## HEALTH AT WORK SURVEY

#### A. YOUR HEALTH

| Survey Instru  | ctions                |                       |
|--|-----------------------|-----------------------|
| Please be sure to fill the response circle COMPLETELY. | Correct               | Incorrect             |
| Use only BLACK or BLUE INK or DARK PENCIL              | <ul><li>Yes</li></ul> | Yes Yes Yes O No O No |
| to complete the survey.                                | O No                  | O No O No O No        |

|  | Excellent | Very Good | Good | Fair | Poor |
|--|-----------|-----------|------|------|------|
| A1. In general, how would you rate <u>your</u> overall health now? | 0         | 0         | 0    | 0    | 0    |
| A2. In general, how would you rate your overall mental health now? | 0         | 0         | 0    | 0    | 0    |

A3. Do you have any of the following conditions? If your answer is YES, mark whether you never, previously, or currently receive professional treatment. (Professional treatment is any treatment supervised by a health professional.) If you are unsure if you have a condition, please mark the NO response option.

|      |                                      | NO, I<br>don't<br>have this<br>condition | YES, but I <u>never</u><br>received<br>professional<br>treatment | YES, I previously received (but don't currently receive) professional treatment | YES, and I <u>currently</u> receive professional treatment |
|------|--------------------------------------|--|--|---|--|
| A3a. | Arthritis?                           | 0  | 0  | 0   | 0  |
| A3b. | Chronic back/neck pain?              | 0  | 0  | 0   | 0  |
| A3c. | Migraine headaches?                  | 0  | 0  | 0   | 0  |
| A3d. | Other frequent or severe headaches?  | 0  | 0  | 0   | 0  |
| A3e. | Any other chronic pain?              | 0  | 0  | 0   | 0  |
| A3f. | High blood pressure or hypertension? | 0  | 0  | 0   | 0  |
| A3g. | Congestive heart failure?            | 0  | 0  | 0   | 0  |
| A3h. | Coronary heart disease?              | 0  | 0  | 0   | 0  |
| A3i. | High blood cholesterol?              | 0  | 0  | 0   | 0  |

<u>CHECKPOINT:</u> If R HAS ARTHRITIS (A3a = ANY OF THE THREE "YES" RESPONSES), GO TO A4. OTHERWISE, GO TO A7.

A4. You mentioned having arthritis. Most people with arthritis have osteoarthritis, which is caused by the cartilage in joints wearing down until bones rub against each other and cause pain. When a doctor tells you that you have "arthritis," he means osteoarthritis unless he explicitly says otherwise. The other kind of arthritis is rheumatoid arthritis. This is a relatively rare auto-immune disease that causes inflammation of the tissues that line joints. Rheumatoid arthritis usually begins in early adulthood. With these definitions in mind, which of the two do you have: osteoarthritis or rheumatoid arthritis?

| <ul><li>O Osteoarthrit</li></ul> | İS |
|----------------------------------|----|
|----------------------------------|----|

O Rheumatoid Arthritis

A7. Do you have any of the following conditions? If your answer is YES, mark whether you <u>never</u>, <u>previously</u>, or <u>currently</u> receive professional treatment. (Professional treatment is any treatment supervised by a health professional.) If you are unsure if you have a condition, please mark the NO response option.

|      |  | NO, I don't<br>have this<br>condition | YES, but <u>never</u><br>received<br>professional<br>treatment | YES, <u>previously</u> received<br>(but don't currently<br>receive) professional<br>treatment | YES, and I <u>currently</u><br>receive professional<br>treatment |
|------|--|---------------------------------------|--|---|--|
| A7a. | An ulcer in your stomach or intestine?             | 0                                     | 0  | 0   | 0  |
|      | Either frequent diarrhea or frequent constipation? | 0                                     | 0  | 0   | 0  |
|      | Frequent nausea, gas, or indigestion?              | 0                                     | 0  | 0   | 0  |
|      | Chronic heartburn or GERD?                         | 0                                     | 0  | 0   | 0  |
| A7e. | Seasonal allergies or hay fever?                   | 0                                     | 0  | 0   | 0  |
| A7f. | Asthma?  | 0                                     | 0  | 0   | 0  |
| A7g. | Chronic bronchitis?                                | 0                                     | 0  | 0   | 0  |
| A7g1 | Emphysema?   | 0                                     | 0  | 0   | 0  |
|      | Chronic Obstructive Pulmonary Disease (COPD)?      | 0                                     | 0  | 0   | 0  |
|      | Chronic Obstructive Airways Disease (COAD)?        | 0                                     | 0  | 0   | 0  |
|      | Chronic Obstructive Lung Disease (COLD)?           | 0                                     | 0  | 0   | 0  |
| A7h3 | Alpha one antitrypsin deficiency?                  | 0                                     | 0  | 0   | 0  |
| A7i. | Urinary or bladder problems?                       | 0                                     | 0  | 0   | 0  |
| A7j. | Diabetes?  | 0                                     | 0  | 0   | 0  |
| A7k. | problems?  | 0                                     | 0  | 0   | 0  |
| A7I. | Chronic fatigue or low energy?                     | 0                                     | 0  | 0   | 0  |
| A7m. | Osteoporosis?                                      | 0                                     | 0  | 0   | 0  |
| A7n. | Multiple Sclerosis?                                | 0                                     | 0  | 0   | 0  |
|      | Skin cancer?                                       | 0                                     | 0  | 0   | 0  |
| А7р. | Any other kind of cancer?                          | 0                                     | 0  | 0   | 0  |
| A7q. | Anxiety disorder?                                  | 0                                     | 0  | 0   | 0  |
| A7r. | Depression?  | 0                                     | 0  | 0   | 0  |
| A7s. | Any other emotional problem?                       | 0                                     | 0  | 0   | 0  |
| A7t. | Substance problems (drugs or alcohol)?             | 0                                     | 0  | 0   | 0  |

