

Ezra Golberstein

NIMH Postdoctoral Research Fellow

Department of Health Care Policy

Harvard Medical School

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RESEARCH INTERESTS

Health economics and policy, mental health services and policy, social policy and health, aging and long-term care.

CURRENT POSITION

NIMH Postdoctoral Research Fellow, Department of Health Care Policy

Harvard Medical School

EDUCATION

Ph.D., University of Michigan, Health Services Organization and Policy, 2008

Dissertation: "Essays on Long-Term Care and Aging"

Dissertation Committee: Richard Hirth (Chair), Michael Chernew, Ken Langa, Paula Lantz, Bob Schoeni

B.A., Brandeis University, Sociology, 2001

RESEARCH AND EMPLOYMENT EXPERIENCE

Research Assistant, Americans' Changing Lives Study, Institute for Social Research (2006-2008)

Research Associate, Healthy Minds Study, Department of Health Management & Policy (2005-present)

Research Assistant, Robert Wood Johnson Scholars in Health Policy, Department of Health Management and Policy (2004-2006)

Research Assistant, Human Services Research Institute, Cambridge, MA (2001- 2003)

AWARDS AND FELLOWSHIPS

University of Michigan Rackham One-Term Dissertation Grant (2008)

University of Michigan Rackham International Travel Grant (2007)

Agency for Healthcare Research and Quality pre-Doctoral Traineeship (2003-2004)

PEER-REVIEWED JOURNAL PUBLICATIONS

Eisenberg, D., Downs, M.F., **Golberstein, E.**, Zivin, K. (2009). Stigma and Help-Seeking for Mental Health among College Students. *In press at Medical Care Research and Review.*

Golberstein, E., Grabowski, D., Langa, K., Chernew, M.E. (2009). The Effect of Medicare Home Health Care Payment on Informal Care. *In Press at Inquiry.*

Zivin, K., Eisenberg, D., Gollust, S., **Golberstein, E.** (2009). Persistence of Mental Health Problems and Needs in a College Student Population. *In Press at the Journal of Affective Disorders.*

Golberstein, E., Eisenberg, D., Gollust, S.E. (2008). Perceived Stigma and Mental Health Services Use. *Psychiatric Services 59(4): 392-399.*
-Honorable Mention for the 2007 Blue Cross Blue Shield of Michigan Foundation Excellence in Research Award for Students

Eisenberg, D., **Golberstein, E.**, Gollust, S.E. (2007). Help-seeking and Access to Mental Health Care in a University Student Population. *Medical Care 45(7): 594-601.*

Eisenberg, D., Gollust, S.E., **Golberstein, E.**, Hefner, J. (2007). Prevalence and Correlates of Depression, Anxiety, and Suicidality among University Students. *American Journal of Orthopsychiatry 77(4): 534-542.*

Gollust, S.E., Eisenberg, D., **Golberstein, E.** (2007). Prevalence and Correlates of Self Injury among University Students. *Journal of American College Health 56(5): 491-498.*

Golberstein, E., Liang, J., Quiñones, A., Wolinsky, F.D. (2007). Does More Health Care Lead to Improved Health Among Older Adults? A Longitudinal Analysis. *Journal of Aging and Health 19(6): 888-906.*

UNDER REVIEW

Golberstein, E. (2009). The Effect of Women's Employment Incentives on Co-residence with Disabled Parents. *Under review at the Journal of Human Resources.*

Eisenberg, D., **Golberstein, E.** Hunt, J. (2008). Mental Health and Academic Success in College. *Revise and resubmit at the B.E. Journal of Economic Analysis and Policy.*

Golberstein, E., Eisenberg, D., Gollust, S.E. (2008). Perceived stigma and help seeking behavior: longitudinal evidence from the Healthy Minds Study. *Revise and Resubmit at Psychiatric Services.*

WORKING PAPERS/IN PROGRESS

Who Funds the Funded Mandate? The case of the New York mental health parity mandate for small businesses (with Richard Frank and Tom McGuire).

The Effect of Educational Quality on Health in Later Life (with David Frisvold).

Macroeconomic Conditions and Economic Outcomes for People with Mental Illness (with Ellen Meara).

The Effects of Education on Health: A Cost-Utility Approach (with Richard Hirth and Paula Lantz).

Social Determinants of Mortality in a National 15-Year Prospective Study of U.S. Adults (with Paula Lantz, Jim House, and Jeff Morenoff).

SELECTED PRESENTATIONS

Golberstein, E. The Effect of Women's Employment on Co-residence with Disabled Parents. *Oral Presentation at the American Society for Health Economists conference, June 2008.*

Golberstein, E., Lantz, P.M. The Effects of Education on Health: A Cost-Utility Approach. *Oral presentation at the NRSA Annual Trainees Conference, June 2008.*

Golberstein, E., Grabowski, D., Langa, K., Kabeto, M., Chernew, M.E. The Effect of Medicare Home Health Care Payment on Informal Care Use. *Oral Presentation at the International Health Economics Association World Congress, July 2007.*

Golberstein, E., Eisenberg, D., Gollust, S. Perceived Stigma and Mental Health Care. *Invited Presentation at the University of Michigan Center for Behavioral Sciences and Decision Making, February 2007.*

Golberstein, E., Eisenberg, D., Gollust, S., Hefner, J. Healthy Minds: Mental Health Symptoms and Correlates in a University Population. *Poster Presentation at the American Public Health Association Annual Meeting, November 2006.*

Golberstein, E., Chernew, M.E., Langa, K., Kabeto, M. The Relationship between Paid Home Care Use and Informal Care among Older Adults with Functional Limitations. *Poster Presentation at the Academy Health Annual Research Meeting, June 2006.*

RESEARCH GRANTS

Agency for Health Care Research and Quality Dissertation Grant 09/01/07-08/31/08
"Essays on Long-Term Care Dynamics" Role: Principal Investigator

Blue Cross Blue Shield Foundation of Michigan "UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)	01/01/06-12/31/06
McNerney Award, Dept. of Health Management and Policy "UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)	09/01/05-08/31/06
Office of the Vice President of Research /SPH "UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)	09/01/05-12/31/05
Rackham Spring/Summer Faculty-Student Partnership "UM Healthy Minds Study" Role: Co-Investigator (PI: Eisenberg)	05/01/05-08/31/05

TEACHING EXPERIENCE

Graduate Student Instructor for HMP 615 (Introduction to Public Health Policy), Fall 2006

Guest Lecturer for HMP 693 (U.S. Mental Health Policy), "Mental Health and the Criminal Justice System." November 2005, November 2006

Guest Lecturer for HMP 640 (Program Evaluation in Public Health), "Statistical Analysis in Program Evaluation." December 2005

SERVICE

Executive committee, 2008 Depression on College Campuses annual conference

Student representative for the HSOP program faculty committee (2005-2006)

Doctoral student representative at the 2005 Health Services Research Core Competencies Consensus Conference, Baltimore, MD

JOURNAL REFEREEING

Health Services Research, Journal of Healthcare for the Poor and Underserved, Social Psychiatry and Psychiatric Epidemiology

PROFESSIONAL SOCIETIES

Academy Health, American Society for Health Economists, Association for Public Policy Analysis and Management, International Health Economics Association