APPLY 97
		DON'T KNOW 98
		REFUSED 99
*M27b.	Your ability to work?	
		DOES NOT APPLY
		DON'T KNOW 98
		REFUSED 99
*M27c.	Your ability to form and maintain <u>close</u> relationships with other people?	
		DOES NOT APPLY
		DON'T KNOW
		REFUSED 99
*M27d.	Your social life?	
		DOES NOT APPLY
		DON'T KNOW 98
		REFUSED 99

*M28. INTERVIEWER CHECKPOINT: (SEE *M27a - *M27d)

ALL RESPONSES EQUAL '0' OR '97' 1	GO TO *M29.1
ALL OTHERS	

*M29. About how many days out of 365 in the past 12 months were you <u>totally unable</u> to work or carry out your normal activities because of your episode(s) of being very (excited and full of energy/ irritable or grouchy)?

(IF NEC: You can use any number between 0 and 365 to answer.)

NUMBER OF DAYS

DON'T KNOW......998 REFUSED......999

*M29.1. INTERVIEWER CHECKPOINT

R CAN READ1	
ALL OTHERS2	GO TO *M30

*M29.2. (RB, PG 9-12) For the next questions I need you to think about the episode of four days or more during the <u>past 12</u> <u>months</u> when you were in the <u>most severe</u> episode of being very (excited and full of energy/ irritable or grouchy). Please read each of the eleven sets of statements on pages 9-12 in your booklet and circle the one response for each of the eleven that best describes your experience during the worst four days. Let me know when you have finished.

GO TO *M33

- *M30. (RB, PG 9-12) For the next questions I need you to think about the episode during the <u>past 12 months</u> when you were in the <u>most severe</u> episode of being very (excited and full of energy/ irritable or grouchy). I'm going to read eleven series of statements. Please pick the one statement in each series that comes closest to your experience during that worst four days.
- *M30a. Here's the first series, which deals with your mood during those four days:
 - One: Your mood was no more high than usual in terms of things like being happy, self-confident, or optimistic
 - Two: Your mood was a little more high than usual.
 - Three: Your mood was quite a bit more high than usual, but never over the edge or inappropriate.
 - Four: Your mood was over the edge in terms of things like being unrealistically self-confident or optimistic or very happy even when bad things were happening.
 - Five: You were uncontrollably high in terms of things like laughing out loud without cause or singing loudly in public places.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

 *M30b. Here's the next series, which deals with physical arousal:

One: You had no increase in physical arousal in terms of things like energy or restlessness or difficulty sitting still.

Two: You had some increase in arousal, but not enough for most people to notice.

Three: You had a big enough increase in arousal for most people to notice, with things like increases in hand gestures, loudness, or being a lot more animated than usual.

Four: You were so highly aroused that you felt agitated or restless or hyper, but not enough to be out of control.

Five: You were uncontrollably agitated or restless or hyper.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M30c. Here's the next series, which deals with sexual interest:

One: You had no increase in sexual interest.

- Two: You had a mild increase in sexual interest.
- Three: You had a strong increase in sexual thoughts without talking about it or doing anything.
- Four: You talked a lot more about sex than usual without doing anything about it.
- Five: You inappropriately propositioned people or touched people sexually or engaged in other sexual behaviors you wouldn't normally do.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M30d. Here's the next series, which deals with how much sleep you got:

One: You experienced no decrease in sleep.

Two: You slept less than normal by up to one hour.

Three: You slept less than normal by more than one hour.

Four: You slept less than usual and didn't feel the need for more sleep.

Five: You didn't feel the need for any sleep at all.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

 *M30e. Here's the next series, which deals with how irritable you were:

- One: You experienced no increase in irritability, in terms of things like feeling grumpy or acting annoyed or angry.
- Two: You experienced some increase in irritability, but not enough for most people to notice.
- Three: You experienced a big enough increase in irritability for most people to notice, with things like sometimes being short or snappy with people or having occasional outbursts of anger.
- Four: You were very irritable most of the time.
- Five: You were so hostile or uncooperative that it was impossible for people to be around you.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M30f. Here's the next series, which deals with how talkative you were:

- One: You experienced no increase in talkativeness.
- Two: You wanted to be more talkative, but didn't actually talk a lot more than usual.
- Three: At times you talked a lot more than usual or a lot more than the situation required.
- Four: You often talked a lot more than the situation required or talked so much that it was hard for other people to interrupt you.
- Five: You talked nonstop or so much that no one could interrupt you even when they tried.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M30g. Here's the next series, which deals with racing thoughts or disorganized thinking:

- One: Your thoughts did not come more quickly or seem more confused or escape you more than usual.
- Two: Your thoughts came somewhat more quickly than usual, or seemed a bit more confused than usual, or you lost your train of thought somewhat more than usual.
- Three: Your thoughts raced through your mind, or you easily lost your train of thought, or your mind kept jumping from one topic to another.
- Four: Your thoughts jumped around so much that people had a hard time following you or you couldn't keep yourself on track in a conversation.
- Five: Your thoughts were going so fast or you were so confused that it was impossible for anyone to follow you or for you to make yourself understood.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

DON'T KNOW	998
REFUSED	999

*M30h. Here's the next series, which deals with thinking about impractical or unrealistic things:

- One: You didn't think or talk about anything different than usual
- Two: You thought a lot about new interests or new plans that were not very practical or realistic.
- Three: You thought a lot about really strange unrealistic things like hyper-religious ideas or totally unrealistic plans.
- Four: You had a lot of grandiose ideas about being able to do things you can't really do, or paranoid ideas about plots or conspiracies that don't really exist, or ideas about you being at the center of things that really don't have much to do with you.
- Five: Your mind was so confused that you were having delusions or hearing voices or seeing things.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M30i. Here's the next series, which deals with disruptive or aggressive behavior:

- One: You were no more disruptive or aggressive in your behavior than usual.
- Two: You were often loud or sarcastic with people, but never threatened or got physical.
- Three: You sometimes threatened people or made hostile demands, but never got physical.
- Four: You frequently threatened or shouted at people, but without getting physical.
- Five: You physically assaulted someone or destroyed property.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

DON'T KNOW	998
REFUSED	999

*M30j. Here's the next series, which deals with your appearance:

- One: You dressed the same as always.
- Two: You had a big reduction in neatness of dressing or grooming, but not so much that most people would get worried about you.
- Three: You had a big change in dressing and grooming, either due to looking like a mess in terms of clothes and grooming or due to being very overdressed.
- Four: You had an extreme change in dressing or grooming, like being only partly clothed or wearing wild make-up or looking like a total mess.
- Five: You were completely un-groomed or disorganized in clothing or wore bizarre clothes.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

DON'T KNOW......998 REFUSED......999 *M30k. Here's the next series, which deals with whether you thought you had a problem:

- One: You recognized that you were sick and needed help.
- Two: You realized that you might have a problem.
- Three: You recognized that your behavior had changed a great deal, but didn't think it was a problem.
- Four: You realized that there had been some change in your behavior, but didn't really appreciate how great it had been.
- Five: You had times when you were totally unaware that your behavior was different from normal.

(IF NEC: Which of these four statements was most true of you during your worst episode of being very (excited and full of energy/irritable or grouchy) in the past 12 months?)

NUMBER

*M33. Did you <u>ever</u> in your life talk to a medical doctor or other professional about your episode(s) of being very (excited and full of energy/irritable or grouchy)? (By professional we mean psychologists, counselors, spiritual advisors, herbalists, acupuncturists, and other healing professionals.)

YES1	
NO5	GO TO *M48.1
DON'T KNOW8	GO TO *M48.1
REFUSED9	GO TO *M48.1

*M33a. How old were you the <u>first time</u> [you talked to a professional about your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

YEARS OLD

*M45. Did you ever get treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy) that you considered <u>helpful</u> or <u>effective</u>?

YES1	
NO5	GO TO *M45c
DON'T KNOW8	GO TO *M45c
REFUSED9	GO TO *M45c

*M45a. How old were you the <u>first time</u> [you got <u>helpful</u> treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

YEARS OLD

DON'T KNOW	.998
REFUSED	.999

*M45b. How many professionals did you <u>ever</u> talk to about your episode(s) of being very (excited and full of energy/ irritable or grouchy), up to and including the first time you got helpful treatment?

*M45c. How many professionals did you ever talk to about your episode(s) of being very (excited and full of energy/ irritable or grouchy)?

NUMBER OF PROFESSIONALS

*M47. Did you receive professional treatment for your episode(s) of being very (excited and full of energy/ irritable or grouchy) at any time in the past 12 months?

YES	1
NO	5
DON'T KNOW	8
REFUSED	9

*M48. Were you ever hospitalized overnight for your episode(s) of being very (excited and full of energy/irritable or grouchy)?

YES1	
NO5	GO TO *M48.1
DON'T KNOW8	GO TO *M48.1
REFUSED9	GO TO *M48.1

*M48a. How old were you the first time [you were hospitalized overnight because of your episode(s) of being very (excited and full of energy/ irritable or grouchy)]?

_____YEARS OLD

*M48.1. How many of your close relatives – including your biological parents, brothers and sisters, and children – ever had episodes of being very (excited and full of energy/ irritable or grouchy)?

NUMBER

DON'T KNOW......998 REFUSED......999

GO TO *M54

*M49. INTERVIEWER CHECKPOINT: (SEE *D26x)

* D26x EQUALS '1' 1	GO TO *M54
ALL OTHERS	GO TO *IR1 INTRO 1

*D26x EQUALS '1' 1	
ALL OTHERS	GO TO *IR1 INTRO 2, NEXT SECTION

*M54. INTERVIEWER CHECKPOINT: (SEE *SC20, *SC20a, *SC26a, *SC26b, *SC26b, *SC28, *SC29.4, *SC30.4)

FOLLOW SKIP FOR FIRST ENDORSED ITEM.

*SC20 EQUALS '1'	GO TO *PD1 INTRO 1
*SC20a EQUALS '1'2	GO TO *PD1 INTRO 2
*SC28 EQUALS '1'	GO TO *SP1
* SC29.4 EQUALS '1'4	GO TO *SO1
* SC30.4 EQUALS '1'5	GO TO *AG1
* SC26 EQUALS '1'6	GO TO *G1 INTRO 1
*SC26a EQUALS '1'7	GO TO *G1 INTRO 2
*SC26b EQUALS '1'	GO TO *G1 INTRO 3
ALL OTHERS9	GO TO *IED1