| A8.   | (Women Only) Are you currently pregnant?   |
|-------|--|
|       | O Yes O No O Not Sure O I am male  |
| A9.   | Do you smoke cigarettes?   |
|       | <ul> <li>Currently</li> <li>Ex-smoker</li> <li>Only smoked a few times → GO TO A10</li> <li>Never → GO TO A10</li> </ul> |
| A9.1. | Have you ever in your life smoked cigarettes on a daily basis?   |
|       | O Yes O No GO TO A9a IF CURRENT SMOKER (SEE A9) AND IF EX-SMOKER GO TO A10   |
| A9.2. | How many years, in total, did you smoke cigarettes on a daily basis?   |
|       | YEARS SMOKING  |
| A9.3. | How many cigarettes did you smoke on an average day during the time in your life when you smoked most often?             |
|       | (PLEASE ANSWER IN NUMBER OF CIGARETTES RATHER THAN NUMBER OF PACKS. A PACK WOULD BE CONSIDERED 20 CIGARETTES.)           |
|       | NUMBER OF CIGARETTES PER DAY   |
| A9a.  | How many cigarettes do you currently smoke a day?  |
|       | O 10 or less O 11 – 20 O 21 – 30 O 31 or more  |

| A9b.  | How soon after you wake do you smoke your first cigarette?  |
|-------|---|
|       | O Within 5 minutes  |
|       | O 6 – 30 minutes  |
|       | O 31 – 60 minutes   |
|       | O After 60 minutes  |
| А9с.  | Which cigarette would you hate most to give up?   |
|       | O The first one in the morning  |
|       | O All others  |
| A9d.  | Do you find it difficult to refrain from smoking in places where it is forbidden, such as the library, theater, or doctor's office? |
|       | O Yes   |
|       | O No  |
| A9e.  | Do you smoke more frequently during the first hours after waking than the rest of the day?  |
|       | O Yes   |
|       | O No  |
| A9f.  | Do you smoke when you are so ill that you are in bed most of the day?   |
|       | O Yes   |
|       | O No  |
| A10.  | How often do you usually have at least one drink of alcohol?  |
|       | O Nearly everyday   |
|       | O Several days per week   |
|       | O 1 – 2 days a week   |
|       | O 1 – 3 days a month  |
|       | <ul> <li>○ Less than once a month</li> <li>○ Never → GO TO A11</li> </ul>   |
|       | O Never 7 GG TG ATT   |
| A10a. | On the days you drink, about how many drinks do you usually have per day?   |
|       | O 1 – 2 drinks  |
|       | O 3 – 4 drinks  |
|       | O 5 – 10 drinks O 10+ drinks  |
|       | C 101 drilling  |

| A10b. | How often do you drink <u>5 or more</u> drinks per day?   |
|-------|---|
|       | O Nearly everyday O Several days a week O 1 – 2 days a week O 1 – 3 days a month O Less than once a month O Never   |
| A11.  | Some people have periods lasting several days or longer when they feel much more excited and full of energy than usual. Their minds go too fast. They talk a lot. They are very restless or unable to sit still or need very little sleep. They sometimes do things that are unusual for them, such as driving too fast or spending too much money. Have you ever in your life had a time like this lasting several days or longer? |
|       | <ul> <li>○ Yes → GO TO A13</li> <li>○ No</li> </ul>   |
| A12.  | Have you ever had a time lasting several days or longer when most of the time you were so irritable or grouchy that you either started arguments, shouted at people, or hit people?   |
|       | <ul> <li>Yes</li> <li>No → GO TO A15</li> </ul>   |
| A13.  | People who have episodes like this often have changes in their thinking and behavior at the same time,  |
|       | like being more talkative, needing very little sleep, being very restless, going on buying sprees, and behaving in ways they would normally think are inappropriate. Did you ever have any of these changes during your episodes of being (IF A11=YES: excited and full of energy/IF A12=YES: very irritable or grouchy)?   |
|       | <ul> <li>O Yes</li> <li>O No → GO TO A15</li> </ul>   |
|       |   |

A14. Think of an episode when you had the largest number of changes like these at the same time. During that episode, which of the following changes did you experience?

|       |   | Yes | No |
|-------|---|-----|----|
| A14a. | Were you so irritable that you either started arguments, shouted at people, or hit people?  | 0   | 0  |
| A14b. | Did you become so restless or fidgety that you paced up and down or couldn't stand still?   | 0   | 0  |
| A14c. | Did you do anything else that wasn't usual for you – like talking about things you would normally keep private, or acting in ways that you'd usually find embarrassing? | 0   | 0  |
| A14d. | Did you try to do thing that were impossible to do, like taking on large amounts of work?   | 0   | 0  |
| A14e. | Did you constantly keep changing your plans or activities?  | 0   | 0  |
| A14f. | Did you find it hard to keep your mind on what you were doing?  | 0   | 0  |
| A14g. | Did your thoughts seem to jump from one thing to another or race through your head so fast you couldn't keep track of them?   | 0   | 0  |
| A14h. | Did you sleep far less than usual and still not get tired or sleepy?  | 0   | 0  |
| A14i. | Did you spend so much more money than usual that it caused you to have financial trouble?   | 0   | 0  |

CHECKPOINT: IF 0-1 OF A14a- A14i = YES GO TO A15

CHECKPOINT: IF A11 = YES GO TO A14.1. IF A12 = YES GOTO A14.2

| A14.1. | About how many weeks out of 52 in the past year did you have an episode of feeling much more excited, full of energy, or hyper than usual with some of the other problems that we just reviewed? You can use any number between 0 and 52 to answer. |
|--------|---|
|        | NUMBER OF WEEKS (00-52)   |
| CHECK  | KPOINT: GO TO A15   |

A14.2. About how many weeks out of 52 in the past year did you have an episode of being much more irritable than usual with some of the other problems that we just reviewed? You can use any number between 0 and 52 to answer.

|  | NUMBER OF WEEKS (00-52) |
|--|-------------------------|
|--|-------------------------|

A15. The next questions are about problems you may have with attention or concentration.

|  | Never | Rarely | Sometimes | Often | Very Often |
|--|-------|--------|-----------|-------|------------|
| A15a. How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done? | 0     | 0      | 0         | 0     | 0          |
| A15b. How often do you have difficulty getting things in order when you have to do a task that requires organization?      | 0     | 0      | 0         | 0     | 0          |
| A15c. How often do you have problems remembering appointments or obligations?  | 0     | 0      | 0         | 0     | 0          |
| A15d. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?                | 0     | 0      | 0         | 0     | 0          |
| A15e. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?                 | 0     | 0      | 0         | 0     | 0          |
| A15f. How often do you feel overly active and compelled to do things, like you were driven by a motor?                     | 0     | 0      | 0         | 0     | 0          |

A16. The next questions are about how often you got tired over the past twelve months. How often did you become very tired, weak, or exhausted while performing each of the following kinds of activities?

|       |                                  | Never | Rarely | Sometimes | Often | Very Often |
|-------|----------------------------------|-------|--------|-----------|-------|------------|
| A16a. | minor everyday physical tasks    |       |        |           |       |            |
|       | like working, shopping,          | 0     | 0      | 0         | 0     | 0          |
|       | housekeeping, and walking?       |       |        |           |       |            |
| A16b. | minor everyday mental tasks like |       |        |           |       |            |
|       | reading, writing, and doing      | 0     | 0      | 0         | 0     | 0          |
|       | paperwork?                       |       |        |           |       |            |

<u>CHECKPOINT:</u> IF R checked "SOMETIMES," "OFTEN," or "VERY OFTEN" TO ONE OR BOTH OF A16a or A16b, GO TO A17. OTHERWISE, GO TO A18.

| A17. | During the times you became very tired while performing minor everyday tasks, what would happen when |
|------|--|
|      | you tried to rest or relax? Would you  |

| 0      | fully regain your | energy a | nd strength? -> | GO TO A18 |
|--------|-------------------|----------|-----------------|-----------|
| $\sim$ |                   |          |                 |           |

O ...still feel tired or weak?

A17a. When this problem was most severe over the past 12 months, how often did you get tired?

| 0 | Nearly everyday     |
|---|---------------------|
| 0 | Several days a week |
| 0 | 1 – 2 days a week   |
| 0 | 1 – 3 days a month  |

O Less than once a month

|              |   | u to carry   | out your     | dally activi                | illes :      |                              |                             |                |                     |
|--------------|---|--------------|--------------|-----------------------------|--------------|------------------------------|-----------------------------|----------------|---------------------|
|              | O Never O Rarely O Sometimes O Often O Very often   |              |              |                             |              |                              |                             |                |                     |
| <b>\18.</b>  | During the past twelve montor discomfort in your stoma  |              |              |                             |              |                              |                             |                |                     |
|              | O No O Yes, but I never received O Yes, I previously received O Yes, and I currently received           | d (but don't | currently    | receive) pro                | ofessional t | reatment                     |                             |                |                     |
|              | The second form were offered as   |              | . 1          | <b></b>                     |              | (l) = === ( (c)              |                             | .41 1          |                     |
| <b>\19</b> . | The next few questions are a weeks did you have problem   |              | olems witl   | h your slee                 | p. During    | the past tv                  | velve mor                   | nths, how      | many                |
| A19.         |   |              | 1-2<br>Weeks | n your slee<br>3-4<br>Weeks | 5-8<br>Weeks | the past tv<br>9-12<br>Weeks | velve mor<br>12-26<br>Weeks | 27-51<br>Weeks | many<br>52<br>Weeks |
| A19a.        | getting to sleep, when nearly every night it took you two hours or longer before you could fall asleep? | ns ·         | 1-2          | 3-4                         | 5-8          | 9-12                         | 12-26                       | 27-51          | 52                  |
| A19a.        | getting to sleep, when nearly every night it took you two hours or longer before you could fall         | 0<br>Weeks   | 1-2<br>Weeks | 3-4<br>Weeks                | 5-8<br>Weeks | 9-12<br>Weeks                | 12-26<br>Weeks              | 27-51<br>Weeks | 52<br>Weeks         |

A19d. ...feeling sleepy during the day?

| you lost control and threatened, hit, or hurt someone?  NUMBER OF TIMES (000-999)   |      |  |
|---|------|--|
| A21. For how many months out of 12 in the past year have you had bronchitis or chronic coughing with phlegm/sputum from your chest? NUMBER OF MONTHS (0·12)  A22. How many years in your life have you had bronchitis or chronic coughing with phlegm/sputum from to chest that lasted three months or longer? NUMBER OF YEARS  A23. About how many times in the past twelve months did you have an attack of anger when all of a sudder you lost control and broke or smashed something worth more than a few dollars? NUMBER OF TIMES (000-999)  A24. About how many times in the past twelve months did you have an attack of anger when all of a sudder you lost control and threatened, hit, or hurt someone? NUMBER OF TIMES (000-999)  A25. In the past 12 months, how many accidents, injuries, or poisonings did you have that required medical attention? | A20. | Have you been repeatedly short of breath over the past 12 months?  |
| phlegm/sputum from your chest?  NUMBER OF MONTHS (0-12)  A22. How many years in your life have you had bronchitis or chronic coughing with phlegm/sputum from to chest that lasted three months or longer?  NUMBER OF YEARS  A23. About how many times in the past twelve months did you have an attack of anger when all of a sudder you lost control and broke or smashed something worth more than a few dollars?  NUMBER OF TIMES (000-999)  A24. About how many times in the past twelve months did you have an attack of anger when all of a sudder you lost control and threatened, hit, or hurt someone?  NUMBER OF TIMES (000-999)  A25. In the past 12 months, how many accidents, injuries, or poisonings did you have that required medical attention?  |      |  |
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| A23. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and broke or smashed something worth more than a few dollars?  NUMBER OF TIMES (000-999)  A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?  NUMBER OF TIMES (000-999)  A25. In the past 12 months, how many accidents, injuries, or poisonings did you have that required medica attention?  |      | NUMBER OF MONTHS (0-12)  |
| A23. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and broke or smashed something worth more than a few dollars?  NUMBER OF TIMES (000-999)  A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?  NUMBER OF TIMES (000-999)  A25. In the past 12 months, how many accidents, injuries, or poisonings did you have that required medica attention?  | A 22 | How many years in your life have you had branchitic or abranic coughing with ablasm/on turn from the   |
| A23. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and broke or smashed something worth more than a few dollars?  NUMBER OF TIMES (000-999)  A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?  NUMBER OF TIMES (000-999)  A25. In the past 12 months, how many accidents, injuries, or poisonings did you have that required medica attention?  | A22. |  |
| you lost control and broke or smashed something worth more than a few dollars?    NUMBER OF TIMES (000-999)    A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?    NUMBER OF TIMES (000-999)    NUMBER OF TIMES (000-999)   Number OF Times (000-999)   |      | NUMBER OF YEARS  |
| you lost control and broke or smashed something worth more than a few dollars?    NUMBER OF TIMES (000-999)    A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?    NUMBER OF TIMES (000-999)    NUMBER OF TIMES (000-999)   Number OF Times (000-999)   |      |  |
| A24. About how many times in the past twelve months did you have an attack of anger when all of a sudde you lost control and threatened, hit, or hurt someone?  | A23. |  |
| you lost control and threatened, hit, or hurt someone?  |      | NUMBER OF TIMES (000-999)  |
| you lost control and threatened, hit, or hurt someone?  |      |  |
| A25. In the <u>past 12 months</u> , how many accidents, injuries, or poisonings did you have that required medica attention?  | A24. | About how many times in the past twelve months did you have an attack of anger when all of a sudden you lost control and threatened, hit, or hurt someone? |
| attention?  |      | NUMBER OF TIMES (000-999)  |
| attention?  |      |  |
| NUMBER OF ACCIDENTS (000-999)   | A25. | In the <u>past 12 months</u> , how many accidents, injuries, or poisonings did you have that required medical attention?                                   |
|   |      | NUMBER OF ACCIDENTS (000-999)  |

<u>CHECKPOINT:</u> IF NO ACCIDENTS IN A25, GO TO A26. OTHERWISE, GO TO A25a

| A25a.         | About how many days of work did you miss in the <u>past 12 months</u> because of a work related accident, injury, or poisoning? (If less than 1 day, enter 000.) |
|---------------|--|
|               | NUMBER OF DAYS (000-365)   |
| A25b.         | Which of the conditions on this list resulted from your <u>most recent</u> accident, injury, or poisoning? Please check all that apply.                          |
|               | O Broken or dislocated bones   |
|               | O Sprain, strain, or pulled muscle   |
|               | O Cuts, scrapes, or puncture wounds  |
|               | O Head injury, concussion  |
|               | O Bruise, contusion, or internal bleeding  |
|               | O Burn, scald O Poisoning from chemicals, medicines, or drugs  |
|               | O Other, please describe:  |
|               |  |
|               |  |
|               |  |
| A25c.         | What caused that most recent accident, injury, or poisoning? Briefly describe what you were doing and  |
|               | what happened. (For example, fell down while playing basketball and sprained ankle.)   |
|               |  |
|               |  |
|               |  |
|               |  |
|               | <del></del>  |
|               |  |
| A25d.         | In what month did the most recent accident, injury, or poisoning occur?  |
|               |  |
|               | (MONTH)  |
|               |  |
| A26.          | In the past 12 months, how many work-related accidents did you have that either damaged company  |
|               | property, led to a work delay, or otherwise had a financial cost to your company?  |
|               |  |
|               | NUMBER OF ACCIDENTS (000-999)  |
| CHEC          | KPOINT: IF NO ACCIDENTS IN A26, GO TO A27. OTHERWISE, GO TO A26a   |
| <u>JIILOI</u> | W. C. C. TO ACCIDENTS IN ALS, CO. TO ALT. OTHERWISE, CO. TO ALSO   |
|               |  |
| A26a.         | What is your best estimate of the financial loss to your company caused by your accident(s) over the past 12 months?   |
|               | \$ (DOLLAR AMOLINT)  |

### A27. During the past 4 weeks (28 days), how much were you bothered by each of the following conditions?

|  | Not at all | A little | Some | A lot |
|--|------------|----------|------|-------|
| A27a. Feeling dizzy  | 0          | 0        | 0    | 0     |
| A27b. Feeling tired or having low energy                     | 0          | 0        | 0    | 0     |
| A27c. Trouble sleeping                                       | 0          | 0        | 0    | 0     |
| A27d. Headaches  | 0          | 0        | 0    | 0     |
| A27e. Back or neck pain                                      | 0          | 0        | 0    | 0     |
| A27f. Pain in your arms, legs, or joints (knees, hips, etc.) | 0          | 0        | 0    | 0     |
| A27g. Muscle soreness  | 0          | 0        | 0    | 0     |
| A27h. Watery eyes, runny nose, or stuffy head                | 0          | 0        | 0    | 0     |
| A27i. Cough or sore throat                                   | 0          | 0        | 0    | 0     |
| A27j. Fever, chills, or other cold/flu symptoms              | 0          | 0        | 0    | 0     |
| A27k. Constipation, loose bowels, or diarrhea                | 0          | 0        | 0    | 0     |
| A27I. Nausea, gas, or indigestion                            | 0          | 0        | 0    | 0     |

### A28. During the past 4 weeks (28 days), how much of the time did you feel...

|  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|--|-----------------|------------------|------------------|----------------------|------------------|
| A28aso sad nothing could cheer you up? | 0               | 0                | 0                | 0                    | 0                |
| A28bnervous?                           | 0               | 0                | 0                | 0                    | 0                |
| A28crestless or fidgety?               | 0               | 0                | 0                | 0                    | 0                |
| A28dhopeless?                          | 0               | 0                | 0                | 0                    | 0                |
| A28ethat everything was an effort?     | 0               | 0                | 0                | 0                    | 0                |
| A28fworthless?                         | 0               | 0                | 0                | 0                    | 0                |
| A28gunable to relax?                   | 0               | 0                | 0                | 0                    | 0                |
| A28himpatient or irritable?            | 0               | 0                | 0                | 0                    | 0                |

A29. How many times did you see each of the following types of professionals in the <u>past 12 months</u>? Include only visits regarding your <u>own</u> health, not visits when you took someone else to be examined.

**Example:** If you visited a dentist 2 times in the past year and an optician once, your answer to **A29c** would be 003.

|        |   | Number of times<br>(000-365) |
|--------|---|------------------------------|
| A29a.  | A doctor, hospital, or clinic for a routine physical check-up or gynecological  | (000-303)                    |
| 7.200. | exam (not counting pregnancy related care)  |                              |
| A29b.  | (Women Only) A doctor, hospital, or clinic for pregnancy related care (If male, enter 000.)   |                              |
| A29c.  | A dentist or optician for a routine check-up or exam  |                              |
| A29d.  | A doctor, emergency room, or clinic for urgent care treatment (for example,   |                              |
| A 00 - | because of new symptoms, an accident, or something else unexpected)   |                              |
| A29e.  | A doctor, hospital, clinic, orthodontist, or ophthalmologist for scheduled treatment or surgery   |                              |
| Δ 29f  | A psychiatrist, psychologist, or other mental health professional   |                              |
| A231.  | A payoniation, payonologist, or other montal health professional  |                              |
|        |   | •                            |
|        |   |                              |
| A30.   | How many nights did you stay in a hospital during the past 12 months (not include   | ding nights associated       |
|        | with childbirth)?   | 99                           |
|        |   |                              |
|        | NUMBER OF NIGHTS (000-365)  |                              |
|        |   |                              |
|        |   |                              |
|        |   |                              |
|        |   |                              |
|        | (Women Only) How many nights did you stay in a hospital during the past 12 mo   | onths for nights             |
|        | (Women Only) How many nights did you stay in a hospital during the <u>past 12 mo</u><br>associated with childbirth? (If male, enter 000.)   | onths for nights             |
|        | associated with childbirth? (If male, enter 000.)   | onths for nights             |
|        |   | onths for nights             |
|        | associated with childbirth? (If male, enter 000.)   | onths for nights             |
|        | associated with childbirth? (If male, enter 000.)   | onths for nights             |
|        | associated with childbirth? (If male, enter 000.)  NUMBER OF NIGHTS (000-365)   |                              |
|        | associated with childbirth? (If male, enter 000.)   |                              |
|        | associated with childbirth? (If male, enter 000.)  NUMBER OF NIGHTS (000-365)   |                              |
|        | associated with childbirth? (If male, enter 000.)  NUMBER OF NIGHTS (000-365)  What is the name of your health plan(s)? (Please refer to your Health Plan Card.   |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3   |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  Local List #4  Local List #5  |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  Local List #4  Local List #5  Local List #5  Local List #6                |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  Local List #4  Local List #5  Local List #6  Local List #7                |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  Local List #4  Local List #5  Local List #6  Local List #7  Local List #8 |                              |
|        | what is the name of your health plan(s)? (Please refer to your Health Plan Card.  Local List #1  Local List #2  Local List #3  Local List #4  Local List #4  Local List #5  Local List #6  Local List #7                |                              |

# B. YOUR WORK

| B1. |     | ease choose the category that best describes your <u>main</u> job. If none of the categories fits you exactly, ease respond with the closest category to your experience. (Select only <u>one</u> .)  |
|-----|-----|---|
|     | 0   | Executive, administrator, or senior manager (e.g., CEO, sales VP, plant manager)  |
|     | 0   | Professional (e.g., engineer, accountant, systems analyst)  |
|     | 0   | Technical support (e.g., lab technician, legal assistant, computer programmer)  |
|     | 0   | Sales (e.g., sales representative, stockbroker, retail sales)   |
|     | 0   | Clerical and administrative support (e.g., secretary, billing clerk, office supervisor)   |
|     | 0   | Service occupation (e.g., security officer, food service worker, janitor)   |
|     | 0   | Precision production and crafts worker (e.g., mechanic, carpenter, machinist)   |
|     | 0   | Chemical/Production Operator (e.g., shift supervisors and hourly employees)   |
|     | 0   | Laborer (e.g., truck driver, construction worker)   |
|     |     |   |
| B2. | sch | your work schedule best described as a <u>regular</u> schedule (roughly the same hours every day), a <u>rotating</u><br>nedule (e.g., working a day shift some days and a night shift other days), or an <u>irregular</u> schedule (e.g.,<br>predictable hours controlled by situations or workload)? |
|     | 000 | Regular schedule → GO TO B4  Rotating schedule  Irregular schedule  |
|     |     |   |

B3. What percent of your total work hours in an average week are in each of the following times of day? (The sum should add up to 100%)

|                            | %   |
|----------------------------|-----|
| Morning (6:00AM-12:00PM)   |     |
| Afternoon (12:00PM-6:00PM) |     |
| Evening (6:00PM-12:00AM)   |     |
| Nights (12:00AM-6:00AM)    |     |
| Tota                       | 100 |

|  | <b>CHECKPOINT:</b> | GO TO | B6 IF | RESPONDENT | <b>ANSWERED B3</b> |
|--|--------------------|-------|-------|------------|--------------------|
|--|--------------------|-------|-------|------------|--------------------|

| B4. | . What time do you usually <u>begin</u> work?   |  |  |  |  |
|-----|---|--|--|--|--|
|     | : AM/PM (CIRCLE ONE)  |  |  |  |  |
| B5. | What time do you usually <u>end</u> work?   |  |  |  |  |
|     | : AM/PM (CIRCLE ONE)  |  |  |  |  |
| В6. | How many people do you <u>personally</u> supervise on your job? (If more than 97, enter 97.)  |  |  |  |  |
|     | NUMBER OF PEOPLE (00-97)  |  |  |  |  |
| B7. | About how many hours altogether did you work in the <u>past 7 days</u> ? (If more than 97, enter 97.)   |  |  |  |  |
|     | NUMBER OF HOURS (00-97)   |  |  |  |  |
|     |   |  |  |  |  |
| B8. | How many hours does your employer <u>expect</u> you to work in a typical 7-day week? (If it varies, estimate the average. If more than 97, enter 97.) |  |  |  |  |
|     | NUMBER OF HOURS (00-97)   |  |  |  |  |

B9. Now please think of your work experiences over the <u>past 4 weeks</u> (28 days). In the spaces provided below, write the number of days you spent in each of the following work situations.

In the past 4 weeks (28 days), how many days did you...

|      |   | Number of days<br>(00-28) |
|------|---|---------------------------|
| B9a. | miss an <u>entire</u> work day because of problems with your physical or mental health? (Please include only days missed for your <u>own</u> health, not someone else's health.)  |                           |
| B9b. | miss an entire work day for any other reason (including vacation)?  |                           |
| В9с. | miss <u>part</u> of a work day because of problems with your physical or mental health? (Please <u>do not</u> include <u>entire</u> work days missed. Please include only days missed for your <u>own</u> health, not someone else's health.) |                           |
| B9d. | miss <u>part</u> of a work day for any other reason (including vacation)? (Please <u>do not</u> include <u>entire</u> work days missed.)  |                           |
| B9e. | come in early, go home late, or work on your day off?   |                           |

<u>CHECKPOINT:</u> IF R HAS NOT MISSED AN ENTIRE DAY OR A PARTIAL DAY (R ANSWERED "00" FOR ALL QUESTIONS IN B9 SERIES) GO TO B10. OTHERWISE GO TO B9f.

B9. Think of (all) the (insert exact number if possible) days in the past four weeks (28 days) when you missed either a full day of work or a partial day of work. Count partial days as whole days.

How many of these (insert exact number if possible) days did you ...

|  | Number of days<br>(00-28) |
|--|---------------------------|
| B9fnot receive pay?  |                           |
| B9gget paid as part of regular salary?                     |                           |
| B9huse earned sick leave (while receiving regular pay)?    |                           |
| B9iuse earned vacation time (while receiving regular pay)? |                           |
| B9jget paid as short-term or long-term disability?         |                           |
| B9kget paid as a result of an injury at work?              |                           |

| B10.           | About how many hours altogether did you work in the past 4 weeks (28 days)? (See examples below.)  |
|----------------|--|
|                | NUMBER OF HOURS IN THE PAST 4 WEEKS (28 DAYS)  |
| 3!<br>4(<br>4) | Examples for Calculating Hours Worked in the Past 4 Weeks  0 hours per week for 4 weeks = 160 hours  5 hours per week for 4 weeks = 140 hours  0 hours per week for 4 weeks with 28-hour days missed = 144 hours  0 hours per week for 4 weeks with 34-hour partial days missed = 148 hours  5 hours per week for 4 weeks with 28-hour days missed and 34-hour partial days missed = 112 hours |
| B10a           | <ul> <li>In the past 4 weeks (28 days), did you have any special work success or achievement?</li> <li>○ Yes</li> <li>○ No → GO TO B11a</li> </ul>   |
| B10b           | . If you answered YES to the above question, please describe what happened.  |
| B11a           | <ul> <li>In the past 4 weeks (28 days), did you have any special work failure?</li> <li>○ Yes</li> <li>○ No → GO TO B12</li> </ul>   |
| B11b           | . If you answered YES to the above question, please describe what happened.  |
|                |  |

B12.The next questions are about the time you spent during your hours at work in the <u>past 4 weeks</u> (28 days). Select the one response for each question that comes closest to your experience.

|  | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
|--|-----------------|------------------|------------------|----------------------|------------------|
| B12a. How often was your performance<br>higher than most workers on your job?      | 0               | 0                | 0                | 0                    | 0                |
| B12b. How often was your performance lower than most workers on your job?          | 0               | 0                | 0                | 0                    | 0                |
| B12c. How often did you do no work at times when you were supposed to be working?  | 0               | 0                | 0                | 0                    | 0                |
| B12d. How often did you find yourself not working as carefully as you should?      | 0               | 0                | 0                | 0                    | 0                |
| B12e. How often was the quality of your work lower than it should have been?       | 0               | 0                | 0                | 0                    | 0                |
| B12f. How often did you not concentrate enough on your work?                       | 0               | 0                | 0                | 0                    | 0                |
| B12g. How often did health problems limit the kind or amount of work you could do? | 0               | 0                | 0                | 0                    | 0                |

| B13. | On a scale from performance to yours?   |  |  |                                     |   |                  |                     |           |            |            |                         |
|------|---|--|--|-------------------------------------|---|------------------|---------------------|-----------|------------|------------|-------------------------|
|      | Worst<br>Performance<br>0   | 1  | 2  | 3                                   | 4   | 5                | 6                   | 7         | 8          | 9          | Top<br>erformance<br>10 |
|      | 0   | 0  | 0  | 0                                   | 0   | 0                | 0                   | 0         | 0          | 0          | 0                       |
| B14. | Using the sa  | me 0-to  | -10 scale,   | how wou                             | ıld you rat   | e your <u>us</u> | ual job pe          | erformanc | e over the | e past yea | r or two?               |
|      | Worst<br>Performance<br>0   | 1  | 2  | 3                                   | 4   | 5                | 6                   | 7         | 8          | P:         | Top<br>erformance<br>10 |
|      | 0   | 0  | 0  | 0                                   | 0   | 0                | 0                   | 0         | 0          | 0          | 0                       |
| B15. | Using the sa  |  |  |                                     | ild you rat   | e your <u>ov</u> | <u>'erall</u> job p | oerforman | ce on the  | days you   | ı worked                |
|      | Worst<br>Performance<br>0   | 1  | 2  | 3                                   | 4   | 5                | 6                   | 7         | 8          | Pr<br>9    | Top<br>erformance<br>10 |
|      | 0   | 0  | 0  | 0                                   | 0   | 0                | 0                   | 0         | 0          | 0          | 0                       |
| B16. | How would y (28 days) wit  O You were | a lot be somew a little labout a little value. | etter than on the theorem that better than on the theorem that werage worse that hat worse | ther work<br>than other<br>other wo | ers<br>er workers<br>orkers<br>orkers<br>er workers |                  |                     |           |            |            |                         |

# C. DEMOGRAPHICS

| C1. | How old are you?  |
|-----|---|
|     | YEARS OLD (00-99)   |
| C2. | Are you male or female?   |
|     | O Male<br>O Female  |
| C3. | What is your current marital status?  |
|     | O Married or Cohabiting O Separated O Divorced O Widowed O Never Married  |
| C4. | How many children do you have?  |
|     | O None O One O Two O Three O Four or more   |
| C5. | What is the highest grade or level of school that you have <u>completed</u> ?   |
|     | <ul> <li>8th grade or less</li> <li>Some high school, but did not graduate</li> <li>High school graduate or GED</li> <li>Some college or 2-year degree</li> <li>4-year college graduate</li> <li>More than 4-year college degree</li> </ul> |
| C6. | What is your height?  |
|     | FEET (0-9) INCHES (00-11) (PLEASE ROUND TO THE NEAREST INCH)  |
| C7. | How much do you weigh?  |
|     | POUNDS (PLEASE ROUND TO THE POUND 000-999)  |

C8. Are you salaried or are you paid hourly? ("Salaried" means that you're paid the same amount each week or month no matter how many hours you work. "Hourly" means that you're paid a different amount each week or month depending on how many hours you work.)

O Salaried → GO TO C8.1O Paid hourly → GO TO C8.2

#### C8.1. What is your annual income from your job, before taxes?

| O \$1 - \$999         | O \$11,000 - \$11,999 | O \$30,000 - \$34,999   |
|-----------------------|-----------------------|-------------------------|
| O \$1,000 - \$1,999   | O \$12,000 - \$12,999 | O \$29,000 - \$39,999   |
| O \$2,000 - \$2,999   | O \$12,000 - \$12,999 | O \$40,000 - \$44,999   |
| O \$3,000 - \$3,999   | O \$14,000 - \$14,999 | O \$45,000 - \$49,999   |
| O \$4,000 - \$4,999   | O \$15,000 - \$15,999 | O \$50,000 - \$74,999   |
| O \$5,000 - \$5,999   | O \$16,000 - \$16,999 | O \$75,000 - \$99,999   |
| O \$6,000 - \$6,999   | O \$17,000 - \$17,999 | O \$100,000 - \$149,999 |
| O \$7,000 - \$7,999   | O \$18,000 - \$18,999 | O \$150,000 - \$199,999 |
| O \$8,000 - \$8,999   | O \$19,000 - \$19,999 | O \$200,000 - \$299,999 |
| O \$9,000 - \$9,999   | O \$20,000 - \$24,999 | O \$300,000 - \$499,999 |
| O \$10,000 - \$10,999 | O \$25,000 - \$29,999 | O \$500,000 - \$999,999 |
|                       |                       | ○ \$1,000,000 or more   |
|                       |                       |                         |

#### C8.2. How much are you paid per hour, before taxes?

| O \$5.00 - \$8.00   | O \$18.01 - \$20.00 | O \$32.01 <b>-</b> \$35.00 | O \$55.01 - \$60.00  |
|---------------------|---------------------|----------------------------|----------------------|
| ○ \$8.01 - \$10.00  | O \$20.01 - \$22.00 | O \$35.01 <b>-</b> \$38.00 | O \$60.01 - \$70.00  |
| O \$10.01 - \$12.00 | O \$22.01 - \$24.00 | O \$38.01 <b>-</b> \$41.00 | O \$70.01 - \$80.00  |
| O \$12.01 - \$14.00 | O \$24.01 - \$26.00 | O \$41.01 <b>-</b> \$45.00 | ○ \$80.01 - \$90.00  |
| O \$14.01 - \$16.00 | O \$26.01 - \$29.00 | O \$45.01 <b>-</b> \$50.00 | ○ \$90.01 - \$100.00 |
| O \$16.01 - \$18.00 | O \$29.01 - \$32.00 | O \$50.01 <b>-</b> \$55.00 | O More than \$100    |

That completes the survey. Thanks very much for your participation